

**WTCE-TV 21**  
**WTCE-DT 38**  
**QUARTERLY REPORT**  
**JANUARY, FEBRUARY, MARCH 2009**

**WTCE-TV 21 AND WTCE-DT 38 FORT PIERCE, FLORIDA  
PROGRAMS PERTAINING TO LEADING  
COMMUNITY PROBLEMS/ISSUES FOR  
JANUARY, FEBRUARY, MARCH 2009**

**ENVIRONMENT**

**EMPLOYMENT**

**HEALTH**

**CRIME**

**SUBSTANCE ABUSE**

**CIVIC AFFAIRS**

**THE FOLLOWING ISSUES ARE ALSO INCLUDED  
IN SUPPORT OF COMMUNITY INTEREST PROGRAMMING**

**GANGS  
SENIORS**

**THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF WTCE-TV 21 AND WTCE-DT 38 PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FIRST QUARTER: JANUARY, FEBRUARY, MARCH 2009**

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
ENVIRONMENT	JOY IN OUR TOWN #635	28:30	13:00	L	PA/O			
						Today, host Marina Santos talks with Florida Department of Agriculture spokesman Mark Fagan about Citrus Canker. Mr. Fagan explained what is Citrus Canker and what are the problems associated with citrus canker on the Treasure Coast. He discussed why these situations are problematic and what challenges the Agricultural Department has had in controlling Citrus Canker. Mr. Fagain talked about some recent studies about Citrus Canker and what they've shown. Finally, Mr. Fagan offered an explanation as to why Citrus Canker is so hard to control and contain.	01/02/09	1:00 PM
							01/03/09	3:30 AM
							01/05/09	11:30 AM
							01/06/09	3:30 AM
							01/08/09	3:30 AM
							01/08/09	12:00 PM
							01/15/09	12:00 PM
JOY IN OUR TOWN #636	28:30	13:00	L	PA/O				
					Today, host Marina Santos talks with Jim Lang, Senior Environmental Scientist for the South Florida Water Management District about Advanced Wetland Treatment. Mr. Lang explained what is a wetland and what the problems are associated with them. He discussed why these situations are problematic to the environment. He also talked about the Northern Everglades and Estuaries Protection Program and what new strategies are being implemented by the Water Management District. Mr. Lang also explained why we do not want nutrients like phosphorous to flow into Lake Okeechobee and what the result of this practice have been. He also explained why watersheds and wetlands are important to the Treasure Coast area.	01/09/09	1:00 PM	
						01/10/09	3:30 AM	
						01/12/09	11:30 AM	
						01/13/09	3:30 AM	
						01/15/09	12:30 PM	
						01/22/09	12:30 PM	
JOY IN OUR TOWN #639	28:30	13:00	L	PA/O				
					On today's show host Marina Santos talks with Natural Resources Agent Ken Gioeli from the University of Florida about pollution prevention. Mr. Gioeli explained the ecological problems associated with maintaining a garden and its possible polluting affects on the lands around it. He spoke on how fertilizers and pesticides can be harmful to the environment even in a small garden, and offered some safe alternatives. He spoke on various other sources of pollutants and activities that gardeners usually take for granted like excessive watering and grass clippings.	01/30/09	1:00 PM	
						01/31/09	3:30 AM	
						02/02/09	11:30 AM	
						02/03/09	3:30 AM	
						02/05/09	3:30 AM	
						02/05/09	12:00 PM	
						02/12/09	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ENVIRONMENT</b>							
	JOY IN OUR TOWN #643	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks with Sandra Bogan, Education Manager of the St. Lucie County Oxbow, and J.P. Gellerman, Extension Agent from the University of Florida about Alternate Fuels and Energy Conservation. Ms. Bogan discussed the problems associated with using traditional fuels and why the changes to alternative fuels and conservative methods are so important. Mr. Gellerman explained renewable energy sources and gave some good examples. Mr. Gellerman also spoke about the problems that a simple incandescent light bulb poses. Ms Bogan also spoke about the impact of fuel alternatives compared to fossil fuels on the environment and what new technologies in energy conservation are on the horizon. The guests also gave suggestions on how to conserve energy around the home right now and what is the biggest user of electricity in our homes today and how to use them more efficiently.					03/12/09 03/24/09 03/26/09	12:30 PM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #645	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Linette Trabulsy, Public Information Officer for the South Florida Water Management District about Water Conservation. Ms. Trabulsy explained where we get our water supply from and how much rainfall do we get each year as well as how much rainfall we lose to evaporation before we can even utilize it. She discussed when the rainy season is in Florida and when the highest demand for water is. She spoke about why it is important to conserve and how much water the average resident uses. She gave advice on how residents can conserve water both indoors and outdoors.					03/13/09 03/14/09 03/16/09 03/17/09 03/19/09 03/19/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:00 PM
<b>EMPLOYMENT</b>							
	JOY IN OUR TOWN #643	28:30	13:00	L	PA/O		
	On today's show, host Jennifer Richardson talks with Workforce Solutions' President and CEO Gwenda Thompson about the Unemployment Rate. Ms. Thompson explains the current unemployment crisis in St. Lucie County and the Treasure Coast as well as the expected trend for these regions in the coming year. She described which industry sectors are experiencing the most unemployment and who is counted as employed or not and who is considered to be in the labor force. Ms. Thompson discussed the basic concepts on employment and unemployment and explained how high unemployment figures affect a region.					03/12/09 03/24/09 03/26/09	12:30 PM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EMPLOYMENT</b>	JOY IN OUR TOWN #644	28:30	13:00	L	PA/O		
	Today, host Jennifer Richardson talks with Michael Waninger, Vice President of Workforce Solutions, about Industrial Diversity. Mr. Waninger talked about industrial diversity in St. Lucie County and why these situations are problematic. Mr. Waninger discussed how current economic factors weigh in on diverse career opportunities. He discussed the ratio of high/average pay jobs compared to Minimum wage jobs on the Treasure Coast. Mr. Waninger discussed the type of industrial diversity that regions usually strive for, how diverse they should be, and how a region can become more diverse. He also discussed the challenges that await a region which is trying to add diversity to its Industrial Structure.					03/06/09	1:00 PM
						03/07/09	3:30 AM
						03/09/09	11:30 AM
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						03/12/09	3:30 AM
						03/12/09	12:00 PM
	JOY IN OUR TOWN #645	28:30	13:00	L	PA/O		
	On today's show, host Jasmine Mcfayden talks with Toyanna Platt, Branch Manager for Workforce Solutions about Dislocated Workers. Ms. Platt explained how Treasure Coast employees are faring through the current lay-offs and downsizing trends. She explained what is meant by the term Dislocated Worker and how they can get help with training for a new job. Ms. Platt discussed how good employees can avoid becoming a part of a company's downsizing plans and how a recently dislocated worker can collect unemployment and still go to school. Ms. Platt talked about what happens to a dislocated employees retirement and health benefits and how they can continue health coverage until they get another job.					03/13/09	1:00 PM
						03/14/09	3:30 AM
					03/16/09	11:30 AM	
					03/17/09	3:30 AM	
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					03/19/09	12:00 PM	
JOY IN OUR TOWN #646	28:30	13:00	L	PA/O			
On today's show, host Jennifer Richardson talks with Workforce Solutions' Vice President Michael Waninger about Early Retirement. Mr. Waninger explained the problems that seniors are experiencing in today's turbulent workplace. He described the current trend for employed seniors in a downsize minded workforce and how they are fairing. Mr. Waninger described the benefits and drawbacks of early retirement and how seniors can avoid being a part of downsizing plans. He also talked about the challenges that await seniors re-entering the workplace.					03/20/09	1:00 PM	
					03/21/09	3:30 AM	
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					03/26/09	3:30 AM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EMPLOYMENT</b>							
	JOY IN OUR TOWN #647	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks about Seasonal and Temporary Employment with Deborah Davis of Workforce Solutions. Ms. Davis explained how impacting seasonal employment is on a region once the season ends and how those layoffs affect the unemployment rate. She spoke about the current unemployment situation on the Treasure Coast and how much we rely on seasonal workers. Ms. Davis explained what defines a seasonal or temporary employee and how many seasonal employees are active on the Treasure Coast. She also gave insite on the types of companies who favor hiring temps or seasonal workers. She also spoke about the current diversity of St. Lucie County employment oportunities.					03/27/09 03/28/09 03/30/09 03/31/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM
<b>HEALTH</b>							
	JOY IN OUR TOWN #636	28:30	13:00	L	PA/O		
	Today, host Marina Santos talks with Treasure Coast HIV Program Director Dawn Jones from the St. Lucie County Department of Health about HIV Awareness. Ms. Jones explained the current state of HIV on the Treasure Coast and the problems associated with HIV. She also talked about why these situations problematic. She explained the difference between HIV & AIDS as well as the difference between HIV-1 and HIV-2. Ms. Jones discussed how HIV is transmitted and where residents can learn more about HIV and prevention methods. She also talked about the myths and truths concerning mosquitoes transmitting HIV and if you can contract HIV from casual contact.					01/09/09 01/10/09 01/12/09 01/13/09 01/15/09 01/22/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 12:30 PM 12:30 PM
	JOY IN OUR TOWN #638	28:30	13:00	L	PA/O		
	Today, host Teresa Bishop talks with Pediatric Nursing Supervisor Keesha Wynn, R.N. of the Indian River Health Department about Pre-teen Vaccinations. Ms. Wynn explained some problems concerning preteens and their health as well as what vaccines are currently included in the typical inoculation visit. Ms. Wynn explained the Tdap Vaccine and its purpose as well as deciphering the MCV4 vaccine. Ms. Wynn discussed why it is important for preteens to receive these inoculations and why they shouldn't wait. She also explained the reasons for concern of giving young adults so many vaccines. She also discussed why 'boosters' are necessary and how often should they be done.					01/23/09 01/24/09 01/26/09 01/27/09 01/29/09 01/29/09 02/05/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:00 PM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<b>HEALTH</b>	JOY IN OUR TOWN #639	28:30	13:00	L	PA/O			
	Today, host Teresa Bishop talks with Mary Beth Drawbaugh, ARNP, RNC, and Maureen Ryan, RN of the Martin County Health Department about HPV and Cervical Cancer. Ms. Drawbaugh explained the problems associated with Human Papillomavirus and how many strains of HPV there are. Ms. Ryan explained what the Health Department is doing to control HPV. The guests talked about the HPV vaccine and discussed why this vaccine is included in routine pre-teen vaccinations. Ms. Drawbaugh explained how HPV is connected to Cervical Cancer and how the HPV vaccine protects women against cellular growth that causes cancer.						01/30/09	1:00 PM
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							02/05/09	12:00 PM
							02/12/09	12:30 PM
	JOY IN OUR TOWN #641	28:30	13:00	L	PA/O			
	Today, host Marina Santos talks with Clinical Pharmacist Dr. William Terneus from Indian River Medical Center about Heart Health. Mr. Terneus explained certain conditions that may affect the health of a person's heart. He explained coronary disease and good and bad cholesterol and how to tell the difference. He discussed the aspirin myth and how effective medications can be in keeping a healthy heart. He also explained the effectiveness of name brand medications vs. generic. Dr. Terneus warned patients about mixing prescription drugs and how arthritis medications and lead to heart attack or stroke.						02/13/09	1:00 PM
						02/14/09	3:30 AM	
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						02/19/09	12:00 PM	
						03/05/09	12:30 PM	
JOY IN OUR TOWN #642	28:30	13:00	L	PA/O				
Today host Marina Santos talks with St. Lucie county environmental health administrator James Moses about household pollutants. Mr. Moses explained the role and function of environmental health and what kind of health hazards we have right under our kitchen and bathroom sinks. He explained how these items can be safe in our homes but not the environment. He discussed the major sources of Pharmaceuticals and personal care products as pollutants and the health risks associated with them. Mr. Moses talked about the overall scientific and health concerns about pharmaceuticals becoming contaminants and where they are mostly found. Finally, Mr. Moses discussed the proper methods of unwanted pharmaceutical disposal.						02/20/09	1:00 PM	
						02/21/09	3:30 AM	
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<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CRIME</b>	JOY IN OUR TOWN #637	28:30	13:00	L	PA/O		
	Today, host Teresa Bishop talks with Port St. Lucie Police Department Detective Jim Jones about Scams and Frauds. Det. Jones explained what a typical scam is that is currently being used on the Treasure Coast and how problematic this situation has become. Det. Jones also talked about how scams and frauds are linked to tough economic times and how the Port St. Lucie Police Department is handling scams and fraudulent activity. Det. Jones discussed how a resident can protect themselves from being a victim of a scam and how the local police authorities handle such scams as mail fraud, internet, and phone scams. He also explained what the best reaction is if you think you are the target of a door-to-door scam and what are some tips to spotting a scam before it is too late.					01/16/09	1:00 PM
						01/17/09	3:30 AM
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						01/20/09	3:30 AM
						01/22/09	3:30 AM
						01/22/09	12:00 PM
						01/29/09	4:00 AM
						01/29/09	12:30 PM
	JOY IN OUR TOWN #638	28:30	13:00	L	PA/O		
Today, host Teresa Bishop talks with Community Programs Supervisor Sgt. Rod Dobler about Crimes of Opportunity. Sgt. Dobler explained what is meant by the term "crime of opportunity" and how impacting this problem is on the Treasure Coast Area. Sgt. Dobler explained what is the most problematic crime of opportunity the Port St. Lucie Police Department is currently dealing with and what the most common opportunities are that potential criminals look for. Sgt. Dobler talked about who is more at risk of being a target of an opportunistic crime - youth or elderly. Sgt. Dobler also gave good advice to residents on how they can help to curtail this activity.					01/23/09	1:00 PM	
					01/24/09	3:30 AM	
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					01/29/09	3:30 AM	
					01/29/09	12:00 PM	
					02/05/09	12:30 PM	
JOY IN OUR TOWN #640	28:30	13:00	L	PA/O			
On today's show Host Annette Bracero talks with Ft. Pierce Police Capt. Frank Amadro and Crime Analyst Jessica Scheiter about domestic violence. Capt. Amadro and Ms. Scheiter explained the state of domestic violence as it exists in Ft. Pierce today, including what kinds of actions are considered to be domestically violent. The guests spoke about the role and requirements of the police in domestic violence cases. Ms. Scheiter explained that domestic violence is not economically or racially specific, all relationships are subject to the possibilities of domestic violence. Ms. Scheiter also spoke on legal remedies and places to turn for help.					02/06/09	1:00 PM	
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					02/12/09	3:30 AM	
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					02/19/09	4:00 AM	
					02/19/09	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CRIME</b>	JOY IN OUR TOWN #646	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Chief Assistant State Attorney Tom Baakedahl about Capital Crimes and Punishment. Mr. Baakedahl explained the state of capital crimes committed on the Treasure Coast and how that statistic fares with the rest of Florida and the Nation. Mr. Baakedahl explain the definition and nature of a capital crime and how they are enforced and punishable. He discussed who determines the appropriate penalty for a given crime and how and in what instances may those penalties vary. He spoke on the death penalty and its percieved deterrent to violent crime and how the State Attorney arrives at the decision to seek the death penalty. Mr. Baakedahl talked about the average time a criminal may spend on Death Row and the delay between the time a defendant recieves a death sentence and its imposition.					03/20/09	1:00 PM
						03/21/09	3:30 AM
						03/23/09	11:30 AM
						03/26/09	3:30 AM
<b>SUBSTANCE ABUSE</b>	JOY IN OUR TOWN #637	28:30	13:00	L	PA/O		
	Today, host Teresa Bishop talks with Officer Paul Griffith of the Port St. Lucie Police Department about Keeping Kdis Safe From Drugs. Ofc. Griffith explained what the current state of youth related Substance abuse is on the Treasure Coast and what the problems are that are associated with youth Substance Abuse. Ofc. Griffith discussed what the percentage is of youth crime that is drug related and why teens turn to drugs and alcohol. He also discussed what age groups seem to be most affected by substance abuse and why. Ofc. Griffith talked about the DARE program and the benefits to our local businesses and corporations to support the D.A.R.E. Program.					01/16/09	1:00 PM
						01/17/09	3:30 AM
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						01/22/09	12:00 PM
						01/29/09	4:00 AM
						01/29/09	12:30 PM
	JOY IN OUR TOWN #640	28:30	13:00	L	PA/O		
	Today host Annette Bracero talks with Jerome Rhyant of the Love Center Regeneration ministries about drug addiction and rehabilitation. Mr. Rhyant discussed the current state of substance abuse on the treasure coast and the problems being created because of it. Mr. Rhyant answered why addicts can't just quit on their own and how psychological addiction differs from physical addictions. He discussed the importance of the family in drug or alcohol addiction treatments. Mr. Rhyant talked about the length of time needed for rehab and the success rate of substance abuse therapy. Mr. Rhyant also spoke about the challenges that recovering addicts face while moving forward in life.					02/06/09	1:00 PM
						02/07/09	3:30 AM
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						02/12/09	12:00 PM
						02/19/09	4:00 AM
						02/19/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>SUBSTANCE ABUSE</b>							
	JOY IN OUR TOWN #642	28:30	13:00	L	PA/O		
	Taody, host Sebrena Clark talks with Sgt. Don Christman of the Ft. Pierce Police Department about Prescription Drug Abuse. Sgt. Christman explained the issues and challenges associated with the abuse of prescription drugs and the current state of prescription drug abuse in our community. Sgt. Christman explained how prescription drugs can be used in a manner that is inconsistant with how the drugs were intended and which drugs those tend to be. He also spoke about the survelience effort to minimize and prevent prescription drug abuse and how effective these measures have been.					02/20/09	1:00 PM
						02/21/09	3:30 AM
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						03/05/09	3:30 AM
						03/05/09	12:00 PM
	JOY IN OUR TOWN #647	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Kim Thomas, assistant program coordinator for the Executive Roundtable about Under Age Drinking. Ms. Thomas explains the state of underage drinking in St. Lucie County and how it compares to the rest of the state. She describes the problems that this activity causes in our community and what educational tools are being utilized in an attempt to stop under age drinking. She spoke about what residents can do to help and what 'underage' really means. She explained where the youths are getting the alcohol and the effect of drinknig onthe teenage brain.					03/27/09	1:00 PM
						03/28/09	3:30 AM
						03/30/09	11:30 AM
						03/31/09	3:30 AM
<b>CIVIC AFFAIRS</b>							
	JOY IN OUR TOWN #635	28:30	13:00	L	PA/O		
	Today, host Marina Santos talk with Peter Bushwald, Executive Director for the Transportation Planning Organization for St. Lucie County. Mr. Bushwald explained what types of problems is St. Lucie County currently experiencing with transportation and what other factors may compound this issue. He discussed what types of considerations are made when planning a transportation project and he describes what a typical roadway study may reveal. Mr. Bushwald talked about some future new roads that the County is considering and the benefits of upgrading our roadways. He also talked about some alternative transportation modes the County is looking into and when we might expect to see these changes.					01/02/09	1:00 PM
						01/03/09	3:30 AM
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						01/08/09	3:30 AM
						01/08/09	12:00 PM
						01/15/09	12:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CIVIC AFFAIRS</b>							
	JOY IN OUR TOWN #641	28:30	13:00	L	PA/O		
	On today's show host Annette Bracero talks with Jerome Rhyant from the Economic Development Center in Ft. Pierce. Mr. Rhyant discussed the types of problems St. Luce county is experiencing with economic development and why these situations are problematic. He spoke on what factors contribute to the issue of poor economic development and how it affets a community. He gave some examples of a proper economic development plan and why these plans succeed where others fail. Finally he spoke on wht is needed to turn the situation in St. Lucie county around to be more positive.					02/13/09 02/14/09 02/16/09 02/17/09 02/19/09 02/19/09 03/05/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:00 PM 12:30 PM
	JOY IN OUR TOWN #644	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Mark Satterlee, St. Lucie County's Growth Management Director, about Growth Management. Mr. Satterlee explained what growth management is and why growth management strategies are necessary. He spoke about the difficulties in manageing the growth of St. Lucie County and in what instances tose situations have proven to be problematic. Mr. Satterlee discussed what a comprehensive plan means and how often it is revised and why is may be revised. He explained an Urban Growth Area and where they are in the county. He discussed the growth managment goals of the county and the new trends in Growth Management.					03/06/09 03/07/09 03/09/09 03/10/09 03/12/09 03/12/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:00 PM
<b>GANGS</b>							
	JOY IN OUR TOWN #630	28:30	13:00	L	PA/O		
	Today host Annette Bracero talks with Ft. Pierce Police Sgt. Dennis McWilliams about protecting children from gang involvement. Sgt. McWilliams explained the types of activity gangs are common associated with and how to tell if a child you know may be involved in a gang. He discussed the trend we seem to be seeing of gangs in upscale communities. He also discussed methods of keeping gangs out of other neighborhoods. Sgt. McWilliams talked about how our kids are lured into gangs and how increased parental involvement could help.					01/01/09	12:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>GANGS</b>	JOY IN OUR TOWN #634	28:30	13:00	L	PA/O		
	Today host Marina Santos talks with St. Lucie County School Board Safety and Security Officer Mark Woods about gang recruitment. Mr. Woods discussed the types of gangs that are forming on the Treasure Coast. He spoke about the rising trend of female members in gangs. He also spoke about the differences between suburban gangs and inner-city gangs. Mr. Woods spoke on the predictable profile of a typical gang member and their recruitment tactics. He also spoke on the meanings of gang signs, symbols, tattoos, and graffiti.					01/01/09	12:30 PM
						01/08/09	12:30 PM
<b>SENIORS</b>	JOY IN OUR TOWN #630	28:30	13:00	L	PA/O		
	Today host Annette Bracero talks with Florida Department of Children and Families Nicholas Cocoves about Elder Abuse. Mr. Cocoves explained the term elder abuse and that it is not exclusively physical. He discussed the problematic nature of elder abuse and how it happens. He also talked about some warning signs of neglect and even self neglect. Mr. Cocoves discussed what to do if someone suspects elder abuse in their community. He also spoke on how to identify seniors who are at risk for abuse.					01/01/09	12:00 PM
	JOY IN OUR TOWN #634	28:30	13:00	L	PA/O		
	Today host Marina Santos talks with Michael Fowler from Estate, Trust, and Elder Law about Long Term Care Planning. Mr. Fowler discussed the problems seniors are dealing with concerning long term care and why these situations turn problematic. He talked about how the new medicare rules affect senior applicants and how seniors are fairing and compensating for a lack of medicare coverage. He also spoke about veterans benefits. Mr. Fowler talked about some planning techniques and why it is not advisable for seniors to make gifts to divest themselves. He also spoke about how seniors can assure themselves proper long term care coverage.					01/01/09	12:30 PM
						01/08/09	12:30 PM

**WTCE-DT 38**  
**QUARTERLY REPORT**  
**APRIL, MAY, JUNE 2009**

**WTCE-DT 38 FORT PIERCE, FLORIDA  
PROGRAMS PERTAINING TO LEADING  
COMMUNITY PROBLEMS/ISSUES FOR  
APRIL, MAY, JUNE 2009**

**HEALTH**

**ECONOMY**

**EDUCATION**

**FAMILY**

**PUBLIC SAFETY**

**CIVIC AFFAIRS**

**THE FOLLOWING ISSUES ARE ALSO INCLUDED  
IN SUPPORT OF COMMUNITY INTEREST PROGRAMMING**

**EMPLOYMENT**

**SUBSTANCE ABUSE**

**CRIME**

**SENIORS**

**THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF WTCE-DT 38  
PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT  
LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC  
REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE  
SECOND QUARTER: APRIL, MAY, JUNE 2009**

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	JOY IN OUR TOWN #649	28:30	13:00	L	PA/O		
	Clinical Depression is more than just a simple case of the 'blues'. It is a serious affliction that affects 19 million Americans in any given year. Today, host Jasmine McFayden talks with Dr. Charles Buscema of New Horizons Mental Health Center of St. Lucie County about <i>Depression</i> . Dr. Buscema explains what depression really is, its symptoms and causes. He discusses the challenges in keeping a good mental outlook and how men and women differ in their symptoms. Dr. Buscema also talks about specific types and physical aspects of depression as well as the connection between depression and physical illness.					04/13/09	11:30 AM
						04/16/09	12:30 PM
	JOY IN OUR TOWN #653	28:30	13:00	L	PA/O		
Statistically, one of every two sexually active persons will contract an STD or STI by the age of 25. An estimated 65 million US residents are currently living with a viral STD/STI. Today, host Teresa Lurry talks with Martin County Health Department's Dr. Karen Thomas and Shirley Bolden-Cureton from the St. Lucie County Health Department about <i>STD Awareness</i> . Dr. Thomas explains the challenges involving STD's that health officials are currently dealing with on the Treasure Coast and identifies the most common STD in our area. Ms. Bolden-Cureton discusses the best prevention against contracting an STD and what to do if a person suspects they may have an Sexually Transmitted Infection. Dr. Thomas talks about how many Treasure Coast residents are currently exposed to an STD. The guests also speak about some common myths and truths of STD's.					05/08/09	1:00 PM	
						05/09/09	3:30 AM
						05/11/09	11:30 AM
						05/12/09	3:30 AM
						05/14/09	12:30 PM
	JOY IN OUR TOWN #655	28:30	13:00	L	PA/O		
Out of money and out of time? What can a person do to maintain a healthy, yet budgeted diet. Today, host Teresa Lurry talks with Dr. Stefan Flink about <i>Nutrition On A Budget</i> . Dr. Flink explains the nutritional consequences of a poor diet and how long it takes before we start to see those damages manifest in our health. Dr. Flink describes eating right and how we can identify healthy and non-healthy foods when we see them. He discusses the healthy foods people often do without when budgets get tight and what non-healthy foods are used as a quick replacement. He describes a good low cost solution for a budget conscious diet and where the best places are to buy healthy foods. Dr. Flink also tackles the subject of why some people claim to feel worse after they start on a healthier life style and how long it takes to see significant changes.					05/22/09	1:00 PM	
						05/23/09	3:30 AM
						05/25/09	11:30 AM
						05/01/56	3:30 AM
						05/28/09	3:30 AM
						05/28/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	JOY IN OUR TOWN #657	28:30	13:00	L	PA/O		
	Over 40 million Americans are affected by the chronic pain and activity limitations of <i>Arthritis</i> . An ailment that not only affects seniors, Juvenile Arthritis is also a common childhood disease. Today, host Jennifer Richardson talks with Dr. Alastair Kennedy of the Indian River Medical Center about Arthritis. Dr. Kennedy explains the cause of arthritis and who is at risk. He discusses the most common types of arthritis and what a person should do if they suspect that they have arthritis. Dr. Kennedy speaks about the diagnosis of arthritis and what the CDC recommends for those who have it. Dr. Kennedy also talks about prevention possibilities and treatments.					06/05/09 06/06/09 06/08/09 06/09/09 06/11/09 06/11/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #659	28:30	13:00	L	PA/O		
	On average, every 45 seconds someone in America has a Stroke. 163,000 people will die of Stroke this year making it the 3rd leading cause of death in the US. Today, host Jennifer Richardson talks with Dr. S. James Shafer and Lisa Stahlheber from Indian River Medical Center about <i>Stroke Awareness</i> . Dr. Shafer explained the different kinds of Stroke and the warning signs. Ms. Stahlheber advises what to do if you think you may be having a Stroke and if a Stroke can be prevented. Dr. Shafer discusses the major complications of Stroke and any hereditary factors. Age, gender, and ethnicities are also discussed as other potential Stroke factors.					06/19/09 06/20/09 06/22/09 06/23/09 06/25/09 06/25/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	700 Club CBN NewsWatch ##040809	1:00:00	6:00	REC	PA/O/E		
	Lori Johnson, CBN News Reporter, says fad diets are popular because you do lose weight at first, but they're nearly impossible to stick to, so you gain back the weight. Nutritionist Joy Bauer says the diet that you can and should stick to for the rest of your life is one that promotes overall good health. Aim for nine servings of fruits and vegetables a day. The best cancer-fighting foods are colorful. Get a gorgeous complexion with beta carotene. And for your heart, the best foods are omega-3 fats. The amount of water you need to drink varies on your size, the climate, how much you perspire and the foods you eat. For instance produce contains a lot of water so you don't need to drink as much. But generally you should drink 64 ounces each day.					04/08/09	3:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	700 Club CBN NewsWatch ##042209	1:00:00	5:00	REC	PA/O/E		
	Lori Johnson, CBN News reporter, says hospital errors such as infections, surgical slip-ups and medication mistakes claim the lives of thousands each year. The good news is there are lots of things patients themselves can do to drastically minimize the chance of becoming the victim of hospital error. The most important thing is knowledge. Learn as much as you can about the reason you're being hospitalized and learn as much as possible about your treatment plan. Ask questions and if you don't understand the answer continue asking until you do. Be sure that you understand exactly how much of which medications you need to take, and when. Good communication is essential in the prevention of hospital errors. If a patient has blood work, cultures or an X-ray, he or she should ask about the results. Unfortunately, there is no national "scorecard" that rates hospital patient safety scores.					04/22/09	3:00 PM
	700 Club CBN NewsWatch ##050609	1:00:00	5:00	REC	PA/O/E		
	Gailon Totheroh, CBN News Science & Medical Reporter, reports that the prospect of surgery usually causes fear, if not outright panic, for many patients. But what if doctors didn't have to make a single cut? A procedure is being tested that uses high-tech images and beams of sound to do the cutting. It's known as "focused ultrasound surgery" and some believe it to be the greatest leap in medicine since the scalpel. Surrounded by a standard MRI machine, the patient lies down with the ultrasonic surgery device immediately below the abdomen. The multiple ultrasound beams come up from there and destroy the fibroid tissue with controlled heat. Everything on the monitors is color coded. For instance, the blue spots are areas of the tumor already done; the green circles are future targets; and the red circles tell that an area is too close. Despite that 2004 FDA approval, insurance companies aren't paying. Patients can expect to pay more than \$10,000 out of pocket. In other words, focused ultrasound is unique in that the procedure could be used time and again to keep cancer in check. Radiation and invasive surgeries have a narrow limit because of the collateral damage they produce. One potential heart application is to zap life-threatening clots blocking blood vessels. Another possibility is using the ultrasound beams to pinpoint and release injected medicine. That is, medicine can be micro-encapsulated in heat-sensitive "envelopes." The ultrasound is focused right where it's needed with just enough heat to dispense the drug, herb, or nutrient -- fighting tumors or promoting healing of many kinds. The medicine is released no where else and the rest of the body remains free of side effects.					05/06/09	3:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	700 Club CBN NewsWatch ##061009	1:00:00	5:00	REC	PA/O/E		
	Gailon Totheroh, CBN News Science & Medical Reporter, a number of leading doctors, especially cardiologists, are especially keen on this quartet consisting of magnesium, Coenzyme Q10, carnitine, and ribose. In medical circles, magnesium is often overlooked. For instance, magnesium as an intravenous (IV) drip used to be a standard and effective treatment following heart attack. In that same intravenous form, magnesium has also demonstrated effectiveness following concussions. Supplements are the most reliable way to get magnesium, but a diet rich in broccoli, peanuts, halibut, plantains, and leafy greens not only provides magnesium but many other nutrients as well. Another of the fantastic four is Coenzyme Q10, widely known and available in supplement form. It not only helps the body make ATP but serves as an antioxidant as well. We get small amounts of CoQ10 from foods such as beef, chicken, herring, and canola oil. That may be enough for many people. CoQ10 becomes especially important for those taking certain drugs which interfere with its production. Those pharmaceuticals include statins, beta blockers, some blood pressure medications, and all hypoglycemic agents used for Type II diabetes. The third energy booster is L-carnitine. Carnitine is found in the highest concentration in tissues that use fats as a primary fuel. Not surprisingly, that means the heart as well as skeletal muscles. In other words, cardiology and exercise applications are the most common. Some carnitine is found in beef, pork, and cow's milk. For battling diseases, a dose of several hundred milligrams is often recommended. Finally, there's a relatively new kid on the block: ribose. Though other sugars are burned for body fuel, this six-sided sugar is not. Ribose actually provides the raw material for the central portion of the ATP molecule. Another aspect is that ribose works quickly - in about half an hour after consumption. That speed of action helps enable longer workouts. This could be especially useful for the frail elderly who may need a boost to exercise at all. Others who could benefit include young moms whose heart valves don't have the energy to close properly (mitral valve prolapse) and anyone trying to exercise longer for better workouts. On a foundation of omega-3 fats, increasing evidence shows that magnesium, Coenzyme Q10, carnitine, and ribose can combine to fight disease and help people feel energized. And that could be a true awesome foursome for better health.					06/10/09	3:00 PM
	Doctor to Doctor #206	28:30	28:30	REC	PA/O/E		
	Dr. Caroline Leaf talks about how our thoughts can impact our physical function. We can grow good or bad memory in the brain. Negative memory looks like thorns and can release toxins into the body. Toxins can block creativity, cause memory to be foggy and can create physical illness. It's important to choose to create positive memories. Dr. Robert Gear talks about sore feet. The foot is composed of many bones that work together through the joints and are held together by the muscles. A problem in the spine can cause problems in the muscles which can then cause problems in the feet. Dr. Carl Schmidt talks about bone health. Calcium can be leached out of the bones to help the blood to maintain a ph balance. It's important we get the right minerals, proteins and good oils for the bones. Vitamin D, Calcium, raw salads, sea plants, certain hormones, exercise and light weights can help the bones.					04/14/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>							
	#Doctor to Doctor #207	28:30:00	28:30:00	REC	PA/O/E		
	Dr. Asa Andrews talks about how healthy hearts results in healthy blood. High blood pressure can be treated with Potassium, L-Arginine, L-Citrulline, NADH, CoQ10, Vitamin B12, Folic acid, using sea salt and jumping on a trampoline. High Cholesterol can be helped by eating organic eggs and exercise. Dr. Thomas Distefano talked about the common conditions of the elbow Tennis elbow and Golfer's elbow. Symptoms are mainly pain either inside, outside or a combination. Conservative treatment for it is Anti-Inflammatory medication, physical therapy and cortisone injections. Dr. Yvonne Sanders talked about childhood obesity. Overweight and obesity causes type 2 diabetes, hypertension and high cholesterol. Children should have a consistent diet, exercise 2 hours a day, receive at least 50% to 65% of carbohydrates and 30% of lean protein to prevent overweight and obesity.					04/21/09	12:30 PM
	Doctor to Doctor #208	28:30	28:30	REC	PA/O/E		
	Dr. Gene James talked about the introduction to chiropractic, what chiropractors do and the origin. He briefly discussed the connection of the spine, nervous system and the person's health. Chiropractors assess your condition through x-ray examination, studies and what adjustments need to be done. Dr. Randy Burden talked about blood clots. If a person has been diagnosed with blood clot they may be at risk for another blood clot. Warfarin is given to patients to make their blood thinner to prevent risks. Dr. Tonya Lyons Anderson talked about Pediatric concerns with children in the dental office. Children should be taken to the dentist at age 2 because at that age children should already have 20 of their primary teeth present in the mouth. Parents should also teach their children good habits and make sure they are brushing their teeth.					04/28/09	12:30 PM
	Doctor to Doctor #209	28:30	28:30	REC	PA/O/E		
	Dr. Craig S. Travis talked about the functionality of anxiety and depression as a stress reaction. Stress is the body's emergency reaction, it's like an alarm system that we have in our body, and it's highly adaptive and very functional. The core feature of anxiety is vulnerability. Dr. Bettye Alston talked about how our body's talk to us before something catastrophic happens. You always want to get checked by your physician. Headaches or migraines increase magnesium. Drink more water, probiotics and detox get all the bad stuff out. Dr. Carolina Ceron-Canas talked about pediatric nutrition. A child should be given a hug every morning. Four hugs a day for maintenance, eight for growth and twelve to maintain that. Exercise regularly with your children. Outdoor activities give us vitamin D. Children are required about 25% of their total carbohydrates in a day just to use for their brains.					05/05/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #210	28:30	28:30	REC	PA/O/E		
	<p>Dr. David Sklar talked how to prevent injuries. Always wear your seat belts and go the speed limit when you're driving. Pedestrian injuries often occur around areas where there is a lot of walking. At each age group the risks are different and the same is true with driving. Dr. Ace Anglin talked about Bromhidrosis and Hyperhidrosis. The meanings of these two terms are sweaty and smelly feet. The increase of bacterium can cause foot odor. It's important to wear socks that are made from synthetic material it has properties that allow them to wick away moisture from the feet. Dr. Eric Braverman talked how to stay thin. The brain burns 25% to 50% of your calories if you feed your brain chemistry. Spices will build the brain chemical dopamine and cut your appetite for sugar and carbohydrates. Teas will cut your appetite for junk food and add appetite for many other important healthy foods.</p>					05/12/09	12:30 PM
	Doctor to Doctor #211	28:30	28:30	REC	PA/O/E		
	<p>Dr. Carl Schmidt talked about cold and flu preventions. People that supplement with vitamin C, a good quality supplement or multivitamin do much better. Grapefruit seed extract is in a little bottle and can be used to put in water or soap and it increases how things can be sterilized to prevent symptoms. Dr. Caroline Leaf talked about detoxing our brain through controlling our thought life. You need to evaluate what kind of thoughts you have, how many bad ones, how many if only's, how many negative things that you say and have a conscious decision to detox your thought life. Dr. Robert Gear talked about the autonomic nervous system and how it is sympathetic and parasympathetic. The sympathetic is the part that goes out of the spinal cord and in the neck. Parasympathetic is the part that comes out of the brain and out of the sacrum area. Seek doctor's consultation if you have any issues.</p>					05/19/09	12:30 PM
	Doctor to Doctor #212	28:30	28:30	L	PA/O/E		
	<p>Dr. Stefan Flink talked about chiropractic adjustment and how a thrust is put upon the spinal cord or spinal column. Activator methods are used in an instrument and this is a hand held instrument its either manual operated or they come in an electrical which is more a sensor that allows doing a quicker adjustment. Dr. Dale Peterson talked about multiple sclerosis. Symptoms are brief episode of blurred or double vision, vague numbness or tingling on one side of the body and unexplained muscle weakness. OPC allows nutrients to get the nervous system more effectively. Dr. Hale Akamine talked about road rage and how it puts people at risky behaviors. Talking to one self eventually unleashes angry and often dangerous responses. Talk to love ones if they have road rage it should be brought up to their attention but never during a road rage situation.</p>					05/26/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #213	28:30	28:30	REC	PA/O/E		
	Dr. Tonya Lyons Anderson talked about illnesses that show signs in the month. Diabetes, high blood pressure and HIV are the types of illnesses that have oral manifestation. See dentist at least twice a year get a complete exam so that they can catch any bacteria or decay in time. Dr. Armando Pineda-Velez talked about high blood pressure and how it's not a disease it only means that you have your blood pressure higher than normal, which puts you at risk of a heart attack or stroke. High blood pressure can be treated with medication. Dr. Carl Schmidt talked about junk food. You make a product more acidic when it has fructose corn syrup. Natural ingredients sound good but it could have MSG or other preservatives that have chemicals that can harm us. Train yourself to eat healthy and make better choices.					06/02/09	12:30 PM
	Doctor to Doctor #214	28:30	28:30	REC	PA/O/E		
	Dr. Ace Anglin talked about plantar warts and how they are caused by a virus that may affect the foot. It affects the bottom or the plantar surface of the foot. It's not dangerous but is extremely painful. To prevent warts keep foot moist and dry. If you have warts and they do not go away see your physician. Dr Caroline Leaf talked about how our mind can affect the way we function. Attitude is a state of mind that will influence the brain. There are three places in the brain we can control our attitude, the outer part, the middle and in the front where we have a free will. Dr. Randy Burden talked about diabetes and how it is characterized by an increase in your blood glucose or blood sugar levels that can be above normal. It can also cause a heart attack or stroke. Diabetes can be prevented or delay by incorporating a lifestyle change and increasing your activity and losing 5% to 10% of your body weight.					06/09/09	12:30 PM
	Doctor to Doctor #215	28:30	28:30	REC	PA/O/E		
	Dr. Chauncey Crandall talked about Diet. Most people start a diet when they are diagnosed with diabetes or hypertension. We should be eating 3 to 4 small meals a day. You should be taking 1200-1400 calories a day for weight reduction. Dr. C. Mack Sewell talked about the pandemic influenza. Influenza becomes pandemic when there is a novel influenza strain without natural immunity it can be transmitted person to person. To avoid influenza avoid exposure, get vaccinated, get anti-viral treatment, wash your hands and cover your mouth when you cough or sneeze. Dr. Monica Allison talked about orthokeratology (Ortho-K). Ortho-K is a process where they reshape the front surface of the eyes using special contact lenses that you can sleep in at night. People that are nearsighted can get this treatment. It is a safe process and can see an immediate improvement in your vision.					06/16/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #216	28:30	28:30	REC	PA/O/E		
	Dr. Zev Mellman talked about posture. Structure determines function. If someone's head is tilted that is compressing their nerve system and how those cells and cellular posture your heart and lungs. Exercise and seek advice from your physician. Dr. Glen Steele talked about Infant see. If a baby don't look, don't follow, and are not aware of their parents the baby may have a vision problem. Glasses can take care of the problem, but other times you want to monitor and prescribe guidance activities like putting babies on their stomach. Dr. Margaret Nagib talked about duel diagnosis and co occurrences. These can cause eating disorder, substance abuse or alcohol problems. Treatment for eating disorder and OCD involves medication and behavioral management. Effective treatments also involves thorough assessment.					06/23/09	12:30 PM
<b>ECONOMY</b>	JOY IN OUR TOWN #651	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks with Greg Vaday, Economic Development Coordinator for the Treasure Coast Regional Planning Council about Economic Stability. Mr Vaday explains what challenges we face locally in maintaining a stable economy and what problems we are currently taking on. He discusses what attributes to a stable economy and what effect unemployment has on economic stability. Mr. Vaday talks about how the Federal Stimulus Package will help the Treasure Coast area and how we may move from economic stablity to economic sustainability. He suggests how we can improve our business environment and what governement and private sector actions may promote sustainability.					04/24/09 04/27/09 04/28/09 04/30/09 04/30/09	1:00 PM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #652	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks with 19th Circuit Court Judge Burton C. Conner about Foreclosures. Judge Conner explains the current state of foreclosures in St. Lucie County and what happens when a homeowner just walks away from their property. He discusses the main points to know about foreclosure and if it is really possible to save a home from foreclosure. Judge Conner talks about what help is available for residents at risk of foreclosure, what mediation is and what is a managed mediation program. He also discusses what homeowners have to do to prepare for mediation and how residents can participate in the program if their foreclosure suit was filed frior to March 13, 2009.					05/01/09 05/04/09 05/05/09 05/07/09 05/07/09	1:00 PM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<b>ECONOMY</b>	JOY IN OUR TOWN #654	28:30	13:00	L	PA/O			
	Today, host Jennifer Richardson talks with Richard Clements of Consumer Credit Counseling Services about <i>Financial Consequences</i> . Mr. Clements explains some current financial hardships that residents of the Treasure Coast are expressing and the consequences of the hardships. He talks about how and when collection agencies get involved on unpaid debts and what happens if a person cannot pay their medical bills. Mr. Clements shares some alternatives to bankruptcy and how the different bankruptcy claims differ for those who have run out of options. Mr. Clements talks about the importance of a good debt management plan and some strategies in the event of a sudden job loss. He also suggests how you can stop collections calls and recovery possibilities of a bad credit report.						05/15/09	1:00 PM
							05/16/09	3:30 AM
							05/18/09	11:30 AM
							05/19/09	3:30 AM
							05/21/09	3:30 AM
							05/21/09	12:30 PM
	JOY IN OUR TOWN #658	28:30	13:00	L	PA/O			
	Nearly 1.2 million debtors filed for bankruptcy between March 2008 and March 2009. With over 130,000 bankruptcy claims in March 2009 alone, a 46% increase over March 2008 and 81% over March 2007. Today, host Marina Santos talks with Albert Moore and John Bruhn of Community Revitalization Services about <i>Bankruptcy</i> . Mr. Moore discussed the rate of bankruptcies occurring on the Treasure Coast at this time as well as explaining the different types of bankruptcy claims and how they differ. Mr. Bruhn talks about the negative aspects of bankruptcy and what other options may be used. The guests also speak about foreclosures and credit reports as they pertain to bankruptcies.						06/12/09	1:00 PM
							06/13/09	3:30 AM
							06/15/09	11:30 AM
							06/16/09	3:30 AM
						06/18/09	3:30 AM	
						06/18/09	12:30 PM	
JOY IN OUR TOWN #660	28:30	13:00	L	PA/O				
The US jobless rate is at a 16-year high and analysts are warning that it may get worse before we see an improvement. Dramatic stock market swings and decreasing home values are leaving families wondering if they'll ever be able to retire from their jobs. Today, host Jennifer Richardson talks with Richard Clements of Consumer Credit Counseling Services about <i>Saving Your Retirement</i> . Mr. Clements explains how much the average retirement plan has decreased with the current economic downturn and in what ways recent retirees are affected by dwindling nest-eggs. He discusses the challenges that are looming for workers looking to retire in this economy and how to save enough money to retire in this economy. Mr. Clements talks about the pitfalls of borrowing money from your 401(k) and how the financial stimulus and recent tax cuts will affect soon-to-be retirees.						06/26/09	1:00 PM	
						06/27/09	3:30 AM	
						06/29/09	11:30 AM	
						06/30/09	3:30 AM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ECONOMY</b>	700 Club CBN NewsWatch ##042709	1:00:00	5:00	REC	PA/O/E		
	Carolyn Castleberry , CBN News reporter, says besides being out of work, many Americans are now upside down in their homes. Their houses aren't worth what they paid for them. But there are options to simply not paying your mortgage. It begins with a phone call and that's the hardest part, admitting there's a problem. And timing is everything. Option one: a short sale. This is where the lender agrees to take less for the property, releasing their lien and allowing you to sell it. But like every financial transaction, you have to read the fine print. This type of sale releases the lien against the property, but doesn't necessarily release the individuals from the obligation to pay the debt. For example, if someone owes \$300,000 and the bank says we'll take \$200,000 to release the lien, so that your buyers can buy the property, you still may owe the lender the \$100,000 difference. And lenders may not tell you that which is why you need to negotiate a "release" from the remaining debt. The company may not let you out of all of it, but you can negotiate it down. Option two: deeding the home back to the lender. This still goes on your credit, but you can make the argument that you were willing to work with your lender on this problem. Option three: a loan modification. A loan modification begins with a call to the lender, which is something you can do yourself to reduce the rate you're paying or to extend you time to pay it back. Bankruptcy and foreclosure should be your last options. Bankruptcy may keep you in your home, but it will stay on your credit for 7 years. Foreclosure sends another damaging message that you weren't cooperating with the lender and they had to go through the judicial process to take the property back.					04/27/09	3:00 PM
	700 Club CBN NewsWatch ##060109	1:00:00	5:00	REC	PA/O/E		
	It starts with something called your FICO score which can impact everything from how much you pay for a loan - the lower your score the higher your interest rate - to how fast you can get out of debt - the higher your interest rate, the higher your monthly bills. It can even impact whether or not you get your next job. This equation starts with something simple, paying your bills on time. Payment history accounts for 35 percent of this score. The next part of the puzzle hurts people the most. It's the amount you owe on revolving debt, like credit cards, which adds up to 30 percent of your score. Go above that 30 percent limit and your score will go down. It's a sign that you may start maxing out your cards, so here's a new strategy for tackling your debt. Bring all of your balances down, then tackle them one-by-one. If not, your score will stay low and your interest rates will stay high, costing you money. Bureaus also look at your credit mix which is 10 percent of your score, because not all credit is the same. It's important to understand the type of credit you have and having a good manageable mix. For example, that car payment is considered installment debt, because there is an end in sight, as opposed to credit cards. These are known as revolving debt because, if you're not careful, they may never go away. Rounding out your score is "pursuit of new credit," which adds up to 10 percent of your score. Finally, your length of credit history accounts for 15 percent of your FICO score. It is an indication of how long you have had that creditor and how well you have paid them.					06/01/09	3:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EDUCATION</b>	JOY IN OUR TOWN #648	28:30	13:00	L	PA/O		
	Today, host Jennifer Richardson talks with St. Lucie County School Board Communications Director Janice Karst about <i>School FCAT's</i> . Ms. Karst explains the FCAT and what exactly is being tested. She discusses the challenges involving FCAT in relation to our students and how FCAT's fit into recent legislature on school improvements in Florida. Ms. Karst also talks about how the FCATs are interpreted and what they really say about our students and our schools. She explains some expected changes to the test and how they will be implemented as well as why the changes are being made and when they will be put into effect. Mrs. Karst finishes up with encouraging talk on how students and schools individually benefit from the dreaded FCAT.					04/03/09	1:00 PM
						04/07/09	3:30 AM
						04/09/09	12:30 PM
	JOY IN OUR TOWN #650	28:30	13:00	L	PA/O		
	Today, host Jennifer Richardson talks with St. Lucie County School Board Communications Director Janice Karst about School Budgets. Ms. Karst explains in what ways the school board receives funding and the challenges in achieving a workable school budget amidst the current economic crisis. She discusses the current challenges the Board is facing in regards to funding and what areas have been affected most as well as how the School Board is working to counter these challenges. Ms. Karst discusses some of the 'hard decisions' that are being made and how the current budget looks versus a year ago and the year ahead.					04/20/09	11:30 AM
						04/23/09	12:30 PM
	JOY IN OUR TOWN #656	28:30	13:00	L	PA/O		
	Statistically, one out of every five of our nation's school-age children suffer from reading failures. Compounding that issue, studies show that a child who is not a fluent reader by the fourth grade is likely to struggle with reading into adulthood. Today, host Jennifer Richardson speaks with Mary Craig from the St. Lucie County Council On Aging and Anthony Westbury & Luzma Camacho from Learn to Read of St. Lucie County about <i>Literacy</i> . Mr. Westbury explains how literacy is defined and what the literacy rate is in the Treasure Coast area. Ms. Criag discusses what age ranges are dealing with illiterate problems the most and why literacy is still a problem in today's educationally motivated society. Ms. Camacho also offers her insight on how language barriers complicate matters. Present and future challenges that await illiterate persons and factors which have a positive influence on developing literacy skills are also discussed.					05/29/09	1:00 PM
						06/01/09	11:30 AM
						06/04/09	3:30 AM
						06/04/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EDUCATION</b>	JOY IN OUR TOWN #658	28:30	13:00	L	PA/O		
	There has been much concern expressed lately over the recent decision to close several schools in the St. Lucie County School System. Today, host Marina Santos talks with St. Lucie County School Board Communications Director Janice Karst about the <i>School Closings</i> . Ms. Karst explained the current situation concerning the schools and some key factor that lead to the decision to close them. She discussed when the closings will take effect and how school specific activities such as special honors and field study courses will be affected. Ms. Karst also talks about the number of students and teachers that will be affected and the School Board is handling the 're-distribution' of students and teachers.					06/12/09	1:00 PM
						06/13/09	3:30 AM
						06/15/09	11:30 AM
						06/16/09	3:30 AM
						06/18/09	3:30 AM
					06/18/09	12:30 PM	
<b>FAMILY</b>	JOY IN OUR TOWN #627	28:30	13:00	L	PA/O		
	Today, host Marina Santos talks with Community Development Outreach Director Franklin Nickens and James Butler from RestCare/HomeCare about Generation Gaps. Mr. Nickens discussed the problems associated with generation gaps, especially those between child and grandparent. He spoke about the factors that influence these problems why it is so difficult for persons from different generations to see things eye to eye. Mr. Butler explained how multigenerational families can overcome this problem and what programs are available to help these groups with their differences. The guests even talked about how the generation gap plays a role in the workplace and how to handle those difficulties.					04/05/09	2:30 PM
	JOY IN OUR TOWN #650	28:30	13:00	L	PA/O		
					04/20/09	11:30 AM	
					04/23/09	12:30 PM	
Today, host Jennifer Richardson talks with Elizabeth Mackenzie and Pattra Dodd of Guardian Ad Litem on the issue of Child Welfare and Protection. Ms. Mackenzie explains why there is a need for child advocacy and what the state of child welfare is in the Treasure Coast area. Ms. Dodd discusses the four major types of child abuse and neglect and when it is necessary for a Court to terminate parental rights? The guests also discuss the challenges involved in child welfare and protection and what the qualifications are for a child to enter into a child advocacy program.							

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
FAMILY	JOY IN OUR TOWN #651	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks to Mally Chrulski of Women, Infants, and Children (WIC) about Families In Hardship. Ms. Chrulski explains the difference between poverty and low income as well as the official poverty line as defined by the Office of Management and Budget. She discusses how many people are living in poverty on the Treasure Coast compared to National figures and the challenges that families in hardship have to overcome. Ms. Chrulski tells us the effects of economic hardship on children and what can be done to increase economic security for America's children and families.					04/24/09	1:00 PM
						04/27/09	11:30 AM
						04/28/09	3:30 AM
						04/30/09	3:30 AM
						04/30/09	12:30 PM
	JOY IN OUR TOWN #652	28:30	13:00	L	PA/O		
	Today, host Jennifer Richardson talks with Ruth Orenstein, M.Ed. and Kristi Scottaline from Child Abuse Services, Training and Life Enrichment, otherwise known as CASTLE, about <i>Child Abuse</i> . Ms. Orenstein explains the current state of child abuse on the Treasure Coast and how child abuse and neglect is defined by federal law. Ms. Orenstein discusses the major types of child abuse as well as some symptoms and warning signs which help to identify a children who are being abused or neglected. Ms. Scottaline discusses 'Memory Field' and its purpose. Ms. Orenstein also discusses the line between discipline and abuse and some solutions for reducing child abuse.					05/01/09	1:00 PM
						05/04/09	11:30 AM
						05/05/09	3:30 AM
					05/07/09	3:30 AM	
					05/07/09	12:30 PM	
JOY IN OUR TOWN #656	28:30	13:00	L	PA/O			
It is easy to be complacent about an unknown and unseen problem in our community. The suprising fact is how large of a problem it actually is. Today, host Jennifer Richardson talks with Lawrence Brooks and Marta Schneider from the Children's Home Society about <i>Aging Out of Foster Care</i> . Mr. Brooks explains the problem of area teen boys and girls becoming homeless once they turn 18 and are no longer eligible for foster care. Ms. Schneider discusses how easily this situation can become a formula for failure and who assumes accountability. Mr. Brooks describes what type of voice these teens or their foster parents have against this action and what solutions are currently being looked into to relieve the situation. Mr. Brooks also discusses how the current economy impacts these youths who are transitioning out of foster care.					05/29/09	1:00 PM	
					06/01/09	11:30 AM	
					06/04/09	3:30 AM	
					06/04/09	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>FAMILY</b>	700 Club CBN NewsWatch #041409	1:00:00	6:00	REC	PA/O/E		
	Heather Sells, CBN News Reporter, says today's media specialists are not just the librarian-turned-Internet-surfer at your child's school. It's parents. The job requirement? Monitor and mentor your child through often heavy use of cell phone, Internet, and other technological gadgetry. Cell phones. They're just the tip of the new media iceberg you may fear is headed your way. One Harris poll says more than half of all teens say their cell phone is key to their social life. And, they're good. Forty-two percent say they could text blind-folded! Besides cell phones, parents must oversee Internet use, video games, music and TV. Bottomline: For most, it's an overwhelming amount of content to help children navigate. When they go on-line, kids are always just a click away from danger. A recent Kaiser study found seven out of 10 kids accidentally view porn on the Internet. Ironically, much of the help to protect against dangerous new media can be found on the new media. For instance, Focus on the Family and Web-wise kids both have reliable, inexpensive filters you can download in minutes onto your computer. Other options -- you and your child can click onto Cyberbully for tips on online harrassment. When it comes to TV, ControlYourTV.org shows you how to block entire channels or just specific programs using your TV and cable equipment. And when it comes to cell phones, there's WebWiseKids - a new interactive cell phone game teaches safety to a prime target: middle school age kids.					04/14/09	3:00 PM
	700 Club CBN NewsWatch ##052709	1:00:00	6:00	REC	PA/O/E	05/27/09	3:00 PM
	Mark Martin, CBN News reporter, says you may be among the 20 million people caught in what's called the "Sandwich Generation." That's the growing number of people taking care of their children and aging parents at the same time. Americans are living longer, and people are starting their families later. According to the Pew Research Center, one out of every eight Americans, ages 40 to 60, is raising a child and caring for a parent at home. On top of that, seven to 10 million Americans are caring for their aging parents from a long distance away. Baby Boomers are at the heart of this group. And many times, their scenarios can be tricky. First, there's the "traditional sandwich." That's when the adult children are caring for both aging parents and their own children. Next comes the "club sandwich." As you might expect, there's more on a person's plate. The adult children are caring not only for their aging parents, but also their grandparents, as well as their own kids. Finally, there's the open-faced sandwich -- anyone who's involved in elder care. Although having a multi-generational family under one roof can be a lot of fun, it can also be taxing both emotionally and financially. So if you're one of the 20 million Americans in the Sandwich Generation, how do you survive the squeeze? First, make sure all legal documents are in place before you need them. That includes durable power of attorney, which allows a person to designate someone else to make decisions, even if the person becomes disabled; as well as a document showing who will make medical decisions, and a regular will. Second, don't be surprised by experiencing a roller coaster of emotions. Third, don't be afraid to ask for help from family members or community resources like your local office on aging. It is also recommends purchasing long-term care insurance.						

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>PUBLIC SAFETY</b>							
	JOY IN OUR TOWN #660	28:30	13:00	L	PA/O		
	If babies came with labels and manuals it would save parents a lot of time and frustration. Unfortunately, parenthood doesn't come with a script and instructions are not included. Today, host Marina Santos talks with Sylvie Kramer of Kids Connected By Design, Inc. about <i>Parenting</i> . Ms. Kramer discussed whether teens are a step behind adults when it comes to first time parenting and the rate of teen births on the Treasure Coast. She explains some common 'parenting mistakes' and oversights that are often made by new parents. She discusses the challenges facing a single parent with little or no parenting skills and what is involved in parenting classes. Finally, Ms. Kramer gives some overall advice to prospective parents to raise a well adjusted child.					06/26/09 06/27/09 06/29/09 06/30/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM
	JOY IN OUR TOWN #648	28:30	13:00	L	PA/O		
	Today, host Jenniffer Richardson talks with Melissa Yunas, Wildfire Mitigation Specialist for the Florida Division of Forestry about <i>Brush Fire Awareness</i> . Mrs. Yunas explains how problematic brush fires have been on the Treasure Coast area in recent years. and how these situations affect residents and safety officials today. She discusses the types of problems safety officials encounter when dealing with brush fires and how officials start to prepare for brush fire season. Mrs. Yunas describes a 'prescribed burn' and offer an explanation as well as inside knowledge of how most brushfires get started. She also talks about some new challenges that are expected this year and how residents can help.					04/03/09 04/07/09 04/09/09	1:00 PM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #654	28:30	13:00	L	PA/O		
	Today, host Teresa Lurry talks with St. Lucie County Sheriff's Office Detective Steve Sessoms and St. Lucie County Fire District's Catherine Chaney about <i>Medicine Misuse</i> . Det. Sessoms explains how medicines can be innocently misused and become harmful. He discusses how medicine misuse applies to over the counter medications as well as prescriptions. Mrs. Chaney gives some examples of of misuse that are commonly considered safe but are not. She also talks about how common accidental misuses are and to whom it happens most often. The best places to keep medicines to prevent an accidental misuse are discussed as well as a relatively new initiative called <i>Operation Safe Medicine Cabinet</i> , designed to help protect residents. Det. Sessoms explains the two year old initiative and how residents can participate.					05/15/09 05/16/09 05/18/09 05/19/09 05/21/09 05/21/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>PUBLIC SAFETY</b>							
	JOY IN OUR TOWN #655	28:30	13:00	L	PA/O		
	Today, host Teresa Lurry talks with St. Lucie County Fire District's Catherine Chaney about <i>Drowning Prevention</i> . Mrs. Chaney explains the challenges safety officials encounter in relation to drowning prevention and how pool safety can differ from beach safety. She also dicusses how drowning is not limited to beaches and pools, in fact drowning accidents happen frequently around the home. Mrs. Chaney discusses how quickly a person can drown and how long rescuers have before a victim suffers brain damage or death. Mrs. Chaney shares some safety tips and explains how safety officials are educating the public on drowning prevention.					05/22/09 05/23/09 05/25/09 05/26/09 05/28/09 05/28/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #659	28:30	13:00	L	PA/O		
	Local safety officials are conducting an ongoing effort to make our communities safer by managing illicit firearms which are often associated with crime, drugs, and gang activity. Today, host Jennifer Richardson talks with Ft. Pierce Police Chief Sean Baldwin about <i>Guns In The Community</i> . Chief Baldwin explains the challenges the police faces with civilian firearm possession in Ft. Pierce and how many illegal firearms are estimated to be on the streets. He discusses why gun control is a necessary step in a safe community and how gun control laws affecct law abiding firearm owners. Chief Baldwin explains why it was important for the Ft. Pierce Police Department to participate in the recent 'gun buy-back' program and how the program rates its success.					06/19/09 06/20/09 06/22/09 06/23/09 06/25/09 06/25/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
<b>CIVIC AFFAIRS</b>							
	JOY IN OUR TOWN #649	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks with St. Lucie County Code Enforcement Manager Dennis Bunt about <i>Code Enforcement</i> . Mr. Bunt explains the goals of the Code Enforcement Department and how they differ from a local policing authority. He discusses some problem areas that they are concerned with currently and why these situatins are problematic. Mr. Bunt explains the recourse the County will take when non-compliant properties are abandoned and how much time is granted for properties to make corrections to return to compliance. He also talks about some common oversights in code compliance when considering construction and whether the owner or the contractor is responsible. Mr. Bunt gives advice to property owners if they are found to be non-compliant on the weekend and how citizens can learn more about their local codes.					04/13/09 04/16/09	11:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CIVIC AFFAIRS</b>							
	JOY IN OUR TOWN #653	28:30	13:00	L	PA/O		
	Abandoned and slum areas of a community often are cause for unsafe properties and blight. To help ease these problems, Community Redevelopment encourages economic development in a once depressed community. Today, host Teresa Lurry talks with City of Port St. Lucie Assistant City Manager and CRA Director Gregory Oravec. Mr. Oravec explains what a Community Redevelopment Area is and on which type of areas a CRA focuses. Mr. Oravec speaks on the challenges of maintaining an economically depressed community and what type of committees are involved in a redevelopment area. he also discusses Eminent Domain and how property owners participate in a redevelopment plan.					05/08/09 05/09/09 05/11/09 05/12/09 05/14/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #657	28:30	13:00	L	PA/O		
	Today, host Marina Santos talks with Port St. Lucie Assistant City Manager and OMB Director Dave Pollard about The Office Of Management And Budget. Mr. Pollard discusses the duties and responsibilities of the OMB and the challenges of creating and maintaining a budget for a large entity. He explains the current operating budget for the City and what it includes. Mr. Pollard also details how the total budget is established and what factors are considered. He also speaks to how the budget has been affected by recent economic troubles and how the City of Port St. Lucie has prepared itself for budget cuts differently than other local governments.					06/05/09 06/06/09 06/08/09 06/09/09 06/11/09 06/11/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
<b>EMPLOYMENT</b>							
	JOY IN OUR TOWN #646	28:30	13:00	L	PA/O		
	On today's show, host Jennifer Richardson talks with Workforce Solutions' Vice President Michael Waninger about Early Retirement. Mr. Waninger explained the problems that seniors are experiencing in today's turbulent workplace. He described the current trend for employed seniors in a downsize minded workforce and how they are fairing. Mr. Waninger described the benefits and drawbacks of early retirement and how seniors can avoid being a part of downsizing plans. He also talked about the challenges that await seniors re-entering the workplace.					04/05/09	7:00 AM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EMPLOYMENT</b>	JOY IN OUR TOWN #647	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks about Seasonal and Temporary Employment with Deborah Davis of Workforce Solutions. Ms. Davis explained how impacting seasonal employment is on a region once the season ends and how those layoffs affect the unemployment rate. She spoke about the current unemployment situation on the Treasure Coast and how much we rely on seasonal workers. Ms. Davis explained what defines a seasonal or temporary employee and how many seasonal employees are active on the Treasure Coast. She also gave insite on the types of companies who favor hiring temps or seasonal workers. She also spoke about the current diversity of St. Lucie County employment oportunities.					04/02/09 04/05/09	12:30 PM 1:00 PM
<b>SUBSTANCE ABUSE</b>	JOY IN OUR TOWN #647	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Kim Thomas, assistant program coordinator for the Executive Roundtable about Under Age Drinking. Ms. Thomas explains the state of underage drinking in St. Lucie County and how it compares to the rest of the state. She describes the problems that this activity causes in our community and what educational tools are being utilized in an attempt to stop under age drinking. She spoke about what residents can do to help and what 'underage' really means. She explained where the youths are getting the alcohol and the effect of drinknig onthe teenage brain.					04/02/09 04/05/09	12:30 PM 1:00 PM
<b>CRIME</b>	JOY IN OUR TOWN #646	28:30	13:00	L	PA/O		
	Today, host Sebrena Clark talks with Chief Assistant State Attorney Tom Baakedahl about Capital Crimes and Punishment. Mr. Baakedahl explained the state of capital crimes committed on the Treasure Coast and how that statistic fares with the rest of Florida and the Nation. Mr. Baakedahl explain the definition and nature of a capital crime and how they are enforced and punishable. He discussed who determines the appropriate penalty for a given crime and how and in what instances may those penalties vary. He spoke on the death penalty and its percieved deterrent to violent crime and how the State Attorney arrives at the decision to seek the death penalty. Mr. Baakedahl talked about the average time a criminal may spend on Death Row and the delay between the time a defendant recieves a death sentence and its imposition.					04/05/09	7:00 AM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>SENIORS</b>	JOY IN OUR TOWN #627	28:30	13:00	L	PA/O		
	Today, host Marina Santos talks with Treasure Coast Hospice's Denise Lederman and Jacki Nardone about seniors with depression. Ms. Lederman explained the problems associated with seniors with depression and what are the most likely causes of depression in the elderly. Ms. Nardone spoke about the difference between grief and depression and how trained personnel handle such problems differently. Ms. Lederman discussed the signs and symptoms of elderly depression and what professional help is available for a depressed friend or relative. They also discussed some clinical treatment options for the elderly with depression.					04/05/09	2:30 PM

**WTCE-DT 38**  
**QUARTERLY REPORT**  
**JULY, AUGUST, SEPTEMBER 2009**

**WTCE-DT 38 FORT PIERCE, FLORIDA  
PROGRAMS PERTAINING TO LEADING  
COMMUNITY PROBLEMS/ISSUES FOR  
JULY, AUGUST, SEPTEMBER 2009**

**PUBLIC SAFETY**

**ENVIRONMENT**

**YOUTH**

**ECONOMY**

**HEALTH**

**CIVIC AFFAIRS**

**THE FOLLOWING ISSUES ARE ALSO INCLUDED  
IN SUPPORT OF COMMUNITY INTEREST PROGRAMMING**

**FAMILY**

**THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF WTCE-DT 38  
PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT  
LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC  
REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE  
THIRD QUARTER: JULY, AUGUST, SEPTEMBER 2009**

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>PUBLIC SAFETY</b>							
	JOY IN OUR TOWN #665	28:30	13:00	L	PA/O		
	What happens when a health issue suddenly turns into a massive public safety risk? The World Health Organization recently declared H1N1 a pandemic, acknowledging the global status of the virus. Today, host Marina Santos talks with Clint Sperber and Karlette Peck of the St. Lucie County Health Department about <i>Viral Outbreak Preparedness</i> . Ms. Peck explains the difficulty in containing the H1N1 virus and how viruses and other contagions spread so rapidly. Mr. Sperber discusses the challenges in raising awareness to a situation like H1N1 without creating a panic and what St. Lucie County is doing to protect its citizens from the H1N1 virus. Ms. Peck also discusses the difference between a viral and bacterial infection and gives tips on how people can protect themselves from contracting influenza.					07/31/09 08/01/09 08/03/09 08/06/09	1:00 PM 3:30 AM 11:30 AM 12:30 PM
	JOY IN OUR TOWN #666	28:30	13:00	L	PA/O		
	Despite great efforts by safety and law officials, it seems like every day there is a new threat to the security of our identities. Today, host Jasmine McFayden talks with Port ST. Lucie Police Department Detective Wade Willnow about <i>Identity Theft</i> . Detective Willnow explains the current problems with Identity Theft on the Treasure Coast and how the Treasure Coast ranks against cases of theft across the Nation. He discusses some common precursor crimes associated with Identity Theft and how many ways your identity can be stolen. Det. Willnow talks about phone scams and shoulder surfing and what you should do if your credit cards are lost or stolen. He also explains a 'Felony Lane ID Theft' scenario and how to prevent your identity from being stolen.					08/07/09 08/08/09 08/10/09 08/11/09 08/13/09 08/13/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #667	28:30	13:00	L	PA/O		
	Calm and cool under pressure, they coordinate, activate and respond to emergency situations. Crisis Managers are involved in worst case scenario events, trying to minimize damage and speed recovery efforts. Today, host Jennifer Richardson talks with St. Lucie County Fire District Public Information Officer Catherine Chaney about <i>Crisis Management</i> . Mrs. Chaney explains the challenges in managing a crisis event and how vital services interact in the event of an emergency. She also discusses the challenges in raising awareness to a situation without creating a panic and how crisis managers prepare themselves for emergencies. Mrs. Chaney also speaks about how multi-agency/multi-jurisdiction events are coordinated and how rumors are controlled.					08/14/09 08/15/09 08/17/09 08/18/09 08/20/09 08/20/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>PUBLIC SAFETY</b>	JOY IN OUR TOWN #668	28:30	13:00	L	PA/O		
	In emergency situations sometimes a general population shelter is just not sufficient. In those moments a special needs shelter becomes necessary. Today, host Marina Santos talks with Maureen Ryan and Nancy Kermes of the Martin County Health Department about <i>Special Needs Shelters</i> . Ms. Ryan explains the challenges in supporting persons with special medical needs in emergency events and who is eligible to go to a special needs shelter. Ms. Kermes also explains the differences of Special Needs Shelters from that of other shelters and some special rules that go along with them. Ms. Ryan also discusses how many emergency medical personnel are on staff at a special needs shelter and how prepared the shelters are to handle extraneous emergencies that may arise during an event.					08/21/09	1:00 PM
						08/22/09	3:30 AM
						08/24/09	11:30 AM
						08/25/09	3:30 AM
						08/27/09	3:30 AM
						08/27/09	12:30 PM
	JOY IN OUR TOWN #669	28:30	13:00	L	PA/O		
	Once found primarily in large cities, violent street gangs now affect public safety, community image, and quality of life in communities of all sizes in urban, suburban, and rural areas. No region of the United States is untouched by gangs. Gangs affect society at all levels, causing heightened fears for safety, violence, and economic costs. Today, host Jennifer Richardson talks with Ft. Pierce Police Department Lieutenant Tom Smith about <i>Gang Violence</i> . Lt. Smith explains the challenges concerning gangs and gang activity and how disrupting a gang is to a community. He discusses how gangs claim and maintain territories and by what means gangs carry out the agenda of crime and violence. Lt. Smith also speaks about what type of gangs are present on the Treasure Coast.					08/28/09	1:00 PM
						08/29/09	3:30 AM
					08/31/09	11:30 AM	
					09/01/09	3:30 AM	
					09/03/09	3:30 AM	
					09/03/09	12:30 PM	
<b>ENVIRONMENT</b>	JOY IN OUR TOWN #661	28:30	13:00	L	PA/O		
	It is feared that human activity is endangering and causing massive extinctions of other species on Earth. However, studies suggest that sustainable development and consumption could help avert future ecological problems. Today, host Jennifer Richardson talks with the John Carroll High School Envirothon Team along with instructor Beau Roberts and Principal Ben Hopper about <i>Biodiversity</i> . Team members take turns explaining biodiversity and how it affects our lives and how an imbalanced biodiversity is not just a progression of nature but a true problem that needs to be addressed. The team also discusses the challenges we face with biodiversity issues and some problematic examples we face on the Treasure Coast.					07/06/09	11:30 AM
						07/07/09	3:30 AM
						07/09/09	3:30 AM
						07/09/09	12:30 PM



<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ENVIRONMENT</b>	JOY IN OUR TOWN #673	28:30	13:00	L	PA/O		
	The Indian River Lagoon is one of Florida's great natural habitats that supports an incredible diversity of life. But, in recent years the health of the lagoon has suffered, making restoration efforts necessary. Today, host Marina Santos talks with Florida Atlantic University's Dr. Donna Devlin and Dr. Ed Proffit about the Indian River Lagoon Restoration. Dr. Devlin explains how the lagoon systems works and the state of the lagoon at this time. Dr. Proffit discusses why the condition of the lagoon exists and how it can be corrected. The importance of maintaining the lagoon and the impacts of pollutants are also discussed.					09/25/09 09/26/09 09/28/09 09/29/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM
<b>YOUTH</b>	JOY IN OUR TOWN #661	28:30	13:00	L	PA/O		
	The first eight years of childhood are critically important to a child's development. Parents and caregivers should know the warning signs of a child's faltering growth and development to make better adjustments for the future. Today, host Marina Santos talks with Nancy Archer, Executive Director of the Early Learning Coalition of St. Lucie County about <i>Early Development and Growth</i> . Ms. Archer explains why a child's earliest years are so important and gives some examples of children who are experiencing abnormal growth patterns. She discusses the challenges associated with abnormal growth patterns in youth and why these challenges are detrimental as they begin social activities and schooling. Ms. Archer explains how a child's emotional, physical and social well being affect their learning potential and how early learning prepare these children for more advanced education.					07/06/09 07/07/09 07/09/09 07/09/09	11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #664	28:30	13:00	L	PA/O		
	Youth' often describes the period of life from the beginning of puberty to the attainment of adulthood. While this can be a period marked by good health and high achievement, it is often the time when difficult decisions and adjustments are most challenging. Today, host Teresa Bishop talks with Father and Child Connection Specialist Eric Seibenick from the Early Learning Coalition of St. Lucie County about <i>Growing Pains</i> . Mr. Seibenick explains the social and legal problems of modern youth and how it has changed from past generations. He discusses the challenges of coming to terms with an ever-changing society and how poor parenting and peer pressure adds to youth troubles. Mr. Seibenick talks about the average starting age of a career criminal and what influences are present with 'young criminals'. Mr. Seibenick also discusses how troubled teens can turn their situations around and become more positive and productive.					07/24/09 07/25/09 07/27/09 07/28/09 07/30/09 07/30/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
YOUTH	JOY IN OUR TOWN #668	28:30	13:00	L	PA/O			
	For many young people, having a mentor can be a transformative experience; the mentor is often the first adult who takes and interest in their well being. Mentoring increases personal aspirations, provides new perspectives and exposes a range of experiences that are otherwise unavailable. Today, host Marina Santos talks with Fort Pierce Police Department Sgt. Antonio Hurtado and Officer Dani Dreizehnter about being <i>Mentors</i> . Sgt. Hurtado and Ofc. Dreizehnter explain the challenges of meeting the needs of young people today and social and legal problems modern youth faces that has changes from past generations. They also discuss when a mentorship is needed in a child's life and what types of problems mentoring programs are designed to address.						08/21/09	1:00 PM
							08/22/09	3:30 AM
							08/24/09	11:30 AM
							08/25/09	3:30 AM
							08/27/09	3:30 AM
							08/27/09	12:30 PM
	JOY IN OUR TOWN #672	28:30	13:00	L	PA/O			
	Everybody feels the pressure at some time in their life and refusing to give in is often easier said than done. It is very hard to say no to peers when you fear that doing so will cause them to turn against you. On the other hand, not all peer pressure is bad and not all conformity is negative. Just how can you tell when to give in and when to get out. Today, host Marina Santos talks with Jessica Dees-Carlson and Darcy VonOhlen from Tykes and Teens, Inc. about Peer Pressure. Ms. VonOhlen explains why teens seem to deal with more peer pressure than any other age group and why peer pressure can make good kids do bad things. Ms. Dees-Carlson discusses the difference between good peer pressure and bad and gives some examples of direct and indirect pressures. The negative results of peer pressure are also discussed as well as how children can prepare themselves for when they are pressured.						09/18/09	1:00 PM
							09/19/09	3:30 AM
							09/21/09	11:30 AM
							09/22/09	3:30 AM
						09/24/09	3:30 AM	
						09/24/09	12:30 PM	
JOY IN OUR TOWN #672	28:30	13:00	L	PA/O				
Many teenagers threaten to run away due to problems in school with friends or with family. Taking your child seriously when he or she threatens drastic behavior, knowing the warning signs and keeping lines of communication open can help reduce the possibility of your child running away. Today, host Marina Santos talks with Ft. Pierce Police Officer Dani Dreizehnter and Children's Home Society's Kristi Walsh about Runaways. Ms. Walsh explains why kids run away and what problems runaways cause for themselves and their loved ones. Ofc. Dreizehnter discusses how Florida law handles child runaways and some preventive measures to stop children from running away. Intervention services and parental tips are also discussed.						09/18/09	1:00 PM	
						09/19/09	3:30 AM	
						09/21/09	11:30 AM	
						09/22/09	3:30 AM	
						09/24/09	3:30 AM	
						09/24/09	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
ECONOMY	JOY IN OUR TOWN #660	28:30	13:00	L	PA/O		
	The US jobless rate is at a 16-year high and analysts are warning that it may get worse before we see an improvement. Dramatic stock market swings and decreasing home values are leaving families wondering if they'll ever be able to retire from their jobs. Today, host Jennifer Richardson talks with Richard Clements of Consumer Credit Counseling Services about Saving Your Retirement. Mr. Clements explains how much the average retirement plan has decreased with the current economic downturn and in what ways recent retirees are affected by dwindling nest-eggs. He discusses the challenges that are looming for workers looking to retire in this economy and how to save enough money to retire in this economy. Mr. Clements talks about the pitfalls of borrowing money from your 401(k) and how the financial stimulus and recent tax cuts will affect soon-to-be retirees.					07/02/09	3:30 AM
						07/02/09	12:30 PM
ECONOMY	JOY IN OUR TOWN #662	28:30	13:00	L	PA/O		
	According to the Federal Reserve Bank, 40% of American Families spend more than they earn. In 1968, consumers' total credit debt was \$8 billion (in current dollars). Today, the total exceeds \$880 billion. Host Jasmine McFayden talks with Community Development Outreach, Executive Director Franklin Nickens about <i>Debt Management</i> . Mr. Nickens discusses the average amount of debt Treasure Coast residents are currently under and some damaging elements of carrying large amounts of debt. He talks about some alternatives to credit cards and how debt consolidation and management works. Mr. Nickens discusses the pitfalls of bankruptcy and some tips to staying debt free.					07/10/09	1:00 PM
						07/11/09	3:30 AM
						07/13/09	11:30 AM
						07/14/09	3:30 AM
						07/16/09	3:30 AM
					07/16/09	12:30 PM	
ECONOMY	JOY IN OUR TOWN #663	28:30	13:00	L	PA/O		
	Unemployment is up, housing values continue to drop, and the threat of rising fuel and food costs mount. When it comes to money, it's a source of stress for many, and that translates into problems at home when groceries are too expensive, fuel is at a premium and job cuts are affecting so many. Today, host Teresa Bishop talks with Larry Pelton, Executive Director of the Economic Development Council of St. Lucie County about <i>Local Economic Struggles</i> . Mr. Pelton explains the types of economic challenges the Treasure Coast area is facing and what sectors have been hurt the worst. He discusses how hurting businesses are coping with this economy and how the current unemployment rate is affecting local businesses and the economy. Mr. Pelton talks about stimulus money that has been made available to the Treasure Coast and how this money will be distributed and for what purposes. Mr. Pelton also discusses economic strength indicators.					07/17/09	1:00 PM
						07/18/09	3:30 AM
						07/20/09	11:30 AM
						07/21/09	3:30 AM
						07/23/09	3:30 AM
					07/23/09	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ECONOMY</b>	JOY IN OUR TOWN #665	28:30	13:00	L	PA/O		
	Although employment rates among welfare recipients have risen substantially since the early 1990's, many questions about welfare-to-work efforts remain. As our economy struggles these concerns become more pertinent each day. Today, host Marina Santos talks with Cheri Sheffer and Donna Mihok from Florida's Circuit 19 Department of Children and Families about the <i>Welfare Strain</i> . Ms. Sheffer explains the challenges in affording welfare care to a growing number of needy residents and how the situation factors into our area's economic troubles. Ms. Mihok discusses how many residents receive welfare benefits on the Treasure Coast and how long recipients are eligible for benefits once on the program. Ms. Sheffer also talks about what actions are necessary to relieve the strain on the welfare system and what other related trends stem from the economic situation and welfare needs.					07/31/09 08/01/09 08/03/09 08/06/09	1:00 PM 3:30 AM 11:30 AM 12:30 PM
	JOY IN OUR TOWN #670	28:30	13:00	L	PA/O		
	Life is a challenge. As te saying goes, just when you're about to make the ends meet, someone moves the ends. While it can be a struggle to pay bills, make the rent, and provide food and clothes for the family, we keep on doing our best. Today, host Jasmine McFayden talks with Financial Education Specialist Joseph Moyel of Consumer Credit Counseling Services about Money Management. Mr. Moyel discusses the challenges that Treasure Coast residents are experiency with making ends meet and what expenses seem to be the biggest problems for consumers. He explains how someone can have a better inflow of income instead of outflow of expenses and some factors in ensuring a better paying career. Mr. Moyel also discusses how retirement contributions differ with young employees from seniors and how consumers should prioritize their bills if they do not have enough income.					09/04/09 09/05/09 09/07/09 09/08/09 09/10/09 09/10/09 09/12/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM 4:00 AM
	700 Club CBN NewsWatch ##070609	1:00:00	6:00	REC	PA/E		
	Carolyn Castleberry, CBN News Reporter, says according to one financial aid source, two-thirds of all undergraduates leave college in the hole financially. Graduate students can be saddled with more than \$100,000 in debt before they ever start their careers or even think about buying a house. Instead consider a school you can actually afford. It's also called scholarships and grants. Sources of funding that won't put you in the hole financially. But what will kill students financially is the mindset of entitlement. Now, for you students who are in college. Don't put any of the extras on credit cards, like pizza and parties. Now, for students and graduates who are already buried in debt, here's your financial plan for the next few years. Consider getting a second job just to pay for your debt. Don't try to get out of it or put it off until later.					07/06/09	3:00 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ECONOMY</b>	700 Club CBN NewsWatch ##091809	1:00:00	5:00	REC	PA/E		
	Paul Strand, CBN News Reporter, says according even in these tough economic times, the average American family is still budgeting almost \$900 for vacationing this year. The thinking seems to be you need to get up and get really far away to have a really good time. Families will spend a small fortune to come and enjoy beautiful wilderness areas like the ones that can be found in Oregon. In fact, the highest quality entertainment for a family comes from being simple. Have a board game marathon, with everyone pulling out their favorite game and playing them all. To mix it up, let the person who picked that game change one major rule. Get out the family photo books and reminisce. Share family history. Make a family tree with a photo for everyone on it. Divvy pictures up into fun categories, including weirdest, coolest, most embarrassing, happiest. The point is to share time and create your own good times. If you just have to turn on the TV, here's a way to make it extremely interactive. Put on a movie, mute the sound and make up the dialogue yourselves. The cheesier the movie, the better. Make Hollywood wish you had been the screenwriters. Let's dwell now on sunnier times -- namely those days sunny or warm enough to escape the house and enjoy the big world outdoors. Grab neighbor kids and hold a mini-Olympics. Come up with all your own competitions -- the wackier the better. Run backward all the way around the house. Toss everyone's stuffed animals in wagons and take them for an expedition. Here's one for getting your kids to think about others -- do secret good deeds, such as gathering up litter or fixing something a neighbor needs repaired behind their back. Camp out in the backyard. Sleep there. Cook there. Eat there. If you have some woods or waters nearby, go to them often, enjoy them, let them change you. Study the plants, the animals, the rocks and the stars. Other tips include reading together -- making stories a big part of your family. Do mental games like build your perfect home or plan your perfect vacation. It will widen your horizons and ignite your imaginations. Write your own family history a day at a time. If you cannot afford a fancy vacation, you may think you have to splurge on stay-cations to make them really fun. But it turns out your biggest profits could come from doing the things that have no price tag at all. And because they're free, you can do them any time. So think about it. You can have happier kids, stronger family ties, and a better outlook on life. While reaping all of these rewards, you could also save a few thousand dollars in the process.					09/18/09	3:00 PM

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<b>ECONOMY</b>	#700 Club CBN NewsWatch ##092109	1:00:00	5:00 REC		PA/E		
	Charlene Israel, CBN News Reporter, says one in 10 Americans are struggling to pay their mortgage. A growing number have also fallen behind on their credit card bills. Tight economic times have some people turning to companies that promise to reduce or eliminate debt. But while some of these programs are legitimate, some could leave you even deeper in debt. During the country's recession, many Americans are having a hard time paying their bills and that has created a boom in businesses that promise quick and easy debt relief. Debt settlement is a perfectly legal solution for consumers who have fallen behind on their bills. But having a debt-settlement company do the legwork for you is risky -- and it can be expensive. Here's how debt settlement companies work: The company gets your creditors to accept less than the full amount you owe. They promise to knock 50 percent or more off of the debt you have to pay back, with repayment taking between two and four years. The company then sets up a savings account for you, and you make monthly payments to that account. When you've made all the payments, the debt settlement company settles with your creditors in one lump sum. You are told to stop making payments to your creditors and not to contact them. Leave the negotiating to the debt settlement company. When you go this route, you could end up owing more than when you started, and your credit suffers because you stop paying your bills. And that's not all. Some debt settlement companies charge advance fees that can run up to \$1,000 or more. Attorney Sarah Gottovi of the Federal Trade Commission says the agency is concerned about misleading and abusive practices in the debt settlement industry. "Many companies will charge upfront fees that might be the first of several payments, the first several monthly payments that's paid to the company and that will go to the companies fees instead of into the savings account to pay the creditors," Gottovi told CBN News. She mentioned that other fees could also be added in. "The debt settlement company may charge a monthly fee, an account maintenance fee, and they also might charge you a fee at the end of the program when they've settled an account," she said. Gottovi said the FTC has received hundreds of complaints about the claims of some debt settlement companies. But if you're considering signing up with a debt settlement company, you need to pay attention to the red flags such as: Does the company charge an upfront fee? Do they tell you to stop making payments to your creditors? And read the fine print -- the money you save through negotiation could be considered income that you have to claim on your taxes.					9/21/2009	3:00 PM
<b>HEALTH</b>	JOY IN OUR TOWN #667	28:30	13:00	L	PA/O		
	Preparation is one of the most important things we can do to prevent a situation from escalating. So why not prepare our health and immune systems against illnesses as well? Today, host Marina Santos talks with Carol Ann Wegener of the Martin County Health Department about <i>Immunizations</i> . Ms. Wegener explains the challenges with communicable diseases among children and the new required immunizations for middle school students. She also discusses why some colleges are now requiring Meningitis vaccine prior to admissions and how parents can access the required vaccines for their children. Ms. Wegener also addresses who should not be vaccinated as well as some controversial concerns of vaccines.					08/14/09 08/15/09 08/17/09 08/18/09 08/20/09 08/20/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	JOY IN OUR TOWN #669	28:30	13:00	L	PA/O		
	According to results from the Americans Living with Pain Survey, seventy-two percent of people with chronic pain have lived with it for more than three years, including a third (34%) who have live with pain for more than a decade. Approximately 50 million Americans live with chronic pain today, it is the number one cause of adult disability in the United States. Nearly a third of Americans will experience chronic pain at some point in their lives. Today, host Jennifer Richardson talks with Dr. Mark Zimmerman of HealthStar Pain Center, Inc. about Pain Management. Dr. Zimmerman explains the difference between pain and chronic pain and the challenges to overcome when dealing with a patient with chronic pain. He discusses integrated and interventional pain management and how pain and fatigue are connected. Dr. Zimmerman also presents solutions for pain with popular treatment methods and physical therapy.					08/28/09	1:00 PM
						08/29/09	3:30 AM
						08/31/09	11:30 AM
						09/01/09	3:30 AM
						09/03/09	3:30 AM
						09/03/09	12:30 PM
	JOY IN OUR TOWN #670	28:30	13:00	L	PA/O		
	The adverse effects of drugs, legal or illegal, can create a wide variety of mental and physical health problems. Direct damage to health and its link to physical trauma is the toll for this abuse as evidenced in our hospitals and treatment facilities. Today, host Marina Santos talks with Dr. Wayne Creelman from the University of Florida Center for Psychiatry and Addiction Medicine about the Health Effects of Substance Abuse. Dr. Creelman explains the health issues and the challenges associated with substance abuse. He discusses the physical signs of abuse and addiction and how long it takes for substance abuse to show negative health effects. Dr. Creelman also talks about withdrawal symptoms and explains detoxification. The effects of using prescription drugs in a manner that is not intended by the manufacturer or physician is also discussed.					09/04/09	1:00 PM
						09/05/09	3:30 AM
					09/07/09	11:30 AM	
					09/08/09	3:30 AM	
					09/10/09	3:30 AM	
					09/10/09	12:30 PM	
					09/12/09	4:00 AM	
JOY IN OUR TOWN #671	28:30	13:00	L	PA/O			
A new flu virus of swine origin was detected in April, 2009. The virus is infecting people and has been spreading, sparking a growing outbreak of illness in the United States. Today, host Jasmine McFayden talks to Dr. Lisa Rankin about Novel H1N1. Dr. Rankin explains how the swine flu is different from the common flu and what health officials have learned about the flu and its contagious properties. She discusses the challenges safety and health officials and dealing as well as the current treatment methods. Dr. Rankin explains if everyone should be treated if tested positive for Swine Flu and if a patient should be treated if they suspect but do not have Swine Flu. She also discusses preventative treatment medications and who should receive them.					09/12/09	3:30 AM	
					09/14/09	11:30 AM	
					09/15/09	3:30 AM	
					09/17/09	3:30 AM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	JOY IN OUR TOWN #673	28:30	13:00	L	PA/O		
	An estimated 26% of American adults suffer from a diagnosable mental disorder in a given year. Studies reveal that mental illness accounts for over 15% of all diseases. This is more than the burden caused by all cancers. Today, host Jasmin McFayden talks with the Mental Health Association of Indian River County Communications Director Jeff Sledd about Mental Health. Mr. Sledd explains the current challenges in mental health on the Treasure Coast and how many mental illness are identified by health officials. He discusses some factors that may lead to a mental disorder and what determines a mental health problem from a behavioral problem. Mr. Sledd also discusses advancements that have been made in mental health treatments and why there is such a stigma about getting help.					09/25/09 09/26/09 09/28/09 09/29/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM
	700 Club CBN NewsWatch ##072909	1:00:00	5:00	REC	PA/E		
	Lori Johnson, CBN News Reporter, says vaccines can be a touchy subject. But most doctors are solidly behind them. And in most places, it's the law: in order to attend school, children must be vaccinated. But there are exceptions. All states allow medical exemptions, many offer religious exemptions, and an increasing number offer philosophical exemptions. In some school districts, as many as 20 percent of students are opting-out of vaccines, which has led to disease outbreaks. But many parents are wary of vaccines because they believe they cause autism. The Department of Health and Human Services, the Centers for Disease Control and Prevention, The Food and Drug Administration, and The American Academy of Pediatrics all agree that vaccines do not cause autism. In addition to childhood vaccines, there's also debate about adult vaccines, particularly for the seasonal flu. Most physicians recommend the flu shot for seniors and women of childbearing age. A Columbia University study showed getting the flu in the first half of pregnancy results in three times the risk of schizophrenia in the baby. If she gets the flu in the first 13 weeks, that risk jumps seven-fold. In fact, 14 percent of all schizophrenia cases are linked to the flu virus in the womb. Having the flu while pregnant is also linked to other developmental disorders like low I.Q. But flu shot critics say it doesn't work, citing an American Medical Association study that found that three percent of unvaccinated adults got the flu, but two percent of those who were vaccinated also got it. Right now, vaccine makers are planning for this fall, when the flu season begins. This year they have a new challenge: a swine flu vaccine. They're developing a vaccines, but they have to decide which will be needed most: a swine flu or seasonal flu vaccine. Making one takes away from making the other. Only a finite number can be manufactured, and it takes months to do it. The seasonal flu kills 36,000 Americans a year. So far, the swine flu has killed 300.					07/29/09	3:00 PM

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<b>HEALTH</b>	Doctor to Doctor ##218	28:30	28:30	REC	PA/E	07/07/09	12:30 PM
	Dr. Scott Hanan talked about Potential of Hydrogen (PH). PH can be too acidic it can cause chronic infections, or you wake up throughout the day with no energy, chronic pain syndromes, and headaches or stiff and tight. There are certain foods and nutrients you can put in your body to help balance PH. Dr. David Sklar talked about Emergency medical services system. Emergency physicians produced a report card broken up into 5 main areas. If you're getting seen in a timely manner, safety and quality, injury prevention, liability and state providing support for disasters. Dr Ace Anglin talked about leg cramps. This can occur if your experiencing heavy exercising, heavy lifting, dehydration and in many cases experience leg cramps when taking certain medications. It's very important you stretch before and after exercising, massage the affected area, take a warm shower and if necessary contact your physician.						
	Doctor to Doctor #219	28:30	28:30	REC	PA/E	7/14/2009	12:30 PM
	Dr. Dino Prato talked about Men's health. Men suffer from prostate issues, overweight, cardiovascular disease and diabetes. Estrogens are an epidemic for men because they have too much. The harmful estrogen's can cause mutations and changes the DNA in the prostate gland and can lead to cancer. By losing weight and eating healthy it can prevent diseases. Dr. Robert Hromas talked about four phases for new cancer drugs. First they need to test drug to see if it's effective or not. Two if it's effective against cancer being tested against. Three is how does it compare against alternative. Four how large of a dose should be given to patient. Dr. Caroline Leaf talked about how stress is a body's reaction to what's going on in deep in the limbic system which is in the middle of the brain. When we think negative we have a toxic memory. It is important to choose to create positive memories.						
	Doctor to Doctor #220	28:30	28:30	REC	PA/E	07/21/09	12:30 PM
	Dr. Glen Steele talked about vision therapy. Therapy is usually done if there is difficulty using both eyes together, sustained focusing ability, and eye movement control. You have to have a full comprehensive examination where all of these areas are evaluated to determine if they are sufficient to meet the task. It's best to identify the condition on time so that it can be treated faster. Dr. Dale Peterson talked about first aid. Treatment for burns that work effective is spray burn immediately with catalyst treated water then wrap it with gauze and keep moisturized. For cuts and scrapes apply pressure, cleanse wound thoroughly, avoid anti bacterial soaps and hydrogen peroxide on open wounds. Always have a first aid kit handy. Dr Armando Pineda-Velez talked about cholesterol and how we need it because it's a molecule that helps build our hormones. The bad cholesterol produces high blood pressure, hardening of arteries, or heart attacks, which is caused by saturated fat and stress management.						

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #221	28:30	28:30	REC	PA/E		
	Dr. Asa Andrew talked about the males and females hormonal issues. 80% of our health challenges are lack of diet and lifestyle. Males should get blood test or PSA tested by physician, take 100milgrams of zinc a day and 2 milgrams of copper to help testosterone levels increase. Females should get blood work done by physician and take organic iodine everyday and about 150 micrograms for ovaries and thyroid gland and overall health. Dr Ace Anglin talked about the three types of arthritis which are osteoarthritis, rheumatoid and gouty arthritis. The symptoms for arthritis are pain, swelling, maybe even redness in the particular joint and as well as limitation of movement. There are medication, treatments, and physical therapy. Dr Barbara McAnney talked about the Medicare system. Medicare is a way to help senior citizens with healthcare. Medicare part”A” is the hospital insurance trust fund. Part “B” is added on outpatient services.					07/28/09	12:30 PM
	Doctor to Doctor #222	28:30	28:30	REC	PA/O/E		
	Dr. Caroline Leaf talked about stress in children and how it affects a child even more than an adult. Stress activates by some kind of trigger. In order to control stress start to change your brain pattern by controlling stress levels, academic situations, and give your child lots of love. You may also seek consultation from physician. Dr. Scott Hannen talked about weight loss. If we eat the right food in the proper balance we don’t get disruption in the blood sugar and we don’t have canines and gain weight. To keep the weight off the Keto Diet is recommended as well as eating 4 to 6 meals a day with small meals that have protein, complex carbs and fruit or vegetables. Dr. Melissa Walker talked about colon cancer. Cancer makes cells form clumps also known as tumors. There are two types of tumors benign tumor which is non-cancerous and malignant tumor which is cancerous. In colon cancer the cells invade the colon which is large intendant in the body.					08/04/09	12:30 PM
Doctor to Doctor #223	28:30	28:30	REC	PA/E			
Dr. Craig Thomas talked about attitude in health. How you think is the impact you have on your health through chemistry and gene expression. Subsequently it gets translated into things in our body and promotes health or will help to have an illness. Three ways to boost up your confidence is count your blessings, have an attitude of gratitude and train your brain to be positive. Dr Chauncey Crandall talked about hypertension also known as the silent killer. Some people are born with hereditary defects and others are not living a good lifestyle, so they develop diseases. By lowering you blood pressure, eating better and losing weight it can help you live a healthier live. Dr. Monica Allison talked about dry eyes. Having a lack of tears can cause dry eyes. Tears wash away debris, prevent infections and provide a clear comfortable smooth surface as well as lubrication. You can get over the counter medication as long as there not for red eyes and preservative free.					8/11/2009	12:30 PM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #224	28:30	28:30	REC	PA/E		
	Dr. Eric Braverman talked about the brain being the most important part of the body. As we get older there are herbs that will keep the brain chemical dopamine high so that you can have energy and not go into menopausal madness. Get as much nutrients as possible and change your lifestyle because it can reverse diseases. Dr. Carolina Ceron-Canas talked about walking pneumonia. Typical or walking pneumonia comes more slowly feeling achy, cold, or scratch throat. Symptoms for pneumonia are high fevers and difficulty breathing. Take antibiotics, drink plenty of water, get rest and eat healthy fresh foods. Check with physician if symptoms get worst. Dr. Armando Pineda-Velez talked about the three different kinds of arthritis osteo arthritis which is seen in the elderly, juvenile arthritis is seen in young people and rheumatic fever is the arthritis people get called rheumatism. See a doctor to determine what kind of arthritis you have.					08/18/09	12:30 PM
	Doctor to Doctor #225	28:30	28:30	REC	PA/E		
	Dr. Fred Potts talked about obesity and how it can lead to high blood pressure, diabetes, high cholesterol and heart disease. 95% of people who lose weight gain it back within 5 years. Dr. Monica Allison talked about computer vision syndrome. There is no perminate damage by using a computer. Symptoms are eye strain, headaches, blurred vision, neck and back strain depending on your computer. A way to eliminate CVS is by taking frequent rest brakes throughout the day and switching to different tasks. Dr. Barbara McAnney talked about getting the most out of your doctor's visit. To help the doctor bring your medications and the dose of how much your taking, explain the medical treatments you had in the past, write down and prioritize your questions so you don't for get to ask doctor and bring someone you trust to be there with you just in case you forget some of the thing the doctor tells you. These procedure help save you and the doctor time since there are storages in doctors.					08/25/09	12:30 PM
	Doctor to Doctor #226	28:30	28:30	REC	PA/O/E		
	Dr. Donna Novak talked about how to prevent backpack injuries. The type of backpack injuries are pinched nerves in the neck, tingling, numbness, shoulder, back and low back pain. Backpacks should be no more than 2/3 of the distant between shoulders and waist. The width of their backpacks should be no wider then their backs. It's important that straps are worn on both shoulders to help balance and prevent injuries. Dr. Dale Peterson talked about attention deficit disorder. Children shown to have ADD/ADHD have low PST enzymes and have lower levels of minerals, including magnesium, copper, zinc, calcium and iron. Vitamins, omega 3 fatty acid are and a good diet is Recommended with ADD/ADHD. Dr. Carl Schmidt talked about pain. Sugars or carbohydrates that are processed with high fructose, corn syrup or artificial sweeteners can cause the body to be more acidic and the more acidic the more pain. By drinking more water it and eating right it helps the pain not to be as strong.					09/01/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	Doctor to Doctor #227	28:30	28:30	REC	PA/E		
	Dr. Jeremy Martin talked about chiropractic care. The body's physical stress, poor posture, mental stress and chemical stress can cause serious conditions in our bodies called subluxation, it's when there's a breakdown in your brain and body due to stress on the spinal nerves or spinal cord. It's important to get checkups by chiropractor just in case you need to have therapy. Dr. Thomas Destephano talked ankle replacement surgery. People develop bad changes in their ankles often from post trauma, previous fracture or having had previous surgery. Patient may need to go get MRI to get diagnosis. Dr. Steve Johnson talked about special needs children. Special needs can mean children with learning disorders, ADD, cerebral palsy, down syndrome and autistic. To identify if you r child has down special needs they have to get an M-CHAT scan. This procedure is q survey for parents that pediatricians use to see if the child fits in the category.					09/15/09	12:30 PM
	Doctor to Doctor #228	28:30	28:30	REC	PA/E		
	Dr. Chauncey Crandall talked about stress. Being overweight can cause stress. By improving you habits you at home you can live to have a predictable day. Stay away from negative things and focus on the positive, also having quite time brings out stress levels so by reading a book can help you relax. Dr. Dale Peterson talked about prostate cancer. The prostate gland is approximately the size and shape of a walnut that is located near the outlet of the bladder. Prostate cancer does not show any signs or symptoms until it is advance. To prevent prostate cancer start checking prostate at age's 30's or 40's, take omega 3 oils and resveratrol which are grape skin. Dr. Barbara McAnney talked about family history with cancer. Cancer develops because a mutation occurs and an error happens in the DNA. Sporadic cancers not related from generation to generation but you still need to do early screening because if early cancer is detected there is a much greater chance of healing.					09/22/09	12:30 PM
<b>CIVIC</b>	JOY IN OUR TOWN #662	28:30	13:00	L	PA/O		
	Today, host Jasmine McFayden talks with St. Lucie County Clerk of the Court Joe Smith about the <i>Office of Clerk of the Courts</i> . Mr. Smith explains the duties and responsibilities of the Clerk's Office and the challenges involved in managing all the various documents of court records. He discusses what qualifies as a court record and the type of services that are relied upon by the residents of St. Lucie County. Mr. Smith also speaks about the current challenges the Clerk's Office is facing and how the office is funded. He discusses what affects these challenges may have on court proceedings and residents of the County.					07/10/09	1:00 PM
						07/11/09	3:30 AM
						07/13/09	11:30 AM
						07/14/09	3:30 AM
						07/16/09	3:30 AM
						07/16/09	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CIVIC</b>	JOY IN OUR TOWN #666	28:30	13:00	L	PA/O		
	As downsizing trends continue, 'unemployment' is the current buzz word, begging the paradox of how the economy can strengthen with unemployment in opposition. Today, host Jasmine McFayden talks with Commissioner Paula Lewis from the St. Lucie County Board of County Commissioners about <i>Unemployment</i> . Ms. Lewis explains the challenges involved in strengthening our economy amidst rampant layoffs and the current unemployment statistics of unemployment in St. Lucie County. She discusses the affect unemployment is having on our local economy and what sectors have seen the highest levels of unemployment. Ms. Lewis explains the recent decision by the County to claim an Economic State of Emergency and what this situation really means. Ms. Lewis also talks about some solutions for fixing unemployment in St. Lucie County.					08/07/09 08/08/09 08/10/09 08/11/09 08/13/09 08/13/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
<b>FAMILY</b>	JOY IN OUR TOWN #660	28:30	13:00	L	PA/O		
	If babies came with labels and manuals it would save parents a lot of time and frustration. Unfortunately, parenthood doesn't come with a script and instructions are not included. Today, host Marina Santos talks with Sylvie Kramer of Kids Connected By Design, Inc. about Parenting. Ms. Kramer discussed whether teens are a step behind adults when it comes to first time parenting and the rate of teen births on the Treasure Coast. She explains some common 'parenting mistakes' and oversights that are often made by new parents. She discusses the challenges facing a single parent with little or no parenting skills and what is involved in parenting classes. Finally, Ms. Kramer gives some overall advice to prospective parents to raise a well adjusted child.					07/02/09 07/02/09	3:30 AM 12:30 PM

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**WTCE-DT 38**  
**QUARTERLY REPORT**  
**OCTOBER, NOVEMBER, DECEMBER 2009**

**WTCE-DT 38 FORT PIERCE, FLORIDA  
PROGRAMS PERTAINING TO LEADING  
COMMUNITY PROBLEMS/ISSUES FOR  
OCTOBER, NOVEMBER, DECEMBER 2009**

**CRIME**

**ECONOMY**

**EDUCATION**

**FAMILY**

**TRANSPORTATION**

**CIVIC AFFAIRS**

**THE FOLLOWING ISSUES ARE ALSO INCLUDED  
IN SUPPORT OF COMMUNITY INTEREST PROGRAMMING**

**HEALTH**

**ENVIRONMENT**

**THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF WTCE-DT 38  
PROGRAMMING ADDRESSING THE ISSUES/PROBLEMS NAMED ON THE ASCERTAINMENT  
LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC  
REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE  
FOURTH QUARTER: OCTOBER, NOVEMBER, DECEMBER 2009**

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EDUCATION</b>							
	JOY IN OUR TOWN #674	28:30	13:00	L	PA/O		
	The battle is inevitable. For the rebels, victory is futile, but that doesn't dissuade them. Homework, that dreaded school time activity that has students and many parents on edge for 10 months each year, pulling their hair out and generally making things worse than they really are. Today, host Jennifer Richardson talks with Mary Tatem, Executive Director of the Huntington Learning Center about Homework. Ms. Tatem explains the general function of homework and why students avoid it so much. She dicusses the challenges students should prepare themselves for and some common problems that parents face when it comes to helping their children with homework. Ms. Tatem also discusses how parents can get a better response to homework from their children. SAT and ACT scores and preparation are also discussed.					10/02/09 10/03/09 10/05/09 10/06/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM
	JOY IN OUR TOWN #679	28:30	13:00	L	PA/O		
	Due to economic factors, St. Lcuie County has seen a decrease in its residential population. But how have these summertime events impacted public school attendance? Today, host Jasmin McFayden talks with Janice Karst, Communications Director of the St. Lucie County School Board, about Educational Stimuli. Ms. Karst explains the difference is school attendance this year vs. last year and to what that difference is attributed. She discusses the challenges of a greater student enrollment in light of recent school closings and how charter schools and homeschoolers affected the St. Lucie County school enrollment. As part of a joyful solution, Ms. Karst discusses a recent stimulus grant and its benefit to the St. Lucie County School Board. She explains the budgetary limitations of the grant and how the money may be utilized.					11/06/09 11/09/09 11/12/09	1:00 PM 11:30 AM 12:30 PM
	JOY IN OUR TOWN #681	28:30	13:00	L	PA/O		
	Charter schools are new, innovative public schools and are one of the fastest growing reforms in the country. Based on the belief that America's public schools should meet standards of excellence and beheld accountable, parents are lining up to choose these schools to met the individual needs of their children. Today, host Jasmin McFayden talks with Janice Karst, Communications Director for the St. Lucie County School Board, about Charter Schools. Ms. Karst explains how charter schools affect the St. Lucie County School system and how many charter schools are currently operating in the county. She discusses the curriculum taught ina charter school and why charter schools seem to garner so much attention. Ms. Karst also discusses how the demographics for charter schools are decided.					11/20/09 11/21/09 11/23/09 11/24/09 11/26/09 11/26/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>EDUCATION</b>							
	JOY IN OUR TOWN #684	28:30	13:00	L	PA/O		
	More and more, parents are signing up to teach their children at home. What was once strange and curious has become a growing and interesting practice. Yet many questions remain. Today, host Jennifer Richardson talks with Janice Karst, St. Lucie County School Board Communications Director, about Home Schooling. Ms. Karst explains why some parents choose to separate from tradition and opt to home school their children. She discusses how parents can teach subjects with which they are not familiar and what is required curriculum for home schooled students. Ms. Karst also discusses how parents can involve their home schooled students with other students as in a traditional school setting and what public school activities are available to home schooled students.					12/11/09 12/12/09 12/14/09 12/15/09 12/17/09 12/17/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #685	28:30	13:00	L	PA/O		
	With an increased interest in progress in education, a new method of calculating school performance is being put into effect. Today, host Jennifer Richardson talks with Janice Karst, St. Lucie County School Board Communications Director, about High School Grading. Ms. Karst explains what a schools grade means and why the method is changing. She discusses the how student participation will affect their schools grade and what a school's grade means to students, parents, and other institutions like colleges.					12/18/09 12/19/09 12/21/09 12/24/09	1:00 PM 3:30 AM 1:00 PM 12:30 PM

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<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<b>FAMILY</b>	JOY IN OUR TOWN #674	28:30	13:00	L	PA/O			
						10/02/09	1:00 PM	
						10/03/09	3:30 AM	
						10/05/09	11:30 AM	
						10/06/09	3:30 AM	
	As children get close to becoming adults, the parent/child relationship changes. Some teens, ready to rule the world and knock the doors down, may be a little too anxious and presumptuous for their own good. Today, host Jennifer Richardson talks with Eric Seibenick, Father & Child Connection Specialist for the Early Learning Coalition of St. Lucie County about Parenting Older Teens. Mr. Seibenick explains the challenges parents face as their children become adults and what happens to the parent/child dynamic. He discusses when the parent/child dynamic ceases and when it is proper to 'cut the apron strings'. Mr. Seibenick also discusses how parents can deflect the power struggle of the teen/parent relationship and some good ways for parents to ready their children for adult independence.							
	JOY IN OUR TOWN #680	28:30	13:00	L	PA/O			
						11/13/09	1:00 PM	
						11/16/09	11:30 AM	
						11/17/09	3:30 AM	
						11/19/09	3:30 AM	
						11/19/09	12:30 PM	
						11/24/09	4:00 AM	
For better or for worse, for richer or poorer; yet when the chips are down many relationships struggle. Even joyous holiday times can sometimes shake the foundations of solid relationships and family stability. Today, host Jasmin McFayden talks with Dr. Doug Borrie and Gundula Hargraves of CASTLE about Domestic Difficulties. Dr. Borrie explains why tough economic times tend to weigh heavily on relationships and how the current economy is effecting relationship stability across the Treasure Coast. He discusses what happens around holidays that shake the stability out of what should be a joyful family time and how children fare during domestically troubling times. How families can overcome these challenges are also discussed as well as how currently separated families can minimize the stress of the holiday season.								
JOY IN OUR TOWN #681	28:30	13:00	L	PA/O				
					11/20/09	1:00 PM		
					11/21/09	3:30 AM		
					11/23/09	11:30 AM		
					11/24/09	3:30 AM		
					11/26/09	3:30 AM		
					11/26/09	12:30 PM		
No one has all the answers when it comes to raising safe and healthy teens who are prepared to succeed in the world. But research does show that certain approaches to parenting can often make a difference. Today, host Jasmin McFayden talks with Dr. William Nicoll, Florida Atlantic University Professor of Counseling, about Family Dynamics and Parenting Styles. Dr. Nicoll explains the many different styles of parenting and the essential components of an effective parenting style. He discusses how family dynamics compound the issues of parenting and what challenges adoptive and step-parents should expect. Dr. Nicoll also discusses a good response to bad behavior and how parents can adjust their parenting style without presenting an indecisive appearance to their child.								

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>FAMILY</b>							
	JOY IN OUR TOWN #682	28:30	13:00	L	PA/O		
	The few cases of abuse or neglect we see in the news are only a small part of the problem. Many cases are not reported to police or social services. in 2007, U.S., state, and local child protective services investigated 3.2 million reports of children being abused or neglected. Today, host Jasmin McFayden talks with Department of Children and Families' Cheri Sheffer and Bob McPartlan about Child Maltreatment. Mr. McPartlan explains the different types of child maltreatment and how reporting child maltreatment has changed since 1980. He discusses the trend in child victimization rate and the average age profile of maltreatment victims. Mr. McPartlan also discusses the most common form of child maltreatment and the resources available for victims and their families.					11/27/09 11/28/09 11/30/09 12/01/09 12/03/09 12/03/09 12/08/09	1:00 PM 3:30 AM 11:30 AM 4:00 AM 3:30 AM 12:30 PM 4:00 AM
	JOY IN OUR TOWN #683	28:30	13:00	L	PA/O		
	Does this scenario sound familiar to you? "When times are good, its great. When it's not great, it's downright horrible." Every relationship has its ups and downs. Seeking qualified advice and support could help turn things around. Today, host Jennifer Richardson talks with Dr. William and Monica Nicoll about Counseling. Dr. Nicoll explains the difference between therapy, counseling, and coaching and some popular methods currently being used. Mrs. Nicoll discusses why someone should seek marriage or family counseling and how to know if it is your spouse, the relationship, or yourself that is the problem. At what point in a declining relationship should counseling be sought is also discussed.					12/04/09 12/05/09 12/07/09 12/08/09 12/10/09 12/10/09 12/14/09 12/14/09 12/16/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM 12:00 PM 1:00 PM 5:00 AM

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<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CRIME</b>	JOY IN OUR TOWN #675	28:30	13:00	L	PA/O		
	Gangs exist in every type of neighborhood, in every corner of the nation. To combat this, empowering gang-influenced youth to make healthier choices is seen as a major goal. Today, host Jennifer Richardson talks with Ft. Pierce Police Department's Master Officer Paul Pearson and Officer Dani Dreizehnter about Gang Prevention. Officers Pearson and Dreizehnter explain what prompts kids to join gangs and what identifies a typical 'at-risk' youth. They discuss the average age of a Treasure Coast gang member and what deficit exists in society for gangs to be so prevalent. The officers also discuss where and how parents can get help.					10/12/09	11:30 AM
						10/13/09	3:30 AM
						10/15/09	3:30 AM
						10/15/09	12:30 PM
	JOY IN OUR TOWN #679	28:30	13:00	L	PA/O		
	Overall crime in the US has dwindled to nearly 1960's levels, with particularly violent crimes - murder and rape - on a dramatic downward spiral, according to FBI records. Yet across the country, and especially in the South, residents are still alarmed about crime. Today, host Jasmin McFayden talks with Tom Bakkedahl, Chief Assistant Attorney for the 19th Judicial Circuit State Attorneys Office,, about Violent Crime. Mr. Bakkedahl explains what makes a crime violent and the difference between 'battery' and 'assault'. He discusses the current trend of violent crime and the average age of violent crime offenders. Mr. Bakkedahl also discusses the '10/20/Life handgun law' and what resources are available for victims of violent crimes.					11/06/09	1:00 PM
						11/09/09	11:30 AM
						11/12/09	12:30 PM
	JOY IN OUR TOWN #682	28:30	13:00	L	PA/O		
	In an attempt to control crime activity, police, media outlets and even the public are working together to fight crime. Thanks to the help of common citizens, police nab evasive suspects and solve puzzling crimes. Today, host Jasmin McFayden talks with Ken Wilson, Executive Director of Treasure Coast Crime Stoppers about Tipsters Fighting Crime. Mr. Wilson explains the type of information that tipsters can uncover that police investigations cannot and why policing authorities rely on civilian information. He discusses the accuracy and reliability of most tips received through anonymous sources and what types of crimes receive the most tips. Mr. Wilson also discusses the most important tip details to give and the safety of those reporting crimes.					11/27/09	1:00 PM
						11/28/09	3:30 AM
					11/30/09	11:30 AM	
					12/01/09	4:00 AM	
					12/03/09	3:30 AM	
					12/03/09	12:30 PM	
					12/08/09	4:00 AM	

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CRIME</b>	JOY IN OUR TOWN #684	28:30	13:00	L	PA/O		
	About 200,000 murders have gone unsolved in the United States since 1960, and crime statistics show that each year cold cases grow by about another 6,000 cases. According to Department of Justice records, 54% of all murders go unsolved or hang up in cold case files. Today, host Jennifer Richardson talks with Ft. Pierce Police Departments Sergeant John Schramm and Detective David Cuti about Cold Cases. Det. Cuti explains the term 'cold case' and how many cases Ft. Pierce currently has. Sgt. Schramm discusses contributing factors to unsolved crimes and what resources are used to solve these cases. Det. Cuti also discusses what kind of training is involved for investigating cold cases, while Sgt. Schramm discusses the importance of the first 48 hours after a crime is committed.					12/11/09	1:00 PM
						12/12/09	3:30 AM
						12/14/09	11:30 AM
						12/15/09	3:30 AM
						12/17/09	3:30 AM
						12/17/09	12:30 PM
	JOY IN OUR TOWN #686	28:30	13:00	L	PA/O		
	Driving is a privilege, not a right. 'Ignorance of the law' is no excuse when confronted by a traffic officer or the judge. It is every driver's responsibility to be knowledgeable for the rules of the road. Today, host Jennifer Richardson talks with Master Officer James Cozine of the Ft. Pierce Police Department about Traffic Laws. Ofc. Cozine explains a moving violation and common mistakes drivers make when operating a moving vehicle. He discusses the challenges authorities are posed with in regards to traffic laws and what makes a vehicle 'road legal'. Ofc. Cozine also discusses how often traffic laws are changed and where residents can find information on recently changed traffic laws.					12/28/09	11:30 AM
						12/29/09	3:30 AM
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<b>TRANSPORTATION</b>							
	JOY IN OUR TOWN #675	28:30	13:00	L	PA/O		
	As populations grow and congestion builds, Transportation Development continues to have it's share of complexities and challenges. But with continued development, these programs are starting to see some local potential. Today, host Jennifer Richardson talks with Peter Buchwald, Executive Director of the St. Lucie Transportation Organization about Transportation Development. Mr. Buchwald explains the challenges the Treasure Coast is currently experiencing with transportation and what factors may compound the issue. He discusses the types of mass transit systems available to the Treasure Coast as well as some alternative modes that are being considered. Mr. Buchwald also discusses recent developments in transportation planning and what projects are envisioned for the St. Lucie area.					10/12/09 10/13/09 10/15/09 10/15/09	11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #678	28:30	13:00	L	PA/O		
	As populations grow along with concerns for efficient commuting, new interest in enhanced community identity and values are sought. Today, host Jasmine McFayden talks with Phil Matson, Metropolitan Planning Organization Director for Indian River County, about Traditional Neighborhood Designs. Mr. Matson explains the 'TND' concept and how it differs from the 'mixed use' concept. He discusses the problems that urban sprawl introduces as it relates to transportation and some challenges the 'TND' plan hopes to overcome. Mr. Matson also discusses the difficulties in balancing ease of access and environmental concerns when planning a roadway.					10/30/09 10/31/09 11/02/09 11/05/09	1:00 PM 3:30 AM 11:30 AM 12:30 PM
	JOY IN OUR TOWN #680	28:30	13:00	L	PA/O		
	As roadways continue to clog and bottleneck with increased congestion, new methods for relief and streamlining are sought. Today, host Jasmin McFayden talks with Phil Matson, Metropolitan Planning Organization Director for Indian River County, about Transit Issues. Mr. Matson explains the currently proposed 'Highway Bill' and the 'pay per mile' plan and who it may benefit as well as other propositions in the upcoming bill. He discusses the current expense of building new roadways and the public reception to mass transit in Vero Beach. Mr. Matson also discusses some new routes becoming ready for commuters and the biggest obstacles to implementing transit.					11/13/09 11/16/09 11/17/09 11/19/09 11/19/09 11/24/09	1:00 PM 11:30 AM 3:30 AM 3:30 AM 12:30 PM 4:00 AM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>TRANSPORTATION</b>							
	JOY IN OUR TOWN #685	28:30	13:00	L	PA/O		
	Transportation helps shape an area's economic health and quality of life. Not only does the transportation system provide for the mobility of people and goods, it also influences patterns of growth and economic activity by providing access to land. Today, host Jennifer Richardson talks with Mike Busha, Executive Director of the Treasure Coast Regional Planning Council, about Patterns of Development. Mr. Busha explains the current challenges with transportation on the Treasure Coast today and how a poor transportation plan reflects on a regions image. He discusses the benefits of upgrading roadways, teh pitfalls of building new roadways and the new '2035 Martin/St. Lucie transportation plan'.					12/18/09 12/19/09 12/21/09 12/24/09	1:00 PM 3:30 AM 1:00 PM 12:30 PM
	JOY IN OUR TOWN #686	28:30	13:00	L	PA/O		
	For most of us, Transportation Planning is nothing more than plotting a course in a GPS, then sitting back and enjoying the ride. Transportation Managers, on the other hand, are tasked with maintaining the traffic routes and flow, so that your GPS gets you where you want to go. Today, Jennifer Richardson talks with Peter Buchwald, Executive Director of the St. Lucie Transportation Planning Organization, about Transportation Planning. Mr. Buchwald explains how the face of the Treasure Coast has changed in recent years and the transportation needs of the Treasure Coast area. He discusses what a 'long range transportation plan' means for the Treasure Coast and what types of transpotation changes are coming. Mr. Buchwald also talk about an upcoming public event where residents may participate and give input.					12/28/09 12/29/09 12/31/09 12/31/09	11:30 AM 3:30 AM 3:30 AM 12:30 PM

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<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ECONOMY</b>							
	JOY IN OUR TOWN #676	28:30	13:00	L	PA/O		
	They are eager for freedom, eager to live life. But do new college students understand the basics of their personal economics? With recent reports of students incurring an average of \$2,700 in credit card debt, one would suggest no. Today, host Jennifer Richardson talks with Jessica CeCere, President of Consumer Credit Counseling Services, Inc. about Economy For College Students. Ms. CeCere explains the challenges that new college students have to overcome with managing their money and where they go wrong when analyzing their spending habits. She discusses the importance of proper saving and checking account management and the warning signs of a financial crisis. Ms. CeCere also discusses good alternatives to credit cards and hidden costs that many new college students don't realize until it is too late.					10/16/09 10/17/09 10/19/09 10/20/09 10/22/09 10/22/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #676	28:30	13:00	L	PA/O		
	With the economy struggling to get back on its feet, the housing market is experiencing its own aches and pains. Trying to wade through all the data can be overwhelming and confusing. Today, host Jennifer Richardson talks with William Pittenger of the Martin County Economic Council about the Housing Market. Mr. Pittenger explains the state of the local housing market and how officials measure the number of homes that are vacant and offered for sale. He discusses the moratoria on housing and the recent effect it has had. Mr. Pittenger also discusses the leading cause of foreclosures and we fare locally compared to the state average. Median home prices and housing inventories are also discussed.					10/16/09 10/17/09 10/19/09 10/20/09 10/22/09 10/22/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #677	28:30	13:00	L	PA/O		
	As the rumors of a recovering economy persist, unemployment seems to not be listening. One must wonder if this is just a trend defying component of economic indicators or is something else going on? Today, host Jennifer Richardson talks with William Pittenger of the Martin County Economic Council about the Employment Market. Mr. Pittenger explains the current unemployment situation of the Treasure Coast and the effect unemployment is having on our economy. He discusses when the Treasure Coast is expected to see a recovery in the employment market and what the difference is between this recent recession and previous recessions' job losses. Mr. Pittenger also discusses why the employment market is a trailing indicator if consumer spending is such a large part of our economy.					10/23/09 10/24/09 10/26/09 10/27/09 10/29/09 10/29/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>ECONOMY</b>							
	JOY IN OUR TOWN #677	28:30	13:00	L	PA/O		
	In these penny pinching times of economic difficulty, staying financially aware is a good step towards financial stability. Today, host Jasmin McFayden talks to Carol Alberts, University of Florida / IFAS, St. Lucie County Extension Program Specialist, about Financial Advice. Ms. Alberts explains a good spending plan and why 'budgets don't work'. She discusses the best way to manage debt and some good tips for big and little spenders. Ms. Alberts also discusses a weekly series of financial advice that residents may attend.					10/23/09 10/24/09 10/26/09 10/27/09 10/29/09 10/29/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM
	JOY IN OUR TOWN #683	28:30	13:00	L	PA/O		
	For many people, financial recovery continues to be elusive and just staying afloat is a continuing struggle. When the chips are down and you've already traded Plan B for Plan Z, learning to manage the tough times becomes all important. Today, host Jennifer Richardson talks with Carol Alberts, University of Florida/IFAS; St. Lucie County Extension Agent, about Managing Tough Times. Ms. Alberts explains how it is possible to to maintain a quality of life while on a budget and why 'payday' lenders should be avoided. She gives tips on good ways to cut back expenses and gives advice for people who are not used to cutting back. Ms. Alberts talks about what bills are most important to pay and which may be deferred. She also discusses emergency funds and explains assets and liabilities.					12/04/09 12/05/09 12/07/09 12/08/09 12/10/09 12/10/09 12/10/09 12/14/09 12/14/09 12/16/09	1:00 PM 3:30 AM 11:30 AM 3:30 AM 3:30 AM 12:30 PM 12:00 PM 1:00 PM 5:00 AM

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<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>CIVIC</b>	JOY IN OUR TOWN #678	28:30	13:00	L	PA/O		
	Some local governments are contemplating the use and institution of a Citizen Budget Committee or Advisory Board. To learn more about what an Advisory Board is and how it will work with the local governments, host Jasmin McFayden talks with Erick Gill, St. Lucie County Board of Commissioners Public Information Officer, about Citizen Budget Committees. Mr. Gill explains the function of a budget committee and how governments work with them. He discusses the structure of an advisory board and the process of becoming a board member. Mr. Gill also discusses the type of budgets overseen by advisory boards and what changes the board may make.					10/30/09 10/31/09 11/02/09 11/05/09	1:00 PM 3:30 AM 11:30 AM 12:30 PM
<b>ENVIRONMENT</b>	JOY IN OUR TOWN #673	28:30	13:00	L	PA/O		
	The Indian River Lagoon is one of Florida's great natural habitats that supports an incredible diversity of life. But, in recent years the health of the lagoon has suffered, making restoration efforts necessary. Today, host Marina Santos talks with Florida Atlantic University's Dr. Donna Devlin and Dr. Ed Proffit about the Indian River Lagoon Restoration. Dr. Devlin explains how the lagoon systems works and the state of the lagoon at this time. Dr. Proffit discusses why the condition of the lagoon exists and how it can be corrected. The importance of maintaining the lagoon and the impacts of pollutants are also discussed.					10/01/09 10/01/09	3:30 AM 12:30 PM
<b>HEALTH</b>	JOY IN OUR TOWN #673	28:30	13:00	L	PA/O		
	An estimated 26% of American adults suffer from a dianosable mental disorder in a given year. Studies reveal that mental illness accounts for over 15% of all diseases. This is more than the burden caused by all cancers. Today, host Jasmin McFayden talks with the Mental Health Association of Indian River County Communications Director Jeff Sledd about Mental Health. Mr. Sledd explains the current challenges in mental health on the Treasure Coast and how many mental illness are identified by health officials. He discusses some factors that may lead to a mental disorder and what determines a mental health problem from a behavioral problem. Mr. Sledd also discusses advancements that have been made in mental health treatments and why there is such a stigma about getting help.					10/01/09 10/01/09	3:30 AM 12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	700 Club CBN NewsWatch ##111809	1:00:00	7:00	REC	PA/E		
	<p>Since the April outbreak of swine flu, U.S. officials have declared national health emergencies and bought 200 million vaccines. Most experts are saying the H1N1 virus deserves this reaction. Other interpretations cast doubt on the severity. The national emergency approach started with an April 26 announcement from Janet Napolitano, head of Homeland Security. "The Department of Health and Human Services will declare, today, a public health emergency in the United States," Napolitano said. The international emergency was announced on June 11 by Margaret Chan, head of the World Health Organization. "The world is now at the start of the 2009 influenza pandemic," Chan said. On Oct. 23, President Barack Obama signed a proclamation declaring swine flu a national emergency. One White House official stated that the proclamation allowed hospitals to apply for waivers of federal rules that restrict treatment measure. Critics wondered why the effort was made prior to any need for hospitals to have flexibility. So far, hospitals in the U.S. are coping well despite the presidential proclamation to ease bureaucratic restrictions on hospitals. They can now put up treatment tents for an onslaught of swine flu victims that may never happen. One group of high concern for H1N1 is infants. Experts say this fact highlights the variety of viruses capable of producing serious complications. In fact, medical authorities use a category called ILI, "influenza-like illness" to describe everything that is flu or similar to flu. Overall, only about 20 percent of all ILI is actually influenza.</p> <p>Since Sept. 1, confirmed H1N1 flu deaths in the U.S. are over 1,000, including well over 100 children. However, flu deaths in young kids have been increasing since 2003 when they began receiving seasonal flu shots. A few experts suspect the shots have harmed the immune systems of some children. U.S. health officials have now re-calculated flu deaths on an estimate basis. The Centers for Disease Control now says more than 4,000 have died since April. Critics say it's not right to blame all those deaths on H1N1 when the predominant killer really is pneumonia. If the swine flu vaccine is effective and the virus doesn't change, then the U.S. could face a flu season even less serious than what the Southern Hemisphere faced. Most epidemiologists doubt this virus will mutate into the kind of killer seen in the 1918 Spanish Flu.</p>					11/18/2009	3:00 PM
	Doctor to Doctor #230	28:30	28:30	REC	PA/E		
	<p>Dr. Zev Mellman talked about taking vitamins and supplements. It's very important to take ones that are specific for your system by asking your doctor. It's important to read labels and monitor how the supplements make you feel. Protein, Amino Acids and B vitamins are all important in building up skeletal tissue. Dr. Thomas Distefano talked about Knee replacement surgery. 80% of people will need some type of orthopedic surgery in their lifetime. There are a lot of factors to consider before surgery such as age, surgeon's skill level and length of recovery. Dr. Jace Wolfe talked about how 31 million Americans have some type of hearing loss. It is the third most common disability in the United States. It is also the most common disability at birth. Newborns are now having their hearing checked. It's important to take steps to protect hearing from high levels of noise.</p>					10/6/2009	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	#Doctor to Doctor #231	28:30:00	28:30:00	REC	PA/E		
	Dr. Dale Peterson talked about Breast Cancer awareness. Detection is very important to catch it early. 5% of cancer doesn't include lumps. There is Inflammatory Breast Cancer. Symptoms are skin looks bruised, burning, increase in breast size and tenderness. There is also Paget's Disease. Symptoms are irritation, flaky skin, redness, burning and itchy skin. It's important to see a doctor immediately to get symptoms checked out. Dr. Doreen Lewis-Overton talked about bone density. It is very important to gets our bones checked. Factors such as broken bones, birth control and kidney stones can affect bone density. Dr. Thomas Distefano talked about hand ailments. The most common are cysts and Trigger Finger or Trigger Thumb. Treatments could include ice, Cortizone injection or draining of fluids. Surgery is recommended if pain or discomfort continues.					10/13/2009	12:30 PM
	Doctor to Doctor #232	28:30	28:30	REC	PA/E		
	Dr. Shellie Faris talked about breast cancer. Fear, anger, sadness, denial and uncertainty of the future are common feelings after being diagnosed. It is the second leading cause of cancer deaths. Risk factors include being female, over the age of 40, family history and obesity. It's important to be educated and see a doctor if there are problems. Dr. Randy Brison talked about Celiac Disease. It is when the immune system attacks the small intestine and doesn't allow it to properly absorb nutrients. Symptoms can be poor growth, failure to thrive, chronic abdominal pain, poor weight and irritability. It is usually cause by being sensitive to wheat. Dr. Monica Allison talked about eye exams. It's important for infants and young children to have eye exams. Adults should be checked for Diabetic Retinopathy, glaucoma, and Muscular Degeneration. The earlier problems are detected in the eye the better.					10/20/2009	12:30 PM
	Doctor to Doctor #233	28:30	28:30	REC	PA/E		
	Dr. Dale Peterson talked about Breast Cancer Prevention. Women with high levels of estrogen are at more risk of developing breast cancer. Women that ate mushrooms, soy, vegetables and drank green tea reduced their risk. Omega3 Fatty acids and weight reduction also helped in preventing breast cancer. Dr. Scott Hannen talked about hormones being out of balance, particularly estrogen and proestrogen. It's important that there is balance in the Adrenal System. It can be achieved by not eating refined sugar, taking a B Complex Supplement, moderate exercise and natural phytoestrogens. Dr. Doreen Lewis-Overton talked about Cholesterol. Cholesterol is important for creating Vitamin D, helping with digestion and making brain/skin cells. If your Cholesterol is high, it is important to find the cause. Food allergies, medications and infections can lead to high Cholesterol.					10/27/2009	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	#Doctor to Doctor #234	28:30:00	28:30:00	REC	PA/E		
	Dr. Dino Prato talked about women's health. It's important to know your family history and find a prevention plan to reverse the disease process. Synthetic hormones and Estrogen Dominance can lead to increased risk of cancers, Alzheimer's, heart disease and strokes. It's important to have your hormone levels checked. Dr. Gene Jams talked about dehydration since our body is 75% water. Symptoms can be thirst, nausea, dry skin/mouth, dizzy, muscle cramps and headaches. We should drink 8 glasses of pure, clean water a day. It should be sipped slowly throughout the day. We may need to drink more if it is hot or we have been exercising. Dr. Margaret Nagib talked about self injury. It is when a person deliberately inflicts a self injury without the suicidal intent. It is usually connected to some other mental issue and used as a coping mechanism. It's important that a person gets treatment and learns different patterns of behavior					11/17/2009	12:30 PM
	Doctor to Doctor #235	28:30	28:30	REC	PA/E		
	Dr. Gerry Curatola talked about food for a beautiful smile. 80% of adult American have gum disease. This is the principal source of low grade inflammation which increases the chance of having a heart attack. It's important to alkalize your body by eating green leafy vegetables. Eat antioxidant rich foods and avoid anti-inflammatory triggers. Dr. Martin Finkelstein talked about reversing degenerative diseases such as arthritis, diabetes, cancer and periodontal disease. 40% is hereditary and 60% is based on information we receive. It's important to eat healthy, exercise daily, deep breathing and positive thinking. Dr. Joan Baumbach talked about influenza also known as the flu. It is a respiratory illness that is contagious and can result in high fever, sore throat, stuffy nose, cough and vomiting. It's important to get a flu shot and to wash your hands.					11/24/2009	12:30 PM
	Doctor to Doctor #236	28:30	28:30	REC	PA/E		
	Dr. Asa Andrew talked about healthy holiday eating. It's important to eat sprouted grains and lean meats such as turkey and chicken. It's important to drink plenty of water and cook with butter or coconut oil. It's important to make good choices for healthier lifestyle. Dr. Caroline Leaf talked about 7 types of thinking. The brain is neuroplastic which means it's always changing. Each person processes things different and uniquely. It's important to know how your thinking process works. Dr. Rhonda LeBlanc talked about common eye conditions. There is a sty, pterygium, pink eye, myopia, hyperopia, astigmatism, presbyopia and computer vision syndrome. With any persistent eye problems, it is important to see an eye doctor.					12/1/2009	12:30 PM

<i>Issue</i>	<i>Production Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<b>HEALTH</b>	#Doctor to Doctor #237	28:30:00	28:30:00	REC	PA/E		
	Dr. Bettye Alston talked about diabetic holiday eating. It's important to inform people that you are diabetic, watch the extra portions, chose when you want to indulge, step up exercise and bring your own goodies to parties. It's also important to focus on the fun not just the food. Dr. Craig Travis talked about avoiding holiday stress. It can be a stressful time due to economic difficulty, the death of a loved one, or pressure to create the perfect holiday. It's important to acknowledge the stress, develop a strategy, get plenty of rest, water and exercise. Dr. Malcom Hill talked about eating healthy during the holiday season. People generally gain between 5 to 10 lbs because of unhealthy choices. It's important to eat healthy, exercise, drink lots of water , get sunlight, fresh air and plenty of sleep.					12/8/2009	12:30 PM
	Doctor to Doctor #238	28:30	28:30	REC	PA/E		
	Dr. Dino Prato talked about health and nutrition. The quality of diet and lifestyle makes a difference. It's important to eat a healthy diet, exercise, take supplements such as multivitamin and fish oil, and eat more fruits and vegetables. It is also important to be smarter about your health. Dr. Jeremy Martin talked about stress management. There can be physical, mental and chemical stress. It is important to identify the stressors in our lives and eliminate them. It's also important to exercise, have proper nutrition, drink plenty of water and get enough sleep at night. Dr. Doreen Lewis-Overton talked about lowering blood pressure. It's important to look at what is causing the high blood pressure. It could be genetics, need a chiropractic adjustment, colon backed up, need more fiber, food allergies, lung or heart problem. It's important to check with your doctor and find out the cause.					12/29/2009	12:30 PM

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