

# **San Antonio Community Educational Television, INC.**

## ***Quarterly Report***

January, February, March 2010

KHCE-TV San Antonio, Texas

KHCE-DT San Antonio, Texas

Ascertainment List

Leading Community Problems

*Results of ascertainment from civic leaders, responses by telephone from KHCE viewers, from the Printed media, comprising newspapers, magazines, publications, and from television and radio, Whenever possible.*

Health

Public Safety

Economy

Environment

Unemployment

Civic Affairs

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Health</i>	Joy in Our Town #1201-2	28:30	12:33	LOCAL	PA/O/E	01/11/2010	10:30 AM
						01/12/2010	2:30 AM
						01/14/2010	2:30 AM
						01/15/2010	12:00 PM
						01/16/2010	2:30 AM

Host Keely Petty visits with Dr. Connie Sheppard, AgriLife Extension Agent with Texas AgriLife Extension. Dr. Sheppard gave some background on the agency and their Community Family Outreach Program. She explained some of the contributing factors and issues affecting family health in our local area. She especially discussed stress and it's effects on the family and discussed some solutions to alleviate stress. She discussed statistics on families who do or do not eat together. She discussed effect on the community and gave recommendations for a healthy family along with discussing some resources available to families in our area.

Joy in Our Town # 1201-4	28:30	12:33	LOCAL	PA/O/E	01/25/2010	10:30 AM
					01/26/2010	2:30 AM
					01/28/2010	2:30 AM
					01/29/2010	12:00 PM
					01/30/2010	2:30 AM

Host Keely Petty visits with Dawn White, Director of Development with Goodwill Industries. Ms. White discussed the mission and some of the different services provided by Goodwill. She discussed the partnership between Good will and San Antonio Metro Health to provide health screening for those without insurance and limited income. She discussed some of the specific health challenges for children, women and families in our area. She described the impact on the community when health services are not available and discussed the numbers of people in our community who were provided services last year. She discussed the location and the different services provided at each location, the procedure required to receive services and how patients are referred to other agencies for critical or more advanced care if needed.

Joy in Our Town #0105-2	28:30	12:36	LOCAL	PA/O/E	02/08/2010	10:30 AM
					02/11/2010	2:30 AM
					02/12/2010	12:00 PM
					02/13/2010	2:30 PM

Host Henrietta Munoz, Ph.D. visits with Kathy L. Cunningham, Administrator-Managed Care with Southwest Mental Health Center. Ms. Cunningham gave background on the organization for children who have suffered abuse and discussed the partnership with Foster Home organizations and Texas Child Protective Services. She listed the causes and types of trauma experienced here. She focused on post traumatic stress disorder in children, the dangers of not treating the children and consequences for the child, the family and the community. She gave statistics on children in our area who suffer trauma, advised parents how to identify the problem, and advised families and the community on how to prevent trauma to children.

Joy in Our Town #0105-4	28:30	12:35	LOCAL	PA/O/E	02/22/2010	10:30 AM
					02/23/2010	2:30 AM
					02/25/2010	2:30 AM
					02/26/2010	12:00 PM
					02/27/2010	2:30 AM

Host Henrietta Munoz, Ph.D. visits with Roberto P. Trevino, M.D., Social & Health Research Center. Dr. Trevino gave background on the Center. He discussed the curriculums developed for families and the schools to combat child obesity, and explained how it is determined and calculated. He discussed the predisposed health complications our local children face, and gave statistics for our community. He discussed the partnership between parents and schools to combat this issue and reiterated the positive outcomes for our children and the community. Dr. Trevino stressed the major concerns about children's health and how parents can care for their children to keep them healthy.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------	-------------------------	-------------------------------	---------------	-------------	-----------------	-------------

*Health*

Joy in Our Town #0202-4		28:30	12:30	LOCAL	PA/O/E	03/29/2010	10:30 AM
-------------------------	--	-------	-------	-------	--------	------------	----------

Host Keely Petty visits with Roger Ruiz, Community Relation Specialist with South Texas Blood & Tissue Center. Mr. Ruiz gave background information on the blood bank and discussed the area served in South Texas, and discussed the partnerships with other organizations to bring health in South Texas. He gave statistics on blood units needed daily in our area, the importance of a continuous supply of blood donors. He explained the process for donating blood, the processing procedure, and how they maintain the blood supply. He listed precautions for anyone wishing to donate blood.

Joy in Our Town #0602-4		28:30	11:53	LOCAL	PA/O/E	02/04/2010	3:00 AM
						02/18/2010	3:00 AM
						03/29/2010	11:00 AM

Host Zyanya Wilke visits with Cam Messina, Executive Director of Voices for Children, a local advocacy organization that provides information and resources for parents and children within the San Antonio community. Mr. Messina explains that the organization seeks to prevent adolescent problems by encouraging parents to provide proper care and early problem intervention in a child's life. He points out that due to the struggling state of the economy, many parents are neglecting their children and avoiding the responsibility of proper childcare throughout the San Antonio area. He also brings to the viewer's attention that post-partum depression, a severe depression that some mothers experience shortly after childbirth, is another growing concern in the local community, and more resources need to be made available to these families to combat these problems. His organization is working towards implementing programs in San Antonio that will assist children and parents with these issues and other issues related to mental health and disorders.

700 Club CBN NewsWatch #031710		1:00:00	5:00	REC	PA/O/E	03/17/2010	2:00 PM
--------------------------------	--	---------	------	-----	--------	------------	---------

Lori Johnson, CBN News Reporter, says that Mercury is a deadly poison inside every one of us. It's in things like fish, dental fillings, and vaccines. Scientists agree that a little bit is okay, but warn not to over-do it. So how much is too much? Fish does contain mercury, and therefore some caution should be taken when choosing your fish and deciding how often to eat it. Much of the mercury in fish comes from coal-fired power plants. The emissions fall to the ground and are then washed into the waterways. Then it's absorbed by tiny organisms which are eaten by small fish, so the mercury stores in their bodies. When larger fish eat smaller fish, mercury accumulates, and builds-up to high levels in the big fish. So the fish at the top when choosing tuna, canned light tuna - which is the darker, cheaper variety - is low in mercury, and can be eaten twice weekly. But white tuna, albacore or sushi tuna, has more mercury and should be eaten no more than once a week for the high-risk groups. But what about the mercury in fish you catch in your local lake or river? If there's reason for concern, health departments will post signs on the banks of certain waterways, warning fishermen to be careful when eating fish caught there. Most state health departments will also post warnings about specific waterways on their Web page. If you are uncertain, play it safe and eat only one meal a week of fish you catch and no other fish during that week. In addition to eating fish, many of us are also exposed to mercury here at the dentist's office when we get a filling. Amalgam fillings, also known as silver fillings, contain 50 percent mercury. But don't panic if you have them. The American Dental Association and the Food and Drug Administration say it's safe. So watch out if your dentist suggests replacing your silver fillings because of the mercury. Some vaccines contain mercury, but not nearly as many as in the past. Years ago, mercury was common as a preservative in vaccines. But it is largely gone now. Many parents believe mercury in vaccines causes autism. So mercury is a poison that is part of our daily lives, such as in fish, dental fillings and vaccines. But it's important to separate fact from fear

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------	-------------------------	-------------------------------	---------------	-------------	-----------------	-------------

*Health*

Doctor to Doctor#239		28:30	28:30	LOC/REC	PA/O/E	1/05/2010	11:30 AM
----------------------	--	-------	-------	---------	--------	-----------	----------

**Dr. Caroline Leaf** talked about how emotions can impact the body. The body and the mind are interlinked. A person can become physically ill because they are overwhelmed and can't think straight. Suppressed emotions can come out emotionally, physically and behaviorally. It is important to deal with our emotions as they come to our attention. **Dr. Michael Tick** talked about Transdermal Infusion. It's important to get the root of health problems rather than treat the symptoms. The skin is connected to all vital components of the body. By using the skin, we can see which organs are having a problem and then apply herbs directly to the skin. **Dr. Denise Brady** talked about oral health. Healthy gums should be pale pink in color. Symptoms of unhealthy gum could be bleeding when flossing for more than a week and bad odor. The number one cause of gum disease is the level of good and bad bacteria in the mouth are out of balance. This can also lead to other problems like heart disease. It's important to your dentist twice a year.

Doctor to Doctor#240		28:30	28:30	REC	PA/O/E	1/12/2010	11:30 AM
----------------------	--	-------	-------	-----	--------	-----------	----------

**Dr. Dale Peterson** talked about high fructose corn syrup and the claims made about it. It is not naturally made because it is no where found in nature. It is ok in moderation but moderation is no more than 32 grams of sweeteners per day. There are no studies showing the long term affects of it. People should avoid it and other sweeteners. **Dr. Ace Anglin** talked about bunions being a deformity that happens in about 30% of people. It most often is a problem for women because of narrow length and high heels. It's important to wear proper shoes. Rest, ice, compression and elevation can help manage bunion pain. **Dr. Robert Gear** talked about Spinal Degeneration which happens in three phases. Phase one the alignment of the spin is altered but the disc space remains the same. Phase two alignment continues to deteriorate and disc space it narrowed. Phase three joint space is no longer visualized. Prevention is recommended but sometimes surgery is required.

Doctor to Doctor#241		28:30	28:30	LOC/REC	PA/O/E	1/19/2010	11:30 AM
----------------------	--	-------	-------	---------	--------	-----------	----------

**Dr. Dino Prato** talked about Cardio Vascular disease. Although it can be impacted by genetics, dietary health does play a critical role. Deficiencies in antioxidants, vitamin C, amino acids, proline and lysine can impact it as well. It's important to change your eating habits, clean out toxins in the body and then provide the nutrients needed to heal. **Dr. Randy Brinson** talked about ulcers. Often they impact people with Chronic Reflux Disease. Symptoms can be obstruction of the stomach, bleeding, pain and discomfort. Doctors can use an endoscope and directly inject medicine into the ulcer or they can clip the vessel and hold into place. **Dr. Doreen Lewis-Overton** talked about the Adrenal Gland, which was designed to regulate the endocrine system. Stress can throw it off resulting in mood swings, light headed, belly fat and problems sleeping. It's important to eat healthy, moderate exercise, eliminate toxins and see a doctor about getting your Adrenal Gland tested.

Doctor to Doctor#242		28:30	28:30	REC	PA/O/E	1/26/2010	11:30 AM
----------------------	--	-------	-------	-----	--------	-----------	----------

**Dr. Lavert Robertson** talked about Chronic Systemic Inflammation that has been linked to cancer, obesity, arthritis and Alzheimer's' disease. It is a result of a diet high in refined, processed and chemical food. Systemic Detoxification and cleansing will help the body to get rid of the garbage and maintain optimal balance. **Dr. Randall Sapp** talked about eye exams, which should happen once a year. There is a misconception that they are painful or scary. Case history, visual activity, preliminary testing, phoropter, slit lamp, ophthalmoscope and retinascope are all used in the exam. **Dr. Amando Pineda** talked about stress. The body was meant to endure stress by producing Cortisone and Adrenaline. Stress all the time can lead to high blood pressure, mood swings, lack of sleep and depression. It's important to learn to relax by exercising or drinking tea.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Health</i>							
	Doctor to Doctor#243	28:30	28:30	REC	PA/O/E	2/2/2010	11:30 AM
	<p><b>Dr. Rita Hancock</b> talked about true hunger. There are a lot of reasons why people eat before they feel hunger pains. The apple test can determine if you are truly hungry or have a craving. If you are hungry, then eat what you enjoy in moderation. If you have a craving, then look at your emotions and thoughts that caused it. <b>Dr. Martin Finkelstein</b> talked about how our thoughts can lead to healing and being healthy. Thoughts are powerful and are related to our beliefs which affect our emotions. It's important to change the way we think and believe. <b>Dr. Bettye Alston</b> talked about common sense approaches to dealing with hypertension. Reduce stress, eat healthy, rest, exercise and drink plenty of water. It's also important to monitor your blood pressure and be seen regularly by your doctor.</p>						
	Doctor to Doctor#244	28:30	28:30	REC	PA/O/E	2/9/2010	11:30 AM
	<p><b>Dr. Bob DeMaria</b> talked about toxins in the body. We are exposed to toxins every moment of the day in the air, water and food. The liver acts as a filter to help eliminate the toxins in the body. It's important to drink pure water, eat whole foods including vegetables and to exercise daily. <b>Dr. Gary Myers</b> talked about cavities in young children. A cavity is a bacterial infection called Strep Mutans. Cavities appear over time and are affected by how much and how often sugar is consumed. It is important to limit sugar, brush, floss and visit the dentist regularly. <b>Dr. Carl Schmidt</b> talked about men's health. For the prostate gland, it is important to eat a high quality food with clean oils such as flax or grape seed oil. Eating salad and nuts will help to nourish the prostate gland as well. Exercise that includes muscle building will help the body as well.</p>						
	Doctor to Doctor#245	28:30	28:30	LOC/REC	PA/O/E	02/16/2010	11:30 AM
	<p><b>Dr. Mark &amp; Kathleen Brown</b> talked about obesity. 1.000 American die each day because of obesity related diseases. It's important to get the right amount of sleep to maintain energy. It's also important to eat the right kinds of food and not put harmful substances like alcohol or drugs into your body. <b>Dr. Scott Farhart</b> talked about women's emotional health. The brain produces chemicals that can get out of balance and lead to emotional issues. 85% of women have some form of premenstrual syndrome. That can result in mood changes, irritability, anger, depression, bloating, forgetfulness and confusion. It's important to eat right and exercise. <b>Dr. Craig Travis</b> talked about developing resilience. We all experience negative events such as a loss of job, medical issues, move, divorce or loss of a loved one. We can't hide from life, but we can choose how to deal with it. Be positive and helping others along with good relationships can help a person get through a difficult time.</p>						
	Doctor to Doctor#246	28:30	28:30	REC	PA/O/E	02/23/2010	11:30 AM
	<p><b>Dr. Gene James</b> talked about protein power. It is an essential nutrient used by all the muscles and major organs. It helps to rebuild and repair muscle tissue. Most people are deficient in protein by consuming less than 50 grams per day. Some sources of protein are eggs, dairy/milk products, lean meats and grains. <b>Dr. Dale Peterson</b> talked about weight control. Some obstacles are crash diets, medications, vitamin/mineral deficiencies, sleep disturbance, chronic stress and substance addition. It may be helpful to examine all areas if not successful with eating less and exercising more. <b>Dr. Ace Anglin</b> talked about hammertoes. It is a deformity of the toe that has become more rigid and less flexible. It can rub against the shoe resulting in pain. Some treatments are to rest the area, ice, compression, elevation, medication, padding and if necessary surgery.</p>						

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------	-------------------------	-------------------------------	---------------	-------------	-----------------	-------------

*Health*

Doctor to Doctor#247		28:30	28:30	REC	PA/O/E	03/09/2010	11:30AM
----------------------	--	-------	-------	-----	--------	------------	---------

**Dr. Eric Braverman** talked about heart disease. The heart is responsible for circulating blood through the body and can be hindered by clogged arteries and damaged valves. People get clogged arteries from having high cholesterol and damaged valves from the heart swelling. Garlic, fish oil, Taurine, green teas, safflower and olive oils are all natural remedies that can help to create a healthy heart. **Dr. Dino Prato** talked about stress and insomnia. Stress can cause heart attacks, hormonal issues, fatigue, weight gain and tension in neck/shoulders. It can also cause insomnia. Take a nap, pray throughout the day, practice breathing/relaxation techniques, hot bath and have a routine before going to bed to help reduce stress. **Dr. Elaine Greer** talked about women's health. A woman's check up can be frightening and a nervous experience. It's important to find a health care provider that you are comfortable with and can ask questions. Self breast examines should happen monthly. First mammogram should happen between the ages of 35-40. Menopause symptoms can be hot flashes, sleeplessness and a feeling of being on edge.

Doctor to Doctor#248		28:30	28:30	REC	PA/O/E	03/16/2010	11:30AM
----------------------	--	-------	-------	-----	--------	------------	---------

**Dr. Caroline Leaf** talked about differences between the male and female brain. Only 1% of genes are different between males and females. Women have 11% more linguistic neurons. Men have bigger spatial and temporal lobes in the brain. Both are equally intelligent but process information differently. **Dr. Rolando Toulon** talked about how it's important to take care of the spine and spinal cord because it affects the nervous system. The nervous system is responsible for sending signals to all organs and throughout the body. It's important to have the spine checked to make sure everything is functioning properly. Dr. Scott Morris talked about the leading causes of life. It's important to identify ways to lead a gentler life, express compassion and experience patience on a daily basis. We also experience a better life when we are doing activities that bring us joy, love and purpose.

Doctor to Doctor#249		28:30	28:30	LOC/REC	PA/O/E	03/23/2010	11:30AM
----------------------	--	-------	-------	---------	--------	------------	---------

**Dr. Lavert Robertson** talked about natural remedies that can help to keep the heart healthy. Grapes, Red Peppers, Bananas, Garlic and Onions are beneficial for a health heart. **Dr. Terry Overton** talked about shoulder injuries. It is the most problematic joint in the body because most of the injuries involve soft tissue. There are four muscles around the rotator cuff that can be torn, sprained or strained. Test and MRI can determine which muscle is injured. **Dr. Clark Gerhart** talked about how good hand hygiene can help stop the spread of viruses. The skin is a major defense in stopping viruses from entering the body. It's important to wash our hands and use hand sanitizer as often as possible.

*Public Safety*

Joy in Our Town #1103-4	28:30	12:32	LOCAL	PA/O/E	12/28/2009	10:30 AM
					12/29/2009	2:30 AM
					12/31/2009	11:00 AM
					01/01/2010	12:00 PM
					01/02/2010	2:30 AM

Host Keely Petty visits with Sandra Taylor, Fire Prevention Specialist with the Texas Forest Service. Ms. Taylor gave information about wildfires around our area. She explained the management involved to manage drought and prevent fires. She described the results in the different areas that have been most affected by the drought. She discussed the economic impact and challenges in fighting wildfires. She discussed statistics on the Texas fires, some fire prevention guidelines, and discussed how the community can help to prevent these fires.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Public Safety</i>	Joy in Our Town #1201-2	28:30	12:04	LOCAL	PA/O/E	01/11/2010	10:30 AM
						01/12/2010	2:30 AM
						01/14/2010	2:30 AM
						01/15/2010	12:00 PM
						01/16/2010	2:30 AM

Host Keely Petty visits with Marta B. Pelaez, President/CEO of Family Violence Prevention Services, Inc. Ms. Pelaez some background and described services offered at the battered women and children's center. She explained some of the important issues affecting our community due to this problem. She explained the different roles each family member plays after abuse occurs. She gave statistics on children affected yearly by abuse, explained the different types of abuse. She discussed teen dating violence patterns describing different abusive and controlling behaviors. She discussed how abuse affects the family, schools, and the community at large, and shared steps to stop teen dating violence and resources available to help.

Joy in Our Town #1201-4	28:30	11:55	LOCAL	PA/O/E	01/25/2010	10:30 AM
					01/26/2010	2:30 AM
					01/28/2010	2:30 AM
					01/29/2010	12:00 PM
					01/30/2010	2:30 AM

Host Keely Petty visits with Officer Steve Beilstein, San Antonio Police Department SAFFE Unit. Officer Beilstein gave background on the San Antonio Fear Free Environment (SAFFE) unit. He described the unit's involvement with the community, and listed issues affecting San Antonio. He discussed specific steps utilized to combat crime, educate the community on identifying and reporting crime, and gave some preventative steps to protect our homes and our neighbors. He gave statistics on crime rates in our community, discussed the citizen's Police Academy, and the importance of the community being proactive in combating crime here.

Joy in Our Town # 0105-3	28:30	11:56	LOCAL	PA/O/E	02/15/2010	10:30 AM
					02/16/2010	2:30 AM
					02/18/2010	2:30 AM
					02/19/2010	12:00 PM

Host Henrietta Munoz, Ph. D. visits with Rick Salgueiro, Vice President 2-1-1 Operation with United Way of San Antonio & Bexar County. Mr. Salgueiro discussed the purpose of the organization to help those in need in our local community. He discussed various programs, and how the 2-1-1 service connects those in need with resources who can assist. He discussed the increase in volume of requests for assistance, how the call center operates. He discussed funding for the service and indicated Texas' 2-1-1 service is the top rated service nationally.

Joy in Our Town #0202-2	28:30	12:36	LOCAL	PA/O/E	03/15/2010	10:30 AM
					03/19/2010	12:00 PM

Host Keely Petty visits with Harvey H. Howell, President of San Antonio Area Voluntary Organizations Active in Disaster (SAVOAD). Mr. Howell gave some background information on the non-profit and faith based organizations who assist disaster victims in collaboration with the city and the county. He discussed the long term goal for disaster relief for victims and their families. He described how preparation is such an important key and the importance of the community being a part of the process. He discussed the operation of the Volunteer Operation Center here and how it would operate in a natural disaster affecting our city, state or nation.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------	-------------------------	-------------------------------	---------------	-------------	-----------------	-------------

*Public Safety*

Joy in Our Town #0202-3	28:30	12:00	LOCAL	PA/O/E	03/22/2010	10:30 AM
					03/23/2010	2:30 AM
					03/25/2010	2:30 AM
					03/26/2010	12:00 PM
					03/27/2010	2:30 AM

Host Keely Petty visits with Melissa Sparks, Public Information Officer with the San Antonio Police Department. Ms. Sparks gave information and background on the department and explained some of the different missions of the department. She discussed the smoke detector program in the city, it's importance and ramifications to the city and it's citizens. She stressed the importance of community awareness, the most prevalent causes of fires here, and gave statistics for our area. She discussed the educational programs available to the community and to the schools.

*Economy*

Joy in Our Town # 1201-1	28:30	12:30	LOCAL	PA/O/E	01/04/2010	10:30 AM
					01/05/2010	2:30 AM
					01/07/2010	2:30 AM
					01/08/2010	12:00 PM
					01/09/2010	2:30 AM

Host Keely Petty visits with Rusty Brockman, Director Economic Development for Greater New Braunfels Chamber of Commerce. Mr. Brockman discussed the history of the organization and their collaboration with the city of Seguin. He discussed the impact of the new Caterpillar plant in the area, both economically and in employment. He discussed the process to bring the facility to the area, possible opening date, the skilled labor that will be needed, and the tax value of the plant to the area. He reiterated the importance of the communities coming together to bring the plant into the area.

Joy in Our Town #1201-3	28:30	12:02	LOCAL	PA/O/E	01/18/2010	10:30 AM
					01/19/2010	2:30 AM
					01/21/2010	2:30 AM
					01/22/2010	12:00 PM
					01/23/2010	2:30 AM

Host Keely Petty visits with Alma Valdez, Loan Officer with Accion Texas, Inc. Ms. Valdez gave a description of the organization and their mission. Ms. Valdez discussed the types of businesses seeking business loans and how the economy has affected small businesses in our area. She discussed the application process and resources available in our community to help them. She discussed the importance of the community supporting small business owners and the effect on our local community.

<i>Issue/Problem Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------------------	----------------------	-----------------------------	-----------------------------------	--------------------	-----------------	-------------

	Joy in Our Town #0105-3	28:30	12:44	LOCAL	PA/O/E	02/15/2010	10:30 AM
						02/16/2010	2:30 AM
						02/18/2010	2:30 AM
						02/19/2010	12:00 PM

Host Henrietta Munoz, Ph.D. visits with Steve Nivin, PhD, Director and Chief Economist with the SABER Research Institute. Dr. Nivin discussed the background of the institute which is a partnership between St. Mary's University and the San Antonio Hispanic Chamber of Commerce for economic research. He discussed the post-recession economic state of the San Antonio area. He elaborated on housing industry and the impact due to the economy. He discussed the economic outlook for San Antonio and possibilities of jobs and economic growth. He discussed issues that will help the economy, sound personal management of debt. He advised consumers to educate themselves, be alert to fraud, and gave statistics on local unemployment for the area.

	Joy in Our Town #0202-1	28:30	12:37	LOCAL	PA/O/E	03/01/2010	10:30 AM
						03/05/2010	12:00 PM
						03/08/2010	10:30 AM
						03/12/2010	12:00 PM
						03/13/2010	2:30 AM

Host Keely Petty visits with Henrietta Munoz, Ph.D., Making Connections-San Antonio site Manager with City of San Antonio Department of Community Initiatives. Dr. Munoz gave background on the organization discussing the partnership between the city of San Antonio, Catholic Charities, Edgewood ISD, Good will Industries, other organizations to improve the West Side of San Antonio. She shared demographics about the West side compared to Bexar County and San Antonio statistics. She discussed some of the improvements and changes already taking place such as project promoting small businesses. She discussed the emphasis on preparing families in the area for formal education to improve the demographics of the area, especially in the are of high school graduate statistics. She discussed immigration statistics for this area, lack of large corporations for employment, and discussed the short-term and long term goals for the area.

	Joy in Our Town #0602-4	28:30	12:46	LOCAL	PA/O/E	02/04/2010	3:00 AM
						02/18/2010	3:00 AM
						03/29/2010	11:30 AM

Host Zyanya Wilke visits with Dr. Steve Nivin, Director of the Saber Institute, which is an organized partnership between St. Mary's University and the San Antonio Hispanic Chamber of Commerce. He explains the goals of the Saber Institute and their focus on enhancing both academic and economic development, especially with regards to the Hispanic population in the San Antonio area. He shares information on the struggling economy in order to address the concerns of the local community, and he stresses the importance of the economic research that the Saber Institute does in San Antonio. He mentions that the Texas economy is serving as a model for the rest of the nation and is respected as being 20-30 years ahead of the nation's economy. He shares his positive outlook on the future of the San Antonio economy, and goes into detail on the areas leading the local market.

<i>Issue/Problem Environment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
	Joy in Our Town #1201-3	28:30	12:33	LOCAL	PA/O/E	01/18/2010	10:30 AM
						01/19/2010	2:30 AM
						01/21/2010	2:30 AM
						01/22/2010	12:00 PM
						01/23/2010	2:30 AM
	<p>Host Keely Petty visits with Roland Ruiz, with the Edwards Aquifer Authority. Mr. Ruiz gave some background on the Aquifer Authority which is charged with preserving the quality of the water in the aquifer which is the only source of water for this area. He discussed how the aquifer processes the water, the area served, and the importance of keeping it uncontaminated. He discussed the effects of the current drought on the water, and some of the programs implemented during the drought to preserve our water resource, and the success of such programs. He discussed the education programs for the community to help us better protect this natural resource.</p>						
	Joy in Our Town #0105-1	28:30	12:04	LOCAL	PA/O/E	02/01/2010	10:30 AM
						02/02/2010	2:30 AM
						02/04/2010	2:30 AM
						02/05/2010	12:00 PM
	<p>Host Henrietta Munoz, Ph.D. visits with Jan Fulkerson, Urban Wildland Interface Specialist with Texas Forest Service. Ms. Fulkerson gave some background on the resource protection branch of the organization. She discussed the need to educate the community at large of the importance of preventing wildfires, and preserving wildland which connects to our urban properties, the issues affecting our homes and the wildlife in these areas. She gave some tips to protect our property and to prevent the wildfires in the first place, and mentioned statistics on fire related deaths. She shared some of the local issues with fires. She also discussed some of the health issues presented by smoke and fire. She discussed the need for evacuation planning and the importance of being prepared.</p>						
	Joy in Our Town #0202-2	28:30	11:55	LOCAL	PA/O/E	03/15/2010	10:30 AM
						03/19/2010	12:00 PM
	<p>Host Keely Petty visits with Mark Duff, Staff Forester with Texas Forest Service. Mr. Duff gave some background on what he does for the forest service. He discussed the major issues in our local area which is Oak Wilt disease. He listed the signs of the disease, the devastation the disease causes, and the limited treatment options available to arrest the disease, and the effects on the environment. He discussed the economic loss to the community, especially property values due to the damaged landscape, etc. She discussed some graphs he provided showing Bexar County's infection rate which is located primarily in the Northwest side of the county.</p>						
	Joy in Our Town #0202-4	28:30	11:58	LOCAL	PA/O/E	03/29/2010	10:30 AM
	<p>Host Keely Petty visits with Annalisa Peace, Executive Director of Greater Edwards Aquifer Alliance. Ms. Peace discussed the background of the Alliance and listed the different groups which make up the alliance. She discussed protection of the aquifer and the Texas Hill Country environment. She discussed the area covered by the Aquifer, named some of the smaller local aquifers covering the Hill Country and their coverage area. She listed the dangers of polluting our only source of water, discussed urbanization, and shared some of the educational tools available to the community on protecting the Aquifer. She encouraged the community to take an active role in protecting our sole source of clean drinking water.</p>						

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Unemployment</i>	Joy in Our Town #1103-4	28:30	12:04	LOCAL	PA/O/E	12/28/2009	10:30 AM
						12/29/2009	2:30 AM
						12/31/2009	2:30 AM
						01/01/2010	12:00 PM
						01/02/2010	2:30 AM

Host Keely Petty visits with Mark Milton, Director of People Services with Goodwill Industries of San Antonio. Mr. Milton discussed the mission of the agency that is to train and employ disabled persons. He discussed the new Good Careers Academy which will provide job training for disabled persons and persons without marketable job skills. He discussed the partnership with the Alamo Colleges to provide affordable job training in the community, the different career programs currently available, the academic process required and the location of the training. He discussed the plans for expansion into the four city quadrants to be more accessible to the community. He discussed the collaboration with the local high schools to provide training for in-demand industries here locally.

Joy in Our Town #0105-2	28:30	12:00	LOCAL	PA/O/E	02/08/2010	10:0 AM
					02/11/2010	2:30 AM
					02/12/2010	12:00 PM
					02/13/2010	2:30 AM

Host Henrietta Munoz, Ph.D. visits with Eva Esquivel, Communications Manager with Workforce Solutions Alamo. Ms. Esquivel described how the agency is currently assisting the recently dislocated workers due to the economic downturn. She described some of the hardships being experienced by the displaced workers and the effect on the community. She discussed the unemployment rates in our area for 2009 and 2010, and compared those rates to national figures. She discussed the various industries in our area and how they are faring in this crisis. She discussed the on-demand and non-traditional occupations here and discussed training needed for these occupations. She discussed steps to take when looking for employment, and the resources available in the community.

Joy in Our Town #0105-4	28:30	12:03	LOCAL	PA/O/E	02/22/2010	10:30 AM
					02/23/2010	2:30 AM
					02/25/2010	11:00 AM
					02/26/2010	12:00 PM
					02/27/2010	2:30 AM

Host Henrietta Munoz, Ph.D. visits with Natasha Espinoza, Veterans Resource & Referral Specialist with the Texas Veterans Leadership Program. Ms. Espinoza gave a background on the agency and the services offered to veterans who are making the transition back into civilian life. She discussed some of the challenges the veterans face, especially in finding employment. She encouraged the viewers on how to interact with the veterans when they return. She discussed examples of the challenges veterans have faced when returning to their homes and communities, some success stories and urged the citizens to meet the needs of returning veterans while they readjust.

<i>Issue/Problem Unemployment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
	Joy in Our Town #0202-1	28:30	12:00	LOCAL	PA/O/E	03/01/2010	10:30 AM
						03/05/2010	12:00 PM
						03/08/2010	10:30 AM
						03/12/2010	12:00 PM
						03/13/2010	2:30 AM

Host Keely Petty visits with Clarke Mosley, Director of People Services for Goodwill Industries of San Antonio. Mr. Mosley discussed the unemployment rate in San Antonio and compared it to the state rate. He discussed the partnership between Goodwill, the Alamo Colleges District, and Texas Workforce Solutions Alamo to train for new employment opportunities. He gave some examples of positions available in our area, training available for these positions, and steps to take in the community to combat unemployment. He discussed particular industries in high demand in our area. He discussed curriculum, location of the training and requirements to obtain the necessary training. He discussed efforts to inform the community of available training, and shared future goals of the partnership.

### *Civic Affairs*

	Joy in Our Town #1201-1	28:30	12:03	LOCAL	PA/O/E	01/04/2010	10/30 AM
						01/05/2010	2:30 AM
						01/07/2010	2:30 AM
						01/08/2010	12:00 PM
						01/09/2010	2:30 AM

Host Keely Petty visits with Ivy R. Taylor, District 2 Councilwoman with the City of San Antonio. Ms. Taylor gave a description of area in District 2 and the services being provided throughout the community that affect the quality of life in the community. She discussed the need for businesses to invest in the eastside, and listed some of the steps being taken by the city and other groups to accomplish this goal. She discussed the need for community input in this process, and the results of some of the efforts. The main focus is to increase the quality of life for the area residents. She discussed the effect of the BRAC realignment which is bringing some improvements to the area. She discussed other improvements that have been made in the community.

	Joy in Our Town #0105-1	28:30	12:34	LOCAL	PA/O/E	02/01/2010	10/30 AM
						02/02/2010	2:30 AM
						02/04/2010	2:30 AM
						02/05/2010	12:00 PM

Host Henrietta Munoz, Ph.D. visits with Oscar Garcia, Public Affairs Specialist with Social Security Administration. Mr. Garcia gave an overview of the Social Security Administration and it's programs. He discussed the different types of benefit programs individuals may qualify for. He gave some statistics for some of the different programs. He explained the process necessary to earn credits towards benefits, requirement to receive benefits, and how people can be more involved in planning for retirement. He provided locations of offices here and numbers to contact the agency by phone. He discussed the impact of identity theft on your benefits, provided some preventive steps that can be taken to prevent identity theft.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>Air-Date</i>	<i>Time</i>
Civic Affairs	Joy in Our Town #0202-3	28:30	12:33	LOCAL	PA/O/E	03/22/2010 10/30 AM
						03/23/2010 2:30 AM
						03/25/2010 2:30 AM
						03/26/2010 12:00 PM
						03/27/2010 2:30 AM

Host Keely Petty visits with David Medina Jr., Councilman District 5 with the city of San Antonio. Mr. Medina explained where District 5 is located and the changes taking place in the district. . He explained the "neighborhood sweep" program being implemented in the district to address some of the problems which plague the area. He discussed the universities located in the area and the importance of education in raising the quality of life for the area and drawing business to the area. He discussed the economic development taking place in the district, the collaboration between the city, local businesses and the community.

# **San Antonio Community Educational Television, INC.**

## ***Quarterly Report***

April, May, June, 2010

KHCE-TV San Antonio, Texas

KHCE-DT San Antonio, Texas

Ascertainment List

Leading Community Problems

*Results of ascertainment from civic leaders, responses by telephone from KHCE viewers, from the Printed media, comprising newspapers, magazines, publications, and from television and radio, Whenever possible.*

Drugs/Alcohol

Family

Discrimination/Minority

Civic Affairs

Seniors

Homeless

Health

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>Air-Date</i>	<i>Time</i>	
<i>Drug/Alcohol</i>	Joy in Our Town # 0309-1	28:30	12:53	LOCAL	PA/O/E	04/05/2010	10:30 AM
						04/06/2010	2:30 AM
						04/08/2010	2:30 AM
						04/09/2010	12:00 PM
						04/10/2010	2:30 AM
<p>Host Meagan Perez visits with Melissa Montgomery, Manager of victim services with MAAD-South Texas. Ms. Montgomery described the types of services offered to the community through Mothers Against Drunk Driving. Explained about legal and financial and mental health support for victims and family members. She shared local statistics and the effects on alcohol related crimes in our community. Encouraged the community to be responsible drivers. She shared methods of preventing alcohol related fatalities, do not drink and drive, designated driver etc. She encouraged parents and adults not to provide alcohol for under age teenagers. Advised the community to respond and be aware. She mentioned partnerships with other organizations to help victims of alcohol related crimes. Advised the community on resources available for students, families, schools at free of charge.</p>							
Joy in Our own #0406-1	28:30	12:25	LOCAL	PA/O/E	05/10/2010	10:30 AM	
					05/11/2010	2:30 AM	
					05/13/2010	2:30 AM	
					05/14/2010	12:00 PM	
					05/15/2010	2:30 AM	
<p>Host Meagan Perez visits with Trish Frye, program director with Palmer Drug Abuse. Ms. Frye gave background of organization and spoke about the anonymous services offered to the community at no cost. Explained the out patient system offered to family members. Ms. Frye exposed the increase of drug abuse in our community, gave stats on youth using gateway drugs. She shared the rapid increase of prescription drug abuse seen in families. The approach to combat is educating the community about prevention as well as recovery from addictions. Ms. Frye mentioned local partnerships working together in this cause. She spoke about contributing factors such as apathy, poverty, social environments etc. Explained the difference from a crisis management center vs. a recovery treatment center emphasizing in the latter. Finally, she shared success stories, progress she has seen in our community and encouraged the community to educate themselves and seek help.</p>							
Joy in Our Town #0406-4	28:30	12:15	LOCAL	PA/O/E	05/31/2010	10:30 AM	
					06/01/2010	2:30 AM	
					06/03/2010	2:30 AM	
					06/04/2010	12:00 PM	
					06/05/2010	2:30 AM	
<p>Host Meagan Perez meets with Abby Garza, Education Director for San Antonio Council of Alcohol Abuse. Ms. Garza gave background on the organization. Spoke about services offered, free of charge related to alcohol or drug abuse. She shared stats on alcohol related traffic fatalities. Pointed San Antonio as the fourth place in state for underage drinking. She shared how alcohol/drug usage by parents is affecting our younger community and ending in split families. Ms. Garza spoke on contributing factors and described consequences of drug –alcohol abuse in our community. She shared efforts being made to combat this issue in our community, data processing, strategic planning, evaluate progress. She made viewers aware of "spice" a new experimental drug teenagers are using in our community</p>							
Joy in Our Town # 0511-4	28:30	12:36	LOCAL	PA/O/E	06/28/2010	10:30 AM	
					06/29/2010	2:30 AM	
					07/01/2010	2:30AM	
					07/02/2010	12:00 PM	
					07/03/2010	2:30 AM	
<p>Host Meagan Perez visits with Judge Al Alonso, with the Bexar County Adult Drug Court. He spoke about current drug usage problem locally. He informed the community about gateway drugs in our younger community. Explained the increase in our community in over the counter, prescription drugs abuse. He shared local statistics on perpetrator crimes 85% of them are drug related which leads them right into the drug court. He shared the holistic method of combating drug addiction in the drug court. He described how the drug court functions as an in-patient drug recovery program. He shared a rehabilitation story and the increase and success of drug courts around the community and state of Texas.</p>							

<i>Issue/Problem Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>Air-Date</i>	<i>Time</i>
---------------------------------	----------------------	-----------------------------	-----------------------------------	--------------------	-----------------	-------------

	Joy in Our Town #0309-1	28:30	11:55	LOCAL	PA/O/E	04/05/2010 10:30 AM
						04/06/2010 2:30 AM
						04/08/2010 2:30 AM
						04/09/2010 12:00 PM
						04/10/2010 2:30 AM

Host Meagan Perez visits with Rick Salgueiro, Vice President of Operations for 211 with United Way. Mr. Salgueiro began by introducing 211 and how it is a service free of charge to our local community. He stressed on the military community needs. The organization helps military and their families to transition in and out of the military. He described the different resources available to the community through the 211 program and its partnerships within the community. Some needs mentioned were financial assistance for bills, mental health services. He reassured the community of 100% follow up upon contact.

	Joy in Our Town #0309-4	28:30	12:32	LOCAL	PA/O/E	04/26/2010 10:30 AM
						04/27/2010 2:30 AM
						04/29/2010 2:30 AM
						04/30/2010 12:00 PM
						05/01/2010 2:30 AM

Host Meagan Perez visits with Xotchil C. Davis, VP of Communications and Marketing for Family Services Association. Ms. Davis shared background information of the organization and their direct partnership with United Way. They started the program addressing issues affecting families in our community; economical challenge, loss of employment, crisis/ at risk youth/elderly. She described these as root issues of the current situation of family evictions, homelessness etc. Family Service Association is providing various services to the community for all age groups. They assist the community with parenting classes, job training, facilitating community resources. She explained how families and schools are working together towards educating children/youth EC-8. Shared youth/school statistics and how different programs are helping combat these, peer pressure, going to college etc. She finished by sharing the total number of community families/individuals served last year and how resources can be used by the community.

	Joy in Our Town #0406-4	28:30	12:17	LOCAL	PA/O/E	
						06/01/2010 2:30 AM
						06/03/2010 2:30 AM
						06/04/2010 12:00 PM
						06/05/2010 2:30 AM

Meagan Perez visits with Patricia Castillo, Executive Director of P.E.A.C.E. Initiative. She gave background on organization and began by addressing issues in our community. The focus is to educate the community on violence as it relates to family and relationships. Current partnership with the S.A. police academy educating and training community members interested in this topic. She spoke about teen dating violence affecting our local community and the conferences being held to address this issues to the public, mentioned some methods through which violence/abuse is taking place, social networking, GPS locator etc.. She made the viewers aware of "Teen Dating Violence Awareness Week". As contributing factors she determined the lack of parental supervision, teens modeling adult behavior etc. She discussed the negative effects violence/abuse is having in all family age groups and the importance of educating the community to obtain positive results and overcome this issue per person, family and therefore community. She finished by giving a positive report on community involvement, training currently offered and the need for positive male role models in our community.

<i>Issue/Problem Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>Air-Date</i>	<i>Time</i>
	Joy in Our Town # 0511-1	28:30	12:37	LOCAL	PA/O/E	
					06/07/2010	10:30 AM
					06/08/2010	2:30 AM
					06/10/2010	2:30 AM
					06/11/2010	12:00 PM
					06/12/2010	2:30 AM

Host Andrea Hardeman visits with Karen Bierman PhD PC, a practicing clinical psychologist in San Antonio. She identified some local family issues focusing on youth. Focused on divorce and family disintegration and how it is affecting children. Dr. Bierman stressed on important subjects parents should focus on pre and post divorce in regards to family and well being. She also identified family and children obesity as an issue in our community. The contributing factors to this problem being the low economy, poor health education and bad eating habits. She advised viewers on how to make small changes in daily living, diet that will help raising healthier children and a healthier population.

	Joy in Our Town # 0511-4	28:30	12:36	LOCAL	PA/O/E	
					06/28/2010	10:30 AM
					06/29/2010	2:30 AM
					07/01/2010	2:30 AM
					07/02/2010	12:00 PM
					07/03/2010	2:30 AM

Host Andrea Hardeman visits with Leslie Mitchell, Senior Program Director of Residential Services with Baptist Child & Family Services. Ms. Mitchell focused on foster homes and parents. She stressed on the escalation of abuse/neglect to children/youth currently in our community. Drugs, alcohol, economic hardships are statistically and in most cases the contributing factors to this issue. She explained the high need for foster parents, educated viewers about the process to become permanent or temporary foster parents. She address some common misconceptions about foster children and ended the interview with a success story.

### *Minority/Discrimination*

	Joy in Our Town #0309-2	28:30	12:16	LOCAL	PA/O/E	04/12/2010	10:30 AM
						04/13/2010	2:30 AM
						04/15/2010	2:30 AM
						04/16/2010	12:00 PM
						04/17/2010	2:30 AM

Host Meagan Perez visits with Linda A. Bradmiller, Director of Immigration Services with Catholic Charities Archdiocese of S.A. Ms. Bradmiller began interview by explaining the immigration branch of the organization. She stressed the service provided to the community, for those legal immigrants seeking citizenship for family members. The service has predominantly been provided for the low-income community. She mentioned current partnerships with other local organizations and Attorney offices. She addressed common misconceptions about the process, and clarified immigration laws and how they work per case/country. She advised the immigrant community about community assimilation and proof of residence and how each specific case leads to its own turn out.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>	<i>PA/O/E</i>	<i>Air-Date</i>	<i>Time</i>
<i>Minority/Discrimination</i>	Joy in Our Town #0406-2	28:30	11:57	LOCAL	PA/O/E	05/17/2010	10:30 AM
						05/18/2010	2:30 AM
						05/20/2010	2:30 AM
						05/21/2010	12:00 PM
						05/22/2010	2:30 AM

Host Keely Petty visits with Roxanne Contreras, Fair Housing Specialist of Greater San Antonio. Ms. Contreras shared background information of the organization as well as the type of services being offered directly to the community and how the organization works as an investigative unit and a great resource for everyone free of charge. She mentioned some local existing claims/issues related to people with disabilities. She shared the partnership with the U.S. Dept. of Health and Development to remedy current situations and provide fair housing opportunities. The unit works in efforts to help against discrimination and prevent future builders to maintain the regulations for future housing communities.

Joy in Our Town #0511-2	28:30	11:51	LOCAL	PA/O/E	06/14/2010	10:30 AM
					06/15/2010	2:30 AM
					06/17/2010	2:30 AM
					06/18/2010	12:00 PM
					06/19/2010	2:30 AM

Host Andrea Hardeman visits with Rodney Klein, Education and Training Manager with U.S. Equal Employment Opportunity Commission. Mr. Klein gave background of the organization and described the services offered to the community in regards to employment discrimination of any sort. He elaborated on ways some employers have previously discriminated applicants and expressed the discrimination occurring in the elderly community, poor credit/lower income community and people in poor health condition are all being discriminated. He explained the process of filing a claim and its confidentiality.

Joy in Our Town #0511-3	28:30	12:02	LOCAL	PA/O/E	06/21/2010	10:30 AM
					06/22/2010	2:30 AM
					06/24/2010	2:30 AM
					06/25/2010	12:00 PM
					06/26/2010	2:30 AM

Host Andrea Hardeman visits with Juan H. Flores, Executive Director with La Fe Policy Research & Education Center. Mr. Flores initiated interview by focusing on the social and health issues the minority community is currently facing. He spoke on partnerships with other organizations to combat diabetes and obesity in the community and efforts being made to assess the S.A. diabetic community in order to lead them into living healthier, longer lives. He addressed economic challenges faced by minority-lower income population, in making better food choices, buying medicine etc. The goal as a community is to join efforts to create a support system including everyone involved in the life of a diabetic person.

### *Civic Affairs*

Joy in Our Town #0309-3	28:30	12:03	LOCAL	PA/O/E	04/19/2010	10:30 AM
					04/20/2010	2:30 AM
					04/22/2010	2:30 AM
					04/23/2010	12:00 PM
					04/24/2010	2:30 AM

Host Meagan Perez visits with Carol Schliesinger, Media Specialist for the City of S.A. Complete Count Comm. As a 2010 Census representative she spoke about the importance of community members to complete and submit their census forms. She stressed on the impact the census has in the local community today and its results will be implemented for the following years. Spoke about door to door efforts and economical impact it has in the community.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>		<i>Air-Date</i>	<i>Time</i>
<i>Civic Affairs</i>	Joy in Our Town #0406-1	28:30	12:04	LOCAL	PA/O/E	05/10/2010	10:30 AM
						05/11/2010	2:30 AM
						05/13/2010	2:30 AM
						05/14/2010	12:00 PM
						05/15/2010	2:30 AM

Host Keely Petty visits with Councilman Ray Lopez with District 6. He explained where District 6 is located and its surroundings and the growth and progress taking place. The current focus is to meet community needs such as; economic development, infrastructure, health & safety, education and jobs. He shared the crafted strategy for economic development in the Lackland Base Area. He shared education statistics for Edgewood ISD and NISD. He shared the collaborative efforts to form a senior citizen one stop health and help center, as well as the implementation of neighborhood policing. The efforts are also being made into raising productive young people with good values.

Joy in Our Town #0511-2	28:30	12:42	LOCAL	PA/O/E	06/14/2010	10:30 AM
					06/15/2010	2:30 AM
					06/17/2010	2:30 AM
					06/18/2010	12:00 PM
					06/19/2010	2:30 AM

Host Andrea Hardeman visits with Rosie Gonzalez, Intake Coordinator with the Bexar County Dispute Resolution Center. Ms. Gonzalez began by giving background information of the organization. She presented the mediation services offered to Bexar County residents. Some of the local issues experienced have been auto repairs, child visitations post-divorce, consumer issues etc. She shared some dispute examples and encouraged the community to seek after mediation services which come at no cost to the community and residents of Bexar County.

### *Seniors*

Joy in Our Town #0309-3	28:30	12:51	LOCAL	PA/O/E	04/19/2010	10:30 AM
					04/20/2010	2:30 AM
					04/22/2010	2:30 AM
					04/23/2010	12:00 PM
					04/24/2010	2:30 AM

Host Meagan Perez visits with Sharon Baughman, Executive Director with Christian Senior Services. Ms. Sharon gave background information about organization and stated their primary focus is to serve disadvantaged elderly community by providing a variety of services; Meals on Wheels, Grace Place and Senior Companion. She explained the application process and the in-home assessment to determine the type of service needed by the individual. She gave a full explanation of how the programs are working towards serving the senior population in our community and meeting the need. She shared some statistics and some major concerns and efforts to meet the needs of the elderly for their social, physical and emotional/spiritual well being.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source Type</i>		<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------	-------------------------	-------------------------------	--------------------	--	-----------------	-------------

*Seniors*

Joy in Our Town #0406-2	28:30	12:33	LOCAL	PA/O/E	05/17/2010	10:30 AM
					05/18/2010	2:30 AM
					05/20/2010	2:30 AM
					05/21/2010	12:00 PM
					05/22/2010	2:30 AM

Host Keely Petty visits with Mario Vela, Manager of Senior Services with Family Service Association of San Antonio. He began by introducing some of the issues seniors are currently facing in our community, abuse/neglect. The highest priority is to provide physical and emotional relief for the on growing senior community as well as their direct care givers. The organization is partnered with other local organization and the positive results being obtained through these partnerships. Lastly he talked about the "concierge" service being offered to the community at a cost.

Joy in Our Town #0406-3	28:30	11:59	LOCAL	PA/O/E	05/24/2010	10:30 AM
					05/25/2010	2:30 AM
					05/27/2010	2:30 AM
					05/28/2010	12:00 PM
					05/29/2010	2:30 AM

Host Keely Petty visits with Nellie J. Garay, Caregiver Support Specialist with the Bexar Area Agency on Aging. Ms. Garay introduced the organization and shared its background. She explained the various services offered to the community and the partnerships that Bexar Area Agency holds with other organizations to help the senior citizen community. She addressed the highest needs of the senior community; care givers, the increasing population over 60 years old, and the need to educate family members and community on dealing with the aging. The purpose is to equip care givers and respond to the financial, physical and emotional needs of the senior population. She shared some statistics based on gender and ethnicity both local and national level and stressed on the services being offered free of charge. She shared statistically where the senior population will be in the next 5 years, as an increasing high need of service community.

Joy in Our Town #0511-3	28:30	12:34	LOCAL	PA/O/E	06/21/2010	10:30 AM
					06/22/2010	2:30 AM
					06/24/2010	2:30 AM
					06/25/2010	12:00 PM
					06/26/2010	2:30 AM

Host Andrea Hardeman visits with Blanca Cook, Community Services Supervisor for the City of S.A. Senior Services Division. She explained the various programs being offered to the community through the organization and shared its background. The issues presented by Ms. Cook were financial problems, acquiring medication outside of Medicare, transportation and nutrition. All of these needs are being met free of charge by the organization. She explained the assessment selection process, gave info. About their call center. She shared some real life success stories and encouraged the community to contact 211 and 311 for services needed.

<i>Issue/Problem</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Segment Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Homeless</i>	Joy in Our Town #0309-2	28:30	12:23	LOCAL	PA/O/E	04/12/2010	10:30 AM
						04/13/2010	2:30 AM
						04/15/2010	2:30 AM
						04/16/2010	12:00 PM
						04/17/2010	2:30 AM

Host Keely Petty visits Navarra Williams CEO of SAMMinistries in S.A. Mr. Navarra presented current homeless issues in the community, shared background of the organization. He described the services offered to the community, the emergency shelter, transitional living homes for families and Furniture for a Cause to provide employment in efforts to rehabilitate the increasing homeless population in our community. Mr. Navarra spoke about the upcoming partnership with "Have For Hope" the new homeless transformation center opening within the next year. He identified the current homeless population as single men, women and even families. The contributing factors are mainly financial, health and emotional misfortunes in their lives. Expressed the positive outlook for the homeless population as different organization unite to decrease the homeless population and transform them into productive citizens.

Joy in Our Town #0309-4	28:30	12:08	LOCAL	PA/O/E	04/26/2010	10:30 AM
					04/27/2010	2:30 AM
					04/29/2010	11:00 AM
					04/30/2010	12:00 PM
					05/01/2010	2:30 AM

Host Meagan Perez visits with Dawn White, Executive Director of Christian Assistance Ministry. Ms. White gave background information of the organization, and its focus to meet immediate needs of the homeless community such as financial, physical and emotional. The organization functions with the contribution and partnership of various faith based institutions that help prevent people going into homelessness by meeting basic needs; food, clothes, bus passes etc. The organization is a first step type of service but is currently partnered with other long term organization who work with the homeless population. She shared the impact CAM is having around the community by sharing some success stories.

Joy in Our Town #0406-3	28:30	12:31	LOCAL	PA/O/E	05/24/2010	10:30 AM
					05/25/2010	2:30 AM
					05/27/2010	2:30 AM
					05/29/2010	2:30 AM

Host Keely Petty visits with Paul Rodriguez, Pastor of Church of Hope a faith based organization with the efforts to meet homeless needs through providing meals for them and moral/spiritual support. He described the current condition of homeless shelters, the living conditions of a homeless person out in the streets. The goal of the organization he described it as helping them out of homelessness, finding their role in society as men, women and families. He shared some success stories of rehabilitation. He mentioned other organizations providing training for the homeless community. He described the weekend routine and collaboration efforts to feed the homeless once a week "under the bridge" where most homeless population gathers to be fed and listen to a positive message.

<i>Issue/Problem</i>	<i>Program Program Title</i>	<i>Topic Segment Duration</i>	<i>Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------------------	-----------------------------------	-----------------	---------------	-------------	-----------------	-------------

*Homeless*

	Joy in Our Town #0511-1	28:30	11:56	LOCAL	PA/O/E	06/07/2010	10:30 AM
						06/08/2010	2:30 AM
						06/10/2010	2:30 AM
						06/11/2010	12:00 PM
						06/12/2010	2:30 AM

Host Andrea Hardeman visits with Meghan Garza-Oswald, Director of External Relations with Haven for Hope. Ms. Garza-Oswald gave background information about the organization and spoke about the impact the economical crisis is having in the homeless community leading the homeless population to a rapid increase in numbers. She described some contributing factors to homelessness. She educated the community on Foster Care system, and the problem being faced in young adulthood of homelessness and how Haven for Hope is working on helping them accomplish self-sufficiency. She shared the various partnerships with health related service givers, transitional living organizations. Also the services offered to the military returning from service through a personal and holistic assessment process.

*Health/Mental Health*

700	Club	CBN	1:00:00	5:00	REC	PA/O/E	04/21/2010	2:00 PM
	NewsWatch							
	#042110							

Lori Johnson, CBN News Reporter , says The NCAA's Division 1 Legislative Council voted April 13 to require all athletes to be tested for the sickle cell trait -- no matter their sport, race or gender. The measure now goes to the board of directors and is expected to pass. Sickle cell anemia is a fairly well-known disease, however, sickle cell trait is different. Many people don't even know they have it and can go through life without any symptoms. But combined with rigorous exercise, it can be deadly. Unlike sickle cell anemia where both hemoglobin genes are abnormal and produce mostly dangerous, sickle-shaped blood cells, people with the trait have only one abnormal hemoglobin gene and their blood cells are mostly a healthy, round-shape. But when people with the trait intensely exercise, their round blood cells can take on the sickle shape, become sticky and clog blood vessels. Resting corrects that, returning the cells to their round shape. Complications from sickle cell trait is the number one cause of death for college football players. It's been linked with 10 on-field deaths in the last decade. None were during games, but instead happened during rigorous training. The NCAA recommended member schools test for the trait, but then went one step further and voted to require all Division 1 schools to test athletes for the trait. Currently only 64 percent of colleges screen for the trait and do so voluntarily. Beginning August 1, all athletes in NCAA Division 1 schools will be required to either: Take a blood test to screen for sickle cell trait. Prove they already had the screening. Opt out of the screening by signing a waiver releasing their school of any liability. Hospitals in every state screen all newborns for sickle cell trait. Yet, parents often don't read the results of those screenings or forget them when their babies grow up. One in 12 African Americans carry the trait, but people with Spanish, Greek, Italian, Asiatic Indian and Mediterranean ancestry are also affected. While some players never survived sickle trait complications, their deaths raised awareness about the condition that will likely prevent others from suffering the same fate.

<i>Issue/Problem</i>	<i>Program Program Title</i>	<i>Topic Segment Duration</i>	<i>Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------------------	-----------------------------------	-----------------	---------------	-------------	-----------------	-------------

*Health*

700 NewsWatch	Club CBN	1:00:00	6:00	REC	PA/O/E	06/16/2010	2:00 PM
------------------	-------------	---------	------	-----	--------	------------	---------

#061610

Lori Johnson, CBN News Reporter , says if you're trying to eat healthy, perhaps you have heard to stay away from processed foods. While that's great advice, it seems many people are confused about what exactly constitutes processed food. If you can't identify them, it's hard to cut processed foods out of your diet. And although most people know processed foods are bad for them, it's often unclear what makes them so dangerous to a person's health. Remember - processed foods are foods that have been altered from their natural state. Have you ever wondered why a pre-packaged food stays fresh for months, when the same food made from scratch grows moldy in just days? It's because food manufacturers use man-made ingredients that prolong a product's shelf life. Unfortunately, they may have the opposite effect on peoples' health. Trans fats are commonly found in commercially fried food and packaged foods, especially baked goods. But you won't see the phrase, "trans fat" in the list of ingredients. Instead, look for the word, "hydrogenated." And beware of labels claiming no trans fats. They're often still in there, because the Food and Drug Administration allows food with up to a half-gram of trans fat per serving to be labeled "trans fat free." The problem is, those servings can be small so we eat many servings, and those half-grams add-up. Vending machines are often loaded with processed foods. In addition to trans fats, they often contain too much salt, which can cause heart problems and creates a craving for even more salt. Another addictive ingredient you'll find in processed foods is high fructose corn syrup, which is linked to obesity and diabetes. Although high fructose corn syrup manufacturers contend it's nutritionally the same as sugar, others say it's worse. Also on the list are other syrups and sweeteners like dextrose, glucose, lactose and maltose. And speaking of chemical names, here's another one to watch out for: monosodium glutamate, or MSG for short. Food manufacturers like it because it adds flavor. But doctors dislike it because it causes high insulin secretion. Believe it or not, even white flour is a processed food. Its soft texture and mild taste is created by removing the most nutritious parts of the wheat berry, the bran and the germ. The starch leftover is digested too fast in the body and can lead to weight gain, diabetes, heart disease and cancer. By contrast, whole wheat flour includes the entire wheat berry, which is digested slowly, making us feel full longer. Although identifying processed foods and removing them from our diet isn't easy, it may be less troubling than dealing with the health problems they could create

Doctor #250	to Doctor	28:30	28:30	REC	PA/O/E	4/06/2010	11:30 AM
----------------	--------------	-------	-------	-----	--------	-----------	----------

**Dr. LaJoyce Brookshire** talked about how to stay well. It's important to drink plenty of water, use the bathroom when needed and to go to bed without the television. It's also important to eat 3-5 organic fruits and vegetable each day. It's important to eat foods that fuel our body and to maintain an alkaline level. **Dr. Dino Prato** talked about weight loss. In order to have successful weight loss, it is important to look at our emotional connection to food. We need to view food as a healing, transforming and giving us health. High food quality is important along with increasing fruits and vegetables. **Dr. Carl Schmidt** talked about Vitamin K. It is important to help with cellular functions, strong bones, blood vessels and intestinal track. It is also found to reduce the risk of cancer. It can be acquired through greens such as spinach, cabbage and turnips. It can also be taken in a supplement form.

Doctor #251	to Doctor	28:30	28:30	REC	PA/O/E	4/13/2010	11:30 AM
----------------	--------------	-------	-------	-----	--------	-----------	----------

**Dr. Scott Hannen** talked about having a underactive thyroid. Symptoms could be loss of energy, loss of concentration, severe constipation, weight gain and severe depression. It's important to avoid Goitragens food, take supplements, get plenty of exercise and avoid refined sugar and processed food. **Dr. Lisa Akbari** talked about hair loss. Follicular Epidermis Alopecia is when the scalp loses the ability to push the strand through. Short hair syndrome is when the hair gets to a certain point and stops growing. It's important to get a proper examination. **Dr. Marilyn Elliott** talked about having allergies to common food such as milk and eggs. It can cause headaches, high blood pressure, stomach problems and depression. It's important to be seen by a doctor to determine the allergy.

<i>Issue/Problem</i>	<i>Program Program Title</i>	<i>Topic Segment Duration</i>	<i>Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Health</i>							
Doctor #252	to Doctor	28:30	28:30	REC	PA/O/E	4/20/2010	11:30 AM
<p><b>Dr. Rita Hancock</b> talked about bondage to food. Symptoms can be thinking about food too much, always dieting and avoiding social events because of overeating. Eating disorders have to do with control issues. Admit you have a problem, let go of control and only eat when you are hungry. <b>Dr. Ace Anglin</b> talked about corns and calluses. Corns are on top of the toes and calluses are on the bottom or ball of the foot. It's important to wear proper shoes, use pads and orthotic insoles. In extreme cases, surgery may be required. <b>Dr. Robert Gear</b> talked about TMJ. It is when the jaw hinge does not open or shut equally. It can cause swelling, inflammation and headaches. It's important to make sure the skull and the 1<sup>st</sup>/2<sup>nd</sup> Vertebrae are aligned to help with TMJ.</p>							
Doctor #253	to Doctor	28:30	28:30	REC	PA/O/E	4/27/2010	11:30 AM
<p><b>Dr. Bettye Alston</b> talked about being a healthy person. You should look at your hair, eyes, skin, hands, feet and legs to determine if the inside of your body is healthy. You should not be bloated, constipated or have diarrhea. It's important to eat healthy foods and to stay hydrated. <b>Dr. Bob DeMaria</b> talked about female hormones. There can be too much estrogen and a vitamin B deficiency. High levels of copper mean low levels of zinc. Drink plenty of water, daily exercise, eat plenty of protein, avoid sugar and get plenty of sleep. <b>Dr. Randy Brinson</b> talked about Inflammatory Bowel Disease. There is Ulcer Colitis, which is inflammation on the surface of the colon. Then there is Crohn's Disease, which is inflammation all the way through the colon. Medications and surgery are options for treatment.</p>							
Doctor #254	to Doctor	28:30	28:30	REC	PA/O/E	5/4/2010	11:30 AM
<p><b>Dr. Gene James</b> talked about reducing body fat. Extra calories consumed are stored in the body as fat. It's important to reduce the amount of calories being taken in. Exercise, drinking plenty of water and eating more fruits and vegetables can also help. <b>Dr. Carl Schmidt</b> talked about the sweetener Stevia. It is 300 times sweeter than sugar and does not have any calories. This sweetener does not have the toxic side effects as artificial sweeteners and does not increase your appetite. <b>Dr. Shalanda Grey</b> talked about breast cancer screenings. Mammograms, self-exams and clinical exams are all important tools for detecting breast cancer. It's important to talk to your doctor about our age and family history to determine the best choices.</p>							
Doctor #255	to Doctor	28:30	28:30	REC	PA/O/E	5/11/2010	11:30 AM
<p><b>Dr. Dino Prato</b> talked about chronic disease. It's important to think outside of the box and look at what's causing the disease rather than dealing with the symptoms. It's also important to learn about the disease and create a plan to either prevent or reverse it. <b>Dr. Rick Barrett</b> talked about how it's important to take care of the spine and spinal cord because it affects the nervous system. The nervous system is responsible for sending signals to all organs and throughout the body. It's important to have the spine checked to make sure everything is functioning properly. <b>Dr. Terry Overton</b> talked about knee injuries. The knee is a hinged joint made for stability not mobility. It is often injured depending on the sport. It is important, after an injury, for it to be tested for stability.</p>							

<i>Issue/Problem</i>	<i>Program Program Title</i>	<i>Topic Segment Duration</i>	<i>Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
<i>Health</i>							

Doctor #256	to	Doctor	28:30	28:30	REC	PA/O/E	5/18/2010	11:30 AM
----------------	----	--------	-------	-------	-----	--------	-----------	----------

**Dr. Caroline Leaf** talked about how your words can impact your mind. Speaking negative or positive words will feedback into your brain and affect the way the brain is wiring itself. We need to be conscious of what we say because negative thoughts can create toxicity in the brain. **Dr. Ace Anglin** talked about Tailor's Bunions. It is a deformity on the little caused by a abnormal growth of the bone outward towards the shoe. It can be painful depending on inflammation. Treatments include rest, ice, compression, elevation, medication and sometimes surgery. **Dr. Robert Gear** talked about blood vessels. There is life in blood because it carries oxygen and nutrients to the body. It's important that opening are not closed by bones twisting or waste matter. Poor diet, smoking, lack of activity can cause blockage. It's important to make lifestyle modifications to keep blood flowing.

Doctor #257	to	Doctor	28:30	28:30	REC	PA/O/E	05/25/2010	11:30 AM
----------------	----	--------	-------	-------	-----	--------	------------	----------

**Dr. Eric Braverman** talked about menopause. It can often result in weight gain, drying of hair, memory loss, insomnia, fatigue, bloating and bone loss. Ginseng and other natural extracts can be used to help restore youthfulness. **Dr. Honeycutt** talked about obesity. It's is determined by having a body mass index 30 or greater. It can lead to diabetes, heart disease and high blood pressure. It's important to exercise, manage stress and eat right. **Dr. Clark Gerheart** talked about basic healthcare. It includes nutrition, clean water, control infection and prevent injury. It's important to have plenty of fiber, protein and water.

Doctor #258	to	Doctor	28:30	28:30	REC	PA/O/E	06/01/2010	11:30AM
----------------	----	--------	-------	-------	-----	--------	------------	---------

**Dr. Gerard Guillony** talked about inflammation. It can speed up our aging and be an increased risk factor for a heart attack. It's important to not eat trans or saturated fat and instead eat omega 3 fats. Eat foods with a low glycemic index and a high anti-inflammatory compounds. **Dr. Hale Akamine** talked about child discipline. When children are being disciplined they will try to change the situation, change you and then change themselves. Age appropriate time outs don't begin until the child is absolutely quiet. Parents should seek professional help if assistance is needed. **Dr. Lisa Akbari** talked about seasonal hair problems. The scalp and hair can become dehydrated resulting in itchy/tender scalp and split end. The hair needs to be hydrated. It's important to shampoo with a ph of 4.5-5.5 and moisturize daily.

Doctor #259	to	Doctor	28:30	28:30	REC	PA/O/E	06/08/2010	11:30AM
----------------	----	--------	-------	-------	-----	--------	------------	---------

**Dr. Bob DeMaria** talked about Trans fat or partially hydrogenated oils. It can cause confusion in the body which leads to inflammation. Then the cholesterol levels elevate to produce cortizone. Some healthier oils are flax seed, olive and coconut. **Dr. Malcolm Hill** talked about God's system of health. It's important to be proactive in regards to your health and not listen to false advertisements. Nutrition, exercise, water, sunlight, air, sleep and positive thinking are ways to improve your health. **Dr. Carl Schmidt** talked about water. There is distilled, reverse osmosis, and ionized water. It's important to check that the good minerals are not taken away with the bad. Minerals are important for functions in the body.

<i>Issue/Problem</i>	<i>Program Program Title</i>	<i>Topic Segment Duration</i>	<i>Duration</i>	<i>Source</i>	<i>Type</i>	<i>Air-Date</i>	<i>Time</i>
----------------------	----------------------------------	-----------------------------------	-----------------	---------------	-------------	-----------------	-------------

*Health*

Doctor #260	to Doctor	28:30	28:30	REC	PA/O/E	06/15/2010	11:30AM
----------------	-----------	-------	-------	-----	--------	------------	---------

**Dr. Christopher Chin** talked about exercise and a heart healthy lifestyle. It increases bloodflow, circulation, heart rate and metabolic rate. It reduces inflammation and blood pressure. It should be done 4 times a week, 4 miles per hour and for 40 minutes. **Dr. Teresa Carlson** talked about Ocular disease. It affects the tissue in the eye and lid which lead to dystrophies that can be inherited or due to environmental factors. Cataracts, Keratoconus, and Glaucoma are types of vision problems. It's important for an annual eye exam and preventative eye care. **Dr. Ace Anglin** talked about foot, ankle and leg cramps. It can be caused by a tendon or electrolyte imbalance. Intermittent Claudication can cause pain, heaviness and tightness in muscles. Often pain is ignored but needs to be seen by a physician, podiatrist or orthopedist.

Doctor #261	to Doctor	28:30	28:30	REC	PA/O/E	06/22/2010	11:30AM
----------------	-----------	-------	-------	-----	--------	------------	---------

**Dr. Dino Prato** talked about lyme disease. Borrelia is the infection caused by a tick and followed by a bull's eye rash. It can cause joint pain, memory problems, digestive issues and hormone imbalances. It is important to be tested by a lyme literate doctor because it can mimic 300 other diseases. **Dr. Sheryl Strom** talked about allergies. They create an infection in the sinus that can result in nasal congestion, drippy nose and post nasal drip. It's important to build up the immune system and clean the sinuses with a saline solution. **Dr. Dale Peterson** talked about insomnia. It is a difficulty getting and staying asleep. It can result in being tense, difficulty handling stress, excessive day time sleepiness, stomach problems and high blood pressure. It's important to have a dark, cool and noise free environment to help you fall asleep and to get 8 hours a night.